

SUSAN M. ORSILLO, PH.D.

License #7728, Massachusetts Board of Registration of Psychologists

EDUCATION AND TRAINING

Postdoctoral Fellowship (1993–1995)

National Center for PTSD, Behavioral Sciences Division, Boston Department of Veterans Affairs Medical Center

Clinical Internship (1992–1993)

Tufts University School of Medicine/Boston Department of Veterans Affairs Psychology Internship Consortium (APA-approved)

Ph.D. (1993)

University at Albany, State University of New York, Clinical Psychology (APA-approved)

M.A. (1990)

University at Albany, State University of New York, Clinical Psychology

B.A. (1987)

University at Albany, State University of New York
Major: Psychology; Minor: Biology

PROFESSIONAL POSITIONS

Northeastern University, Boston, MA

- Clinical Professor and MSCP Program Director (2026-present)

Boston Institute of Psychological Practice, Boston, MA

- Owner, (2026-Present)

American Psychological Association, Washington, D.C.

- Head of Education (2024-2025)
- Senior Director of Psychology Education and Training (2021–2024)

Suffolk University, Boston, MA

- Research Professor of Clinical Practice (2021–2023)
- Associate Director of Clinical Training (2020–2021)
- Director of Undergraduate Studies and Curriculum (2017–2020)
- Professor (2010–2021)
- Director of Clinical Training (2009–2012)
- Associate Professor (2004–2010)

Boston University, Boston, MA

- Adjunct Professor, Department of Psychology (2004–2013)
- Assistant Professor, Departments of Psychology and Psychiatry (2000–2004)

National Center for PTSD, Boston VA Medical Center, Boston, MA

- Clinical Research Psychologist, Women's Health Sciences Division (1999–2004)

Oklahoma State University, Stillwater, OK

- Assistant Professor, Department of Psychology (1996–1999)

University of Oklahoma Health Sciences Center, Oklahoma City, OK

- Clinical Assistant Professor, Department of Psychiatry and Behavioral Sciences (1997–1999)

COURSES TAUGHT

Undergraduate Courses:

Abnormal Psychology (Traditional, Hybrid, and Online)
 Psychology Internship (Hybrid, Online)
 The Psychology of Mindfulness (Online)
 Research Methods
 Professional Development in Psychology (Hybrid)
 Senior Seminar in Psychology (Honors Section)

Graduate Courses:

Evidence-Based Practice
 Research Methods
 Acceptance and Mindfulness in Psychotherapy
 Writing for the Psychological Sciences
 Clinical Supervision and Consultation (Doctoral Practicum Course)

GRANTS

External Grants:

2024 **Principal Investigator**, *Psychology Educators from 2-Year Colleges in Disciplinary Societies: Promoting Equitable Educational Outcomes and Broadening the Pathway into Psychology*, National Science Foundation

2023 **Principal Investigator**, *From Vision to Impact: Propagating the Recommendations from the American Psychological Association's Introductory Psychology Initiative (APA-IPI)*, National Science Foundation

2020 **Recipient**, *Suffolk University Diversity Retention Project*, American Psychological Association of Graduate Students (Co-Recipients: Liverant, LoPresti, Schwartz, Dennis, Miller, Carreiro)

2018 **Consultant**, *Identifying PTSD in Young Adult Cancer Survivors in the DSM-5 Era: Are Newly Revised PRO Measures Accurate Compared to a Structured Diagnostic Interview?* National Institute of Mental Health (Christopher Recklitis, PI)

2016 **Recipient**, *Training Doctoral Students in Methods of Dissemination*, Clinical Scientist Training Initiative, Society for the Science of Clinical Psychology

2015 **Consultant**, *Developing a Group Manual for Acceptance and Commitment Therapy for PTSD*. Mental Illness Research, Education, and Clinical Centers (MIRECC) Clinical Education Grant. (Regan Settles, PI)

2012 **Principal Investigator**. *Development of a Web-based Training for Providers treating Generalized Anxiety in Primary Care (R21)*. National Institute of Mental Health (unfunded)

2011 **Principal Investigator**, *Developing and Piloting Project Compass: A Web-based Program Aimed at Reducing Relational Aggression (R21)*, National Institute of Mental Health (unfunded).

2010 – 2011 **Consultant**, *Chinese Taoist Cognitive Psychotherapy Project*, Asian American Psychological Association/ Okura Mental Health Leadership Foundation (Doris Chang, PI)

2007 – 2013 **Co-Principal Investigator**, *An RCT of Acceptance-Based Behavior Therapy and Applied Relaxation for GAD (R01 MH074589)*, National Institute of Mental Health (Lizabeth Roemer, PI)

2001 – 2005 **Co-Principal Investigator**, *“Developing a New Therapy for GAD: Acceptance-based Cognitive-Behavioral Therapy (R21 MH063208)”*, National Institute of Mental Health, (Lizabeth Roemer, PI)

2000 – 2004 **Site Investigator and Member, Planning Committee**, *A Comparison of Prolonged Exposure vs. Present Centered Therapy for Women Veterans with PTSD*, Department of Veterans Affairs Cooperative Studies Program (Paula Schnurr and Matthew Friedman, PIs)

2002 – 2004 **Site Investigator**, *Enhancing the Quality of Informed Consent*, Department of Veterans Affairs Cooperative Studies Program, (Phil Lavori, PI)

Internal Grants:

2019 **Recipient**, *Faculty Research Assistance Program*, College of Arts and Sciences, Suffolk University

2018 **Recipient**, *Faculty Research Assistance Program*, College of Arts and Sciences, Suffolk University

2017 **Recipient**, *Faculty Research Assistance Program*, College of Arts and Sciences, Suffolk University

2016 **Recipient**, *Faculty Research Assistance Program*, College of Arts and Sciences, Suffolk University

2015 **Recipient**, *Teaching and Scholarly Development Award*, Center for Teaching Excellence, Suffolk University

2015 **Recipient**, *Faculty Research Assistance Program*, College of Arts and Sciences, Suffolk University

2013 **Recipient**, *Faculty Research Assistance Program*, College of Arts and Sciences, Suffolk University

2012 **Recipient**, *Faculty Research Assistance Program*, College of Arts and Sciences, Suffolk University

2012 **Recipient**, *Teaching and Learning Innovation Grant*, Center for Teaching Excellence, Suffolk University

2006 **Principal Investigator**, Faculty Development Award, Suffolk University, \$1,000

2004 **Principal Investigator**, Faculty Development Award, Suffolk University \$2,500

2004 **Principal Investigator**, Samaritan Award, ADAPT Program, Suffolk University, \$1,000

1997 **Principal Investigator**, A continuation of *The Assessment and Treatment of Emotional Numbing Associated with PTSD*, Oklahoma State University, College of Arts and Sciences, \$3,000

1996 **Principal Investigator**, *The Assessment and Treatment of Emotional Numbing Associated with PTSD*, Oklahoma State University, College of Arts and Sciences, \$3,000

PUBLICATIONS

PUBLICATIONS

* Graduate Student Author, ^Suffolk (or other) Undergraduate Student

Books:

Roemer, S.M. & **Orsillo**, L. (2020). *Acceptance-based behavioral therapy: Treating anxiety and related challenges*. New York: Guilford.

Orsillo, S.M. & Roemer, L., (2016) *Worry less, live more: The mindful way through Anxiety workbook*. New York: Guilford. **Translations:** *Japanese, Swedish, Latvian*.

Orsillo, S.M. & Roemer, L. (2011). *The mindful way through anxiety*. New York: Guilford. **Translations:** *Spanish, German, Finnish, Korean, Chinese-simplified, Greek, Japanese, Russian, Turkish, Romanian*

Roemer, L., & **Orsillo**, S.M. (2009). *Mindfulness and acceptance-based behavioral therapy in practice*. New York: Guilford. **Translations:** *Portuguese, Korean*

Orsillo, S.M. & Roemer, L. (2005). *Acceptance and mindfulness-based approaches to anxiety: Conceptualization and treatment*. New York: Springer.

Antony, M., **Orsillo**, S.M., & Roemer, L. (2001). *Practitioner's guide to empirically-based measures of anxiety*. New York: Kluwer Academic/Plenum Publishing.

Journal Articles:

*Miller, A. N., Graham-LoPresti, J., Liverant, G., Roemer, L., & **Orsillo**, S. M. (2025). Exploring the effectiveness and acceptability of a self-help acceptance-based behavior intervention for anxiety in black adults: An uncontrolled pilot study. *Behavior Therapy*, *56*(2), 381-394.

*Millstein, D. & *Larson, A. & **Orsillo**, S.M. & Suvak, M. (2025). A kindness-based meditation study for promoting interpersonal functioning in first-year college students. *Journal of Psychiatry and Cognitive Behaviour*, *9*, 1-10. 10.29011/2574-7762.000097.

Hayes-Skelton, S. A., Roemer, L., & **Orsillo**, S. M. (2025). Do treatment responders maintain their gains following a randomized clinical trial comparing an acceptance-based behavior therapy to applied relaxation for generalized anxiety disorder? *Cognitive Behaviour Therapy*, *54*(4), 441-456.

Orsillo, S. M., Chesnes, E. B. L., Hall, K. A., Lindenberg, T. A., & Puente, A. E. (2025). The benefits of introducing the American Psychological Association (APA) *Guidelines 3.0* in high school psychology. *Scholarship of Teaching and Learning in Psychology*, *11*(1), 147–158. <https://doi.org/10.1037/stl0000422>

*Marando-Blanck, S., Hayes-Skelton, S. A., Roemer, L., & **Orsillo**, S. M. (2025). Examining interrelations among trajectories of mindful awareness, acceptance, and values-consistent actions in acceptance-based behavioral therapy for generalized anxiety disorder. *Cognitive Behaviour Therapy*, *54*(5), 577-595.

Robinson, D., Lee, S., Lazzara, J., Schoenherr, H., Waggoner Denton, A., Taylor, V. C., Bui, N., Boenau, M. E., & **Orsillo**, S. M. (2024). Fostering equity in two-year college psychology education: Using the *APA Guidelines 3.0* as a path for student success. *Scholarship of Teaching and Learning in Psychology*. Advance online publication. <https://doi.org/10.1037/stl0000413>

Recklitis, C.J., *Michaud, A., *Blackmon, J.E., **Orsillo**, S.M., & Chang, G. (2023). Evaluating posttraumatic stress in young adult cancer survivors: Implications of revised DSM-5 traumatic event criteria. *Psycho-Oncology*.

*Fields, J. S., *Browne, R. K., *Wieman, S. T., *Lord, K. A., **Orsillo**, S. M., & Liverant, G. I. (2022). Associations between valued living and responsiveness to daily rewards. *Journal of Contextual Behavioral Science*, *26*, 193-200.

*McKenna, J. L., Roemer, L., & **Orsillo**, S. M. (2022). Gender and sexual minority status as predictors of sexual consent attitudes among cisgender young adults. *Psychology & Sexuality*, *13*(5), 1288-1302.

*McKenna, J.L., Roemer, L., & **Orsillo**, S.M. (2021). Predictors of sexual consent attitudes, beliefs, and behaviors among sexual minority cisgender and nonbinary young adults. *Sex Roles*.*85* (7-8), 391-404.

- *McKenna, J.L., Roemer, L., & **Orsillo**, S.M. (2021). Predictors of sexual consent communication among sexual minority cisgender and nonbinary young adults during a penetrative sexual encounter with a new partner. *Sexuality & Culture*, 25, 1490-1508.
- *Miller, A., & **Orsillo**, S.M. (2020). The impact of values congruity on underrepresented minority (URM) graduate student psychosocial functioning. *Higher Education Research & Development*.
- *Gu, G., Roemer, L., Suvak, M., Liverant, G., & **Orsillo**, S.M. (2021). Learning Gains from a One-Day Training in Acceptance-Based Behavior Therapy. *Cognitive and Behavioral Therapy*, 50, 366-377.
- *Serowik, K., Roemer, L., Suvak, M., Liverant, G., & **Orsillo**, S.M. (2020) A Randomized Controlled Trial Evaluating *Worry Less, Live More: The Mindful Way through Anxiety Workbook*. 49, *Cognitive and Behavioral Therapy*, 412-424. DOI: 10.1080/16506073.2020.1765858
- *Miller, A., & **Orsillo**, S.M. (2020). Values, acceptance, and belongingness in graduate school: Perspectives from underrepresented minority students. *Journal of Contextual Behavioral Science*, 15, 197-206.
- *Serowik, K. L. & **Orsillo**, S.M. (2019). The relationship between substance use, experiential avoidance, and personally meaningful experiences. *Substance Use and Misuse*, 54, 1834-1844.
- *Serowik, K. L., *Khan, A. J., LoCurto, J., **Orsillo**, S. M. (2018). The conceptualization and measurement of values: A review of the psychometric properties of measures developed to inform values work with adults. *Journal of Psychopathology and Behavioral Assessment*, 40, 615-635.
- *Eustis, E.H, Hayes-Skelton, S.A, **Orsillo**, S.M, & Roemer, L. (2018). *Surviving and Thriving During Stress: A randomized clinical trial comparing a brief web-based therapist assisted acceptance-based behavioral intervention versus waitlist control for college students*. *Behavior Therapy*, 49, 889-903.
- *Danitz, S.B., **Orsillo**, S.M., Beard, C., Rifkin, L., & Björgvinsson, T. (2018). The impact of personal growth initiative and valuing personal growth on depression and psychological well-being. *Journal of Clinical Psychology*, 74,1759-1774.*Sagon, A. L., *Danitz, S. B., Suvak, M. K., & **Orsillo**, S. M. (2018). *The Mindful Way through the Semester: Evaluating the feasibility of delivering an acceptance-based behavioral program online*. *Journal of Contextual Behavioral Science*, 9, 36-44.
- *Arauz, J., *Danitz, S.B., **Orsillo**, S.M., & Coyne, L. (2017). A preliminary exploration of education values, distress, and acceptance among self-identified white and non-white incoming college freshmen at a private university. *Journal of Contextual Psychology*, 6, 288- 292.
- *Eustis, E.H., Hayes-Skelton, S. A., Roemer, L., & **Orsillo**, S.M. (2016). Reductions in experiential avoidance as a mediator of change in symptom outcome and quality of life in acceptance-based behavior therapy and applied relaxation for generalized anxiety disorder. *Behaviour Research and Therapy*, 87, 188-195.

- *Danitz, S. B., Suvak, M., **Orsillo**, S. M. (2016). The *Mindful Way Through the Semester*: Evaluating the impact of integrating an acceptance-based behavioral program into a first-year experience course for undergraduates. *Behavior Therapy*, 47, 487 - 499.
- *Margolis, S. E., **Orsillo**, S. M. (2016). Acceptance and body dissatisfaction: Examining the efficacy of a brief acceptance-based intervention for body dissatisfaction in college Women. *Behavioural and Cognitive Psychotherapy*, 44, 482-92.
- *Czech, S.J., **Orsillo**, S.M., Pirraglia, P.A., English, T.M., & Connell, A.J. (2015). Association between specific depression symptoms and glycemic control among patients with comorbid type 2 diabetes and provisional depression. *The Primary Care Companion for CNS Disorders* 17, 317-349.
- *Fuchs, C., *Williston, S.K., *Morgan, L., *Eustis, E., *Graham, J., C., Roemer, L., **Orsillo**, S.M., & Hayes-Skelton, S. (2016). Reactions to an acceptance-based behavior therapy for GAD: Giving voice to the experiences of clients from marginalized backgrounds. *Cognitive and Behavioral Practice* 23, 473-484.
- *Glick, D.M., & **Orsillo**, S.M. (2015). An investigation of the efficacy of acceptance-based behavioral therapy for academic procrastination. *Journal of Experimental Psychology: General*, 144, 400.
- Hayes-Skelton, S. A., *Calloway, A., Roemer, L., & **Orsillo**, S. M. (2015). Decentering as a potential common mechanism across two therapies for generalized anxiety disorder. *Journal of Consulting and Clinical Psychology*, 83, 395-404.
- *Millstein, D.J., **Orsillo**, S.M., Hayes-Skelton, S.A., & Roemer, L (2015). Interpersonal problems, mindfulness and therapy outcome in an acceptance-based behavior therapy for generalized anxiety disorder. *Cognitive Behaviour Therapy*, 44, 491-501.
- *Glick, D.M., *Millstein, D., & **Orsillo**, S.M. (2014) A preliminary investigation of the role of psychological inflexibility in academic procrastination. *Journal of Contextual Behavioral Science* 3, 81-88.
- *Morgan, L.P.K., *Graham, J. R., Hayes-Skelton, S. A., **Orsillo**, S. M., & Roemer, L. (2014). Relationships between amount of post-intervention of mindfulness practice and follow-up outcome variables in an acceptance-based behavior therapy for generalized anxiety disorder: The importance of informal practice. *Journal of Contextual Behavioral Science*, 3, 173-178.
- *Danitz, S.B. & **Orsillo**, S.M. (2014). The mindful way through the semester: An investigation of the effectiveness of an acceptance-based behavioral therapy program on psychological wellness in first year students. *Behavior Modification*, 38, 549-66.
- *Theodore-Oklot, C., **Orsillo**, S. M., *Lee, J. K., & *Vernig, P. M. (2014). A pilot of an acceptance-based risk reduction program for relational aggression for adolescents. *Journal of Contextual Behavioral Science*, 3, 109-116.
- *Vernig, P. & **Orsillo**, S.M. (2014) Drinking motives and college alcohol problems: A prospective study. *Journal of Substance Use* 1-7.

*Katz, A. & **Orsillo**, S.M. (2014). Putting values into words: An examination of the text characteristics of values articulation. *Journal of Contextual Behavioral Science*, 3, 16-20.

*Lee, J.K. & **Orsillo**, S.M. (2014). Investigating cognitive flexibility as a potential mechanism of mindfulness in generalized anxiety disorder. *Journal of Behavior Therapy and Experimental Psychiatry*, 45, 208-216.

Roemer, L., *Williston, S. K., *Eustis, E. H., & ***Orsillo**, S. M. (2013). Mindfulness and acceptance-based behavioral therapies for anxiety disorders. *Current Psychiatry Reports*, 15, 1-10.

Hayes-Skelton, S. A., Roemer, L., & **Orsillo**, S. M. (2013). A randomized clinical trial comparing an acceptance-based behavior therapy to applied relaxation for generalized anxiety disorder. *Journal of Consulting and Clinical Psychology*, 81, 761-773.

Hayes-Skelton, S. A., Roemer, L., **Orsillo**, S. M., & Borkovec, T. D. (2013). A contemporary view of applied relaxation for generalized anxiety disorder. *Cognitive Behaviour Therapy*, 42, 292-302.

*Fuchs, C., *Lee, J. K., Roemer, L., & **Orsillo**, S. M. (2013). Using mindfulness-and acceptance-based treatments with clients from non-dominant cultural and/or marginalized backgrounds: Clinical considerations, meta-analysis findings, and introduction to the special series: Clinical considerations in using acceptance-and mindfulness-based treatments with diverse populations. *Cognitive and Behavioral Practice*, 20, 1-12.

Lundgren, J. D. & **Orsillo**, S.M. (2012). The science and practice of mentoring in psychology doctoral training. *Journal of Cognitive Psychotherapy*, 26, 196-209.

Hayes-Skelton, S., Usmani, A., *Lee, J.K., Roemer, L., & **Orsillo**, S.M. (2012). A fresh look at potential mechanisms of change in applied relaxation for generalized anxiety disorder: A case series. *Cognitive and Behavioral Practice*, 19, 451-462.

*Czech, S. J., *Katz, A. M., & **Orsillo**, S. M. (2011). The effect of values affirmation on psychological stress. *Cognitive Behaviour Therapy*, 40, 304-312.

Hayes-Skelton, S., **Orsillo**, S.M., & Roemer, L. (2011). An acceptance-based therapy for individuals with generalized anxiety disorder. *Cognitive and Behavioral Practice: Special Issue on GAD*, 20, 264-281.

*Hill, J., *Vernig, P., *Lee, J.K., & **Orsillo**, S.M. (2011). The development of a brief acceptance and mindfulness-based program aimed at reducing sexual revictimization among college women with a history of childhood sexual abuse. *Journal of Clinical Psychology*, 67, 969-980.

*Glick, D.M. & **Orsillo**, S.M. (2011). Relationships among social anxiety, self-focused attention, and experiential distress and avoidance. *Journal of Cognitive and Behavioral Psychotherapies*, 11, 1-12.

*Michelson, S., *Lee, J.K., **Orsillo**, S.M., & Roemer, L. (2011). The role of values-consistent behavior in generalized anxiety disorder. *Depression and Anxiety*, 28 1-9.

*Treanor, M., *Erisman, S.M., *Salters-Pedneault, K., Roemer, L., **Orsillo**, S.M. (2011). An acceptance-based behavioral therapy for GAD: Effects on outcomes from three theoretical models. *Depression and Anxiety*, 28 127-136.

Hayes, S., **Orsillo**, S., & Roemer, L. (2010). Changes in proposed mechanisms of action during an acceptance-based behavior therapy for generalized anxiety disorder. *Behaviour Research and Therapy*, 48, 238-245.

*Lee, J. K., **Orsillo**, S. M., Roemer, L., & *Allen, L. B. (2010). Distress and avoidance in generalized anxiety disorder: Exploring the relationships with intolerance of uncertainty and worry. *Cognitive Behaviour Therapy*, 39, 126-136.

*Vernig, P.M. & **Orsillo**, S.M. (2009). Psychophysiological and self-reported emotional responding in alcohol dependent college students: The impact of a brief acceptance/mindfulness instruction. *Cognitive Behavior Therapy*, 38, 174-183.

Roemer, L., *Lee, J.K., *Salters-Pedneault, K., *Erisman, S.M., **Orsillo**, S.M. & Mennin, D.S. (2009). Mindfulness and emotion regulation difficulties in generalized anxiety disorder: Preliminary evidence for independent and overlapping contributions. *Behavior Therapy*, 40, 142-154.

Ong, J.C., Wickwire, E, Southam-Gerow, M.A., Schumacher, J.A., & **Orsillo**, S. (2008). Developing cognitive-behavioral treatments: A primer for early career psychologists. *The Behavior Therapist*, 31, 73-77.

Roemer, L., **Orsillo**, S.M., & *Salters-Pedneault, K. (2008). Efficacy of an acceptance-based behavior therapy for generalized anxiety disorder: Evaluation in a randomized controlled trial. *Journal of Consulting and Clinical Psychology*, 6, 1083-1089.

Block-Lerner, J., Adair, C., *Plumb, J.C., Rhatigan, D.L. & **Orsillo**, S.M. (2007). The case for mindfulness-based approaches in the cultivation of empathy: Does nonjudgmental, present-moment awareness increase capacity for perspective-taking and empathic concern? *Journal of Marital and Family Therapy*, 33, 501-516.

Orsillo, S.M., *Theodore-Oklota, *Luterek, J. & ^vPlumb, J. (2007). The development and psychometric evaluation of the Emotional Reactivity and Numbing Scale (ERNS). *Journal of Nervous and Mental Disease*, 195, 830-836.

Roemer, L. & **Orsillo**, S.M. (2007). An open trial of acceptance-based behavior therapy for generalized anxiety disorder. *Behavior Therapy*, 38, 72-85.

Schnurr, P.P., Friedman, M.J., Engel, C.C., Foa, E.B., Shea, M.T., Chow, B.K., Resick, P.A., Thurston, V., **Orsillo**, S.M., Haug, R., Turner, C. & Bernardy, N. (2007). Cognitive-Behavioral therapy for posttraumatic stress disorder in women: A randomized controlled trial *Journal of the American Medical Association*, 297, 820-830.

*Luterek, J.A., **Orsillo**, S.M. & Marx, B.P. (2005). An experimental examination of emotional experience, expression, and disclosure in women reporting a history of childhood sexual abuse. *Journal of Traumatic Stress*, 18, 237-244.

Orsillo, S.M. & Batten, S.V. (2005). ACT in the treatment of PTSD. *Behavior Modification*, 29, 95-130.

Roemer, L., *Salters, K., *Raffa, S., & **Orsillo**, S.M. (2005). Fear and avoidance of internal experiences in GAD: Preliminary tests of a conceptual model. *Cognitive Therapy and Research*, 29, 71-88.

*Levitt, J.T., Brown, T.A., **Orsillo**, S.M., & Barlow, D.H. (2004). The effects of acceptance versus suppression of emotion on subjective and psychophysiological response to carbon dioxide challenge in patients with panic disorder. *Behavior Therapy*, 35, 747-766.

^Plumb, J.C., **Orsillo**, S.M., & *Luterek, J.A. (2004). A preliminary test of the role of experiential avoidance in post-event functioning. *Journal of Behavior Therapy and Experimental Psychiatry*, 35, 245-257.

Orsillo, S.M., Batten, S.V., ^Plumb, J.C., *Luterek, J.A., & ^Roessner, B.M. (2004). An experimental study of emotional responding in women with posttraumatic stress disorder related to interpersonal violence. *Journal of Traumatic Stress*, 17, 241-248.

Bolton, E.E., Glenn, D.M., **Orsillo**, S.M., Roemer, L., & Litz, B.T. (2003). The relationship between self-disclosure and symptoms of posttraumatic stress disorder in peacekeepers deployed to Somalia. *Journal of Traumatic Stress*, 16, 203-210.

*Gratz, K.L. & **Orsillo**, S.M. (2003). Scientific expert testimony in CSA cases: Legal, ethical, and scientific considerations. *Clinical Psychology: Science and Practice*, 10, 358-363.

Orsillo, S.M., Roemer, L., & Barlow, D.H. (2003). Integrating acceptance and mindfulness into existing cognitive-behavioral treatment for GAD: A case study. *Cognitive and Behavioral Practice*, 10, 223-230.

Roemer, L. & **Orsillo**, S.M. (2003). Mindfulness: A promising intervention strategy in need of further study. *Clinical Psychology: Science and Practice*, 10, 172-178.

Wagner, A. W., Roemer, L., **Orsillo**, S. M., & Litz, B.T. (2003) Emotional experiencing in women with posttraumatic stress disorder: Concordance between facial expressivity and Self-Report. *Journal of Traumatic Stress*, 16, 67-75.

Batten, S.V. & **Orsillo**, S.M. (2002). Therapist reactions in the context of collective trauma. *The Behavior Therapist*, 25 36 - 38.

Bolton, E.E., Litz, B.T., Glenn, D.M., **Orsillo**, S.M., Roemer, L. (2002). The impact of homecoming reception on the adaptation of peacekeepers following deployment. *Military Psychology*, 14, 241-251.

Orsillo, S.M. & Batten, S.V. (2002). ACT as treatment of a disorder of excessive control: Anorexia. *Cognitive and Behavioral Practice*, 9, 253-259.

Roemer, L. & **Orsillo**, S.M. (2002). Expanding our conceptualization of and treatment for generalized anxiety disorder: Integrating mindfulness/acceptance-based approaches with existing cognitive-behavioral models. *Clinical Psychology: Science and Practice*, 9, 54-68.

Roemer, L., Litz, B.T., **Orsillo**, S.M., & Wagner, A. W. (2001). A preliminary investigation of the role of strategic withholding of emotions in PTSD. *Journal of Traumatic Stress*, 14, 149-156.

Litz, B.T., **Orsillo**, S.M., Kaloupek, D., & Weathers, F. (2000). Emotional-processing in posttraumatic stress disorder. *Journal of Abnormal Psychology*, 109, 26-39.

Foa, E.B., Ehlers, A., Clark, D.M., Tolin, D.F., & **Orsillo**, S.M. (1999). The post-traumatic cognitions inventory (PTCI): Development and validation. *Psychological Assessment*, 11, 303-314.

*Paul, R.H., Marx, B.P., & **Orsillo**, S.M. (1999). Acceptance-based psychotherapy in the treatment of an adjudicated exhibitionist: A case example. *Behavior Therapy*, 30, 149-162.

Turk, C. L., Heimberg, R. G., **Orsillo**, S. M., Holt, C. S., Gitow, A., Street, L. L., Schneier, F. R., & Liebowitz, M. L. (1998). An investigation of gender differences in social phobia. *Journal of Anxiety Disorders*, 12, 209-223.

Roemer, L., **Orsillo**, S.M., Borkovec, T.D., & Litz, B.T. (1998). Emotional response at the time of a potentially traumatizing event and PTSD symptomatology: A preliminary retrospective analysis of the DSM-IV Criterion A-2. *Journal of Behavior Therapy and Experimental Psychiatry*, 29, 123-130.

Orsillo, S.M., Roemer, L., Litz, B.T., Ehlich, P., & Friedman, M.J. (1998). Psychiatric symptomatology associated with contemporary peacekeeping: An examination of post-mission functioning among peacekeepers in Somalia. *Journal of Traumatic Stress*, 11, 611 – 625.

Roemer, L., Litz, B.T., **Orsillo**, S.M., Ehlich, P.J., & Friedman, M.J. (1998) Increases in retrospective accounts of war-zone exposure over time: The role of PTSD symptom severity. *Journal of Traumatic Stress*, 11, 597-605.

Iwamasa, G.Y. & **Orsillo**, S.M. (1997). Individualizing treatment manuals: A challenge for the next generation of behavior therapists: Commentary on “Manualized behavior therapy: Merits and challenges”. *Behavior Therapy*, 28, 511- 516.

Litz, B.L., King, L.A., King, D.W., **Orsillo**, S.M., & Friedman, M. (1997). Warriors as peacekeepers: Features of the Somalia experience and PTSD. *Journal of Consulting and Clinical Psychology*, 65, 1001-1010.

Litz, B.T., **Orsillo**, S.M., Friedman, M., Ehlich, P. & Batres, A. (1997). Post-traumatic stress disorder associated with peacekeeping duty in Somalia for U.S. military personnel. *American Journal of Psychiatry*, 154, 178-184.

Orsillo, S.M. (1997). Social avoidance and PTSD: The role of comorbid social phobia. *National Center for PTSD: Clinical Quarterly*, 7, 54-57.

Ansorge, S., Litz, B.T., & **Orsillo**, S.M. (1996). Thinking about feelings: The role of meta-mood in PTSD. *National Center for PTSD: Clinical Quarterly*, 6, 38 - 41.

Orsillo, S.M., Weathers, F.W., Litz, B.T., Steinberg, H.R., & Keane, T.M. (1996). Current and lifetime prevalence of comorbid psychiatric disorders in combat-related PTSD. *Journal of Nervous and Mental Disease*, 184, 307-313.

Orsillo, S.M., Heimberg, R.G., Juster, H.R., & Garrett, J. (1996). Social phobia in Vietnam veterans. *Journal of Traumatic Stress*, 9, 235 - 252.

Newman, E., **Orsillo**, S.M., Herman, D.S., Niles, B.L., & Litz, B. T. (1995). The clinical presentation of disorders of extreme stress in combat veterans. *Journal of Nervous and Mental Disease*, 183, 628-632.

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Chapters:

Roemer, L., Eustis, E.H., González-Garzón, A.M. (2025). Generalized anxiety disorder. In: Goetter, E.M. (eds) *Optimizing Treatment Engagement Processes in CBT for Anxiety and Related Disorders*. *CBT: Science Into Practice*. Springer, Cham. https://doi.org/10.1007/978-3-031-91439-3_12

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Roemer, L., & **Orsillo**, S.M. (2014). Acceptance-based behavior therapy for the treatment of generalized anxiety disorder. In D.H. Barlow (Ed.). *Clinical Handbook of Psychological Disorders, 5th Edition* (vol. 5th edition, pp.206-237). New York: Guilford Press

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Book Reviews:

*Billings, R. & **Orsillo, S.M.** (2005). Early intervention for trauma and traumatic loss. *Cognitive Behavioral Therapy Book Reviews, 1*, 13.

Orsillo, S.M. & *Messman-Moore, T.L. (1998). A review of traumatic stress: From theory to practice. *Clinical Psychology Review, 18*, 119-120.

Letters to the Editor:

Litz, B.T., **Orsillo, S.M.** & Friedman, M. (1997). Interesting role for frustrated aggression: Response to letter to the editor. *American Journal of Psychiatry, 154*, 1483.

Roemer, L., Litz, B.T., & **Orsillo, S.M.** (1997). Consistency of traumatic memories. *American Journal of Psychiatry, 154*, 1628.

Published Abstracts:

McCaffrey, R.J., McCoy, G.C., Haase, R.F., Ortega, A., & **Orsillo, S.M.** (1991). Neuropsychological side effects of Metoprolol [Abstract]. *Archives of Clinical Neuropsychology, 6*, 204-205.

McCaffrey, R.J., Ortega, A., **Orsillo, S.M.**, & Haase, R.F. (1991). Practice effects in multiple neuropsychological assessments [Abstract]. *Archives of Clinical Neuropsychology, 7*, 345.

McCaffrey, R.J., **Orsillo, S.M.**, Lefkowitz, D.P., Ortega, A., Haase, R.F., Wagner, H., & Ruckdeschel, J.C. (1991). Neuropsychological sequelae of chemotherapy and irradiation: An extension of earlier findings [Abstract]. *Archives of Clinical Neuropsychology, 6*, 205.

Ortega, A., **Orsillo, S.M.**, Haase, R.F., & McCaffrey, R.J. (1991). Practice effects in repeated neuropsychological assessments [Abstract]. *Archives of Clinical Neuropsychology, 6*, 212-213.

Orsillo, S.M., Burek, M.D., McCaffrey, R.J., Eson, M.E., Myers, R.M., & Grodin, J.M. (1991). Neuropsychological sequelae of polysubstance abuse in an inpatient population [Abstract]. *Archives of Clinical Neuropsychology*, 6, 211.

Orsillo, S.M., McCaffrey, R.J., & Fisher, J.M. (1991). Siblings of head-injured survivors: A preliminary investigation [Abstract]. *Archives of Clinical Neuropsychology*, 6, 212.

INVITED PRESENTATIONS

Orsillo, S.M. (2020, May). *Ask the Expert. Coping with stress and anxiety*. Webchat sponsored by LifeSpeak, Inc.

Orsillo, S.M. (2019, October). *Ask the Expert: Managing difficult emotions with self-compassion*. Webchat sponsored by LifeSpeak, Inc.

Orsillo, S.M. (2019, June). *The Mindful Way through Anxiety: Helping Clients to Worry Less and Live More*. A full day CE training presented at Ohio State University Wexner Medical Center.

Orsillo, S.M. (2018, March). *The Mindful Way through Anxiety: Helping Clients to Worry Less and Live More*. A CE webinar presented on behalf of Empower Idaho.

Orsillo, S.M. (2018, March). *The Mindful Way through Anxiety: Helping Clients to Worry Less and Live More*. A full day CE training presented to Family Service Society, Corning, NY.

Orsillo, S.M., and Roemer, L. (2017, November). *The Mindful Way Through Anxiety in Practice: Developing Case Conceptualization and Treatment Delivery Skills to Help Your Clients Worry Less and Live More*. Invited Speaker for Pre-Conference Institute: Two-Day training presented at the annual meeting of the Association of Behavioral and Cognitive Therapies in San Diego, CA.

Orsillo, S.M. (2017, October). *The Mindful Way through Anxiety: Helping Clients to Worry Less and Live More*. A full day CE training presented at Suffolk University.

Orsillo, S.M. & Roemer, L. (October 2016). *The Mindful Way through Anxiety: Helping Clients to Worry Less and Live More*. A full day Institute presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, New York, NY.

Orsillo, S. M. & Roemer, L. (May, 2016). *The Mindful Way through Anxiety*, Northern California CBT Network, Berkeley, CA.

Orsillo, S.M. (September, 2015). *The Mindful Way through Anxiety*, Two-day workshop presented by J & K Seminars, Lancaster, PA.

Orsillo, S.M. (May, 2015). *The Mindful Way through Anxiety*. One-day workshop presented at Days Inn & Conference Centre, Montreal, QC, CA

Orsillo, S.M. (April, 2015). *The Mindful Way through Anxiety*. Webinar presented through TZK Seminars.

Orsillo, S.M. (March, 2015). *Acceptance-based behavioral therapy: An Overview of the Research*. Keynote Address Behaviour Therapy Association, Stockholm, Sweden

Orsillo, S.M. (March, 2015). *The Mindful Way through Anxiety: Acceptance-based Behavioral Therapy in Practice*. Workshop. Behaviour Therapy Association, Stockholm, Sweden

Orsillo, S.M. (February, 2015). *The Mindful Way through Anxiety*. Webinar presented through TZK Seminars.

Orsillo, S.M. (October, 2014). *Mindfulness and Anxiety*. Two-day workshop presented at the bi-annual conference of the Psychology Association of Saskatchewan, Saskatoon, Saskatchewan, CA

Orsillo, S.M. (November, 2014). *The Mindful Way through Anxiety*. Webinar presented through TZK Seminars.

Orsillo, S.M. (October, 2014). *Acceptance-based Behavioral Therapy for Anxiety and Related Disorders*. Grand Rounds, Massachusetts General Hospital, Boston, MA.

Orsillo, S.M., & Roemer, L. (March, 2014). *The Mindful Way through Anxiety: Acceptance-based Behavior Therapy for GAD and Comorbid Disorders*. A master clinician presentation at the annual meeting of the Anxiety and Depression Association of America.

Roemer, L., & Orsillo, S.M. (November, 2013). *The Mindful Way through Anxiety: Acceptance-based Behavior Therapy for GAD and Comorbid Disorders*. An institute presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Orsillo, S.M. (October, 2013). *The Mindful Way through Anxiety: Acceptance-based Behavior Therapies in Practice*. Issues in Therapy: Professional Development for Counselors/Therapists, Trevecca Nazarene University, Nashville, TN.

Orsillo, S.M. (May, 2013). *Acceptance-based Behavioral Therapy*. Martha Elliot Health Center.

Orsillo, S.M. (February, 2012). *The Mindful Way through Anxiety: Acceptance-based Behavioral Therapies in Practice*. Harvard University Student Mental Health Services Grand Rounds, Harvard University, MA.

Orsillo, S.M. (March, 2012). *Acceptance-based Behavior Therapy: A Primer and Applications to Primary Care*. Department of Family Medicine and Community Health, University of Massachusetts Medical School, MA.

Orsillo, S.M., & Roemer, L. (2013, March). *The Mindful Way through Anxiety: Acceptance-based Behavioral Therapies in Practice*. Invited Master Lecture at the New Jersey Association of Cognitive Behavioral Therapists, NJ.

Orsillo, S.M. (September, 2012). *Anxiety Disorders*. Presented to the Needham Coalition for Suicide Prevention.

Orsillo, S.M. (October, 2012). *Mindfulness and Acceptance-Based Behavioral Therapy for Anxiety*. Presented to the Massachusetts School Counselors Association, Boxborough, MA.

Orsillo, S.M. (June, 2012). *Acceptance-based Behavioral Therapy for GAD and Related Disorders*. A workshop presented as a webcast through Goodtherapy.Org.

Orsillo, S.M. & Roemer, L. (May, 2012). *Acceptance-based Behavioral Therapy for GAD and Comorbid disorders*. Cambridge Health Alliance, Cambridge, MA.

Roemer, L. & Orsillo, S.M. (April, 2012). *Mindfulness and Acceptance-Based Behavioral Therapy for Anxiety*. A workshop presented at the annual meeting of the *Anxiety Disorders Association of America*, Arlington, VA.

Orsillo, S.M. & Roemer, L. (November, 2011). *Acceptance-based Behavioral Therapy for GAD and Comorbid Disorders*. An institute presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, ON.

Orsillo, S.M. (September, 2011). *Acceptance-based Behavior Therapy*. A talk for the New England Chapter of the Association for Behavioral and Contextual Science.

Roemer, L. & Orsillo, S.M. (March, 2011). *Acceptance-based Behavioral Therapies in Practice*. A workshop presented at the University of Connecticut Health Center, Farmington, Connecticut.

Orsillo, S.M. & Roemer, L. (January, 2011). *The Mindful Way Through Anxiety*. From R. Trent Codd III (Host). Podcast for The Cognitive Behavioral Therapy Center of Western Northern Carolina. <http://behaviortherapist.podbean.com>.

Orsillo, S.M. & Roemer, L. (January, 2011). *Acceptance-based Behavioral Therapy for GAD and Comorbid Disorders*. Cambridge Health Alliance, Cambridge, MA.

Orsillo, S.M. & Roemer, L. (November, 2010). *Acceptance-based Behavioral Therapy for GAD and Comorbid Disorders*. A workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Roemer, L. & Orsillo, S.M. (September, 2010). *Acceptance-based Behavioral Therapies in Practice*. A workshop presented at the annual meeting of the Rhode Island Psychological Association, Warwick, RI.

Orsillo, S.M. & Roemer, L. (June, 2010). *Mindfulness and Acceptance-based Behavioral Therapies in Practice*. Invited week-long symposium presented at the New England Educational Institute. Cape Cod, MA.

Orsillo, S.M. (June, 2010). *Acceptance-based Behavioral Therapy for GAD and Comorbid Disorders*. A half-day workshop presented at the annual meeting of the World Congress of Behavioral and Cognitive Therapies.

Orsillo, S.M. (May, 2010). *An Acceptance-based Behavioral Therapy approach to Treating Generalized Anxiety Disorder and Comorbid Disorders*. Grand rounds presented at Montefiore Medical Center/ Albert Einstein College of Medical School, New York.

Roemer, L. & **Orsillo**, S.M. (May, 2010). *Acceptance-based Behavioral Therapy for GAD and Comorbid Disorders*. Colloquia presented at Drexel University, Philadelphia, PA.

Roemer, L. & **Orsillo**, S.M. (November, 2009). *Acceptance-based Behavioral Therapy for GAD and Comorbid Disorders*. Five-hour institute presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.

Roemer, L., & **Orsillo**, S. M. (2009, October). *Mindfulness- and Acceptance-based Behavioral Therapy for GAD and Comorbid Disorders*. Invited workshop at the Brattleboro Retreat Center, Brattleboro, VT.

Orsillo, S.M. & Roemer, L. (November, 2008). *Acceptance-based Behavioral Therapy for GAD and Comorbid Disorders*. Three-hour workshop presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.

Orsillo, S.M. (June, 2008). *Integrating Mindfulness into Psychotherapy*. Two-hour workshop presented at the May Institute, Randolph, MA.

Orsillo, S.M. (October, 2007). *An Acceptance-based Behavioral Therapy approach to Treating Generalized Anxiety Disorder and Comorbid Disorders*. Full-day workshop presented at the Instituto Valenciano de Psicología, Valencia, Spain.

Roemer, L. & **Orsillo**, S.M. (October, 2007). *Acceptance-based Behavioral Therapy for GAD*. Full day workshop presented at the North Carolina Psychological Association Fall CE Conference, Chapel Hill, NC.

Orsillo, S.M. (June, 2007). *Acceptance-based Behavioral Therapy for GAD* Two-hour workshop presented at the May Institute, Randolph, MA.

Orsillo, S.M. (2006, December). *Treating Generalized Anxiety Disorder Using an Acceptance-based Behavioral Approach*. Cambridge Health Alliance, Cambridge, MA.

Orsillo, S.M. & Roemer, L. (2006, September). *Treating generalized anxiety disorder and other clinical problems using an acceptance-based behavioral approach*. Tufts Health Plan Annual Mental Health Conference, Watertown, MA.

Orsillo, S.M. & Roemer, L. (2005, December). *An Acceptance-based Behavioral Therapy for GAD*. Harvard Medical School Department of Continuing Education, Boston, MA.

Orsillo, S.M. (2005, May). *Preliminary Research on Acceptance-based Behavioral Therapy for GAD*. Massachusetts General Hospital Grand Rounds, Boston, MA.

Orsillo, S.M. (2005, May). *An Introduction to Acceptance and Commitment Therapy*. Providence VA Medical Center Colloquium Series, Providence, RI.

Orsillo, S.M., Shipherd, J., & Niles, B. (2003, April). *Being a Mentor*. Presented in psychology internship didactic program at the VA Boston Healthcare System.

Orsillo, S.M. (2003, April). *An Introduction to Acceptance and Commitment Therapy*. VA Boston Healthcare System, Boston, MA.

Orsillo, S.M., Roemer, L., Block, J. & *Tull, M. (2002, July). *Acceptance, Mindfulness, and CBT: Comparisons, Contrasts and Application to anxiety*. Paper presented at the Nevada Conference on The New Behavior Therapies: Mindfulness, Acceptance, and Relationship, Reno, Nevada.

Roemer, L. & Orsillo, S.M. (2001, November). Acceptance and Mindfulness-based Behavioral Treatment for Generalized Anxiety Disorder. Presentation to the Anxiety Disorders Special Interest Group at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

Roemer, L., & Orsillo, S.M. (2002, September). *Integrating Mindfulness and Acceptance into Cognitive Behavioral Treatment for Generalized Anxiety Disorder*. Boston University Psychology Department Colloquium Series, Boston, MA.

Orsillo, S.M. (2001, August). *Borderline Personality Disorder*. Presentation at Boston VA Women's Mental Health Mini-Residency, VA Boston Healthcare System.

Orsillo, S.M. (2001, February). *Integrating Acceptance and Mindfulness into the Treatment of Anxiety Disorders*. Colloquium at the Department of Psychology, Central Michigan University.

Orsillo, S.M. (2000, September). *An Introduction to Acceptance and Commitment Therapy*. Presented in psychology internship didactic program at the VA Boston Healthcare System.

Orsillo, S.M. & Caloggero, S. (2000, August). *A Framework for Understanding Borderline Personality Disorder*. Presentation at Boston VA Women's Mental Health Mini-Residency, VA Boston Healthcare System.

Orsillo, S.M. (2000, January). *Overview of Assessment and Exposure Therapy for PTSD*. VA Boston Healthcare System.

Orsillo, S.M. (1998, July). *Psychological Aspects of Rape*. Presentation to Sexual Assault Nurse Examiners Trainees, Stillwater, Oklahoma.

Orsillo, S.M. (1998, July). *Current Directions in the Research and Treatment of Emotional Numbing Related to PTSD*. Presentation to the staff of the Specialized PTSD Programs of the Veterans Administration.

Orsillo, S.M. (1997, October). *Problems in Emotional Responding Related to Interpersonal Trauma Exposure*. University at Arkansas, Fayetteville.

CONFERENCE PRESENTATIONS

McKenna, J.L. & Orsillo, S.M. (2020, November) *Going Beyond Labels When Capturing Sexual Identity Among LGBQ+ Individuals*. In A. Miller (Chair). *Assessing Demographics in Research: How Important Is It, Really?* Paper presented at the virtual meeting of Association of Behavioral and Cognitive Therapies.

Miller, A. & Orsillo, S.M. (2020, November) *Assessing Race and Ethnicity in Research: Is a Check-box Sufficient?* In A. Miller (Chair). *Assessing Demographics in Research: How Important Is It, Really?* Paper presented at the virtual meeting of Association of Behavioral and Cognitive Therapies.

The Mindful Way Through the Semester Online: Examining the feasibility and effectiveness of an online program for first-year undergraduates. In A. Mullen & D. Marks (Chairs). Disseminating novel and accessible mindfulness- and acceptance-based interventions for college students. Paper presented at the annual meeting of Association of Behavioral and Cognitive Therapies in New York, NY.

McKenna, J.L., Roemer, L., Suvak, M., & Orsillo, S.N. (2019, November) *Sexual Assertiveness as a Predictor of Consent Attitudes and Beliefs Among LGBTQ+/Non-Binary Young Adults.* Poster presented at the annual meeting of Association of Behavioral and Cognitive Therapies in Atlanta, GA

*Miller, A.N. & Orsillo, S.N. (2019, November) *Values, acceptance, and belongingness in graduate school: Underrepresented minority students' perspectives.* In J. Martinez (Chair). Mindfulness- and Acceptance-Based Approaches with Marginalized Communities. Paper presented at the annual meeting of Association of Behavioral and Cognitive Therapies in Atlanta, GA

Eustis, E. H., Nauphal, M., Hayes-Skelton, S. A., Orsillo, S. M., & Roemer, L. (2020, March). *College student self-reported course engagement following a brief web-based acceptance-based behavioral intervention.* Poster presented at the Annual Conference of the Anxiety and Depression Association of America, San Antonio, Texas.

Michaud, A.L., Blackmon, J.E., Orsillo, S.M., Chang, G., Recklites, C.J. (2019). *Adapting the SCID-5 PTSD Module to Study Young Adult Cancer Survivors (YACS).* Poster presented at the annual meeting of International Psychosocial Oncology Society in Toronto, ON.

*Millstein, D.J., Suvak, M. & Orsillo, Susan M. (2019). *A kindness-based meditation program for promoting interpersonal functioning in first-year college students: Preliminary results.* Poster presented at the annual meeting of Mind and Life Summer Research Institute. Garrison, NY.

*Miller, A.N. & Orsillo, S.M. *Values and belongingness in graduate school: Perspectives from underrepresented students.* Poster presented at the annual meeting of Columbia Winter Roundtable: RISE UP: Racial Justice, Immigration, and Social Activism in Psychology and Education in New York, NY.

*Gu, Grace, *Pan, Jessica, & Orsillo, S.M. (2018). *Learning Gains from a One-day Training in Acceptance Based Behavioral Therapy.* Poster presented at the annual meeting of Association of Behavioral and Cognitive Therapies in Washington, DC.

*Miller, A., *Serowik, K, & Orsillo, S.M. (2018). *Understanding of the Acceptance-based Behavioral Therapy Model and Current Functioning.* Poster presented at the annual meeting of Association of Behavioral and Cognitive Therapies in Washington, DC.

*Eustis, E.H., Hayes-Skelton, S.A., Orsillo, S.M., & Roemer, L. (2017, November). *Preliminary Acceptability and Effectiveness of a Three-Session Web-Based Therapist Assisted Acceptance-Based Behavioral Intervention for College Students.* Poster presented at the annual meeting of Association of Behavioral and Cognitive Therapies in San Diego, CA.

*Serowik, K.L., *Danitz, S.B., *Sagon, A. & Orsillo, S.M. (2017, November). *Intrinsic Motivation for Academic Values and Mental Health Outcomes Among College Freshmen.* Poster presented at the annual meeting of Association of Behavioral and Cognitive Therapies in San Diego, CA.

- *Gu, Grace & **Orsillo**, S.M. (2017, November). *Learning Gains from a One-Day Training in Acceptance Based Behavioral Therapy*. Poster presented at the annual meeting of Association of Behavioral and Cognitive Therapies in San Diego, CA.
- *Danitz, S.B., *Sagon, A., Suvak, M. K., & **Orsillo**, S.M. (2016, October). *The Mindful Way Through the Semester Online: Examining the feasibility and effectiveness of an online program for first-year undergraduates*. In A. Mullen & D. Marks (Chairs). Disseminating novel and accessible mindfulness- and acceptance-based interventions for college students. Paper presented at the annual meeting of Association of Behavioral and Cognitive Therapies in New York, NY.
- *Sagon, A., *Danitz, S.B., Suvak, M. K., & **Orsillo**, S.M. (2016, October). *The Mindful Way Through the Semester: Impact on social connectedness*. Poster presented at the annual meeting of Association of Behavioral and Cognitive Therapies in New York, NY.
- *Serowik, K., *Holman, L., & **Orsillo**, S. (2016, October). *What matters most: Personal values and their relationship with alcohol use in college students*. Poster presented at the annual meeting of Association of Behavioral and Cognitive Therapies in New York, NY.
- *Millstein, D. J., *Danitz, S., **Orsillo**, S. M., Roemer, L. & Hayes-Skelton, S. A. (2016, October). *Predictors and moderators of 6-month follow-up treatment outcome in two treatments for GAD*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- *Williston, S. K., *Graham, J., **Orsillo**, S. M., Roemer, L., (2016, April). *Learning from our clients: An examination of client reactions across two behavioral treatments for GAD*. Poster presented at the annual meeting of Anxiety and Depression Association of America, Philadelphia, PA.
- *Sagon, A. L., *Danitz, S. B., **Orsillo**, S. M. (March, 2016). *The Mindful Way Through The Semester: Impact on social connectedness*, National Network of Depression Centers, Ann Arbor, Michigan.
- *Gu, G., & **Orsillo**, S.M. (2015, November). *Training outcomes for a one-day ABBT training: A preliminary study*. Poster presented at the annual meeting of Association of Behavioral and Cognitive Therapies in Chicago, IL.
- *Serowik, K.L., & **Orsillo**, S.M. (2015, November). *The relationship between substance use, experiential avoidance, and personally meaningful experiences*. Poster presented at the annual meeting of Association of Behavioral and Cognitive Therapies in Chicago, IL.
- *Danitz, S.B., Suvak, M. K., & **Orsillo**, S.M. (2015, November). *Examining moderators and mediators of change within an acceptance-based behavioral program in a first-year seminar for undergraduates*. Poster presented at the annual meeting of Association of Behavioral and Cognitive Therapies in Chicago, IL.
- Orsillo**, S.M., & Roemer, L. (November, 2015). *The Mindful Way through Muddy Emotions*. A mini-workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Chicago, IL.

Schaumberg, K.E., Flanagan, J.C., Roemer, L., **Orsillo**, S.M., Kashdan, T., Block-Lerner, J., Battett, E., Crome, E., & Forbes, M. *Innovative Approaches to Collaborative Scientific Writing*. Panel presented at the annual meeting of Association of Behavioral and Cognitive Therapies in Chicago, IL.

*Calloway, A., Hayes-Skelton, S.A., Roemer, L., & **Orsillo**, S.M. (2015) *Working alliance over time across an acceptance-based behavior therapy and applied relaxation for clients with generalized anxiety disorder*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Miami, FL.

*Danitz, S.B., Suvak, M. K., & **Orsillo**, S.M. (2014, November). *The Mindful Way Through the Semester: Evaluating the impact of an acceptance-based behavioral program for undergraduates*. In Z. Moore (Chair). *Innovative mindfulness and acceptance-based interventions for College Student Mental Health*. Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies in Philadelphia, PA.

*Eustis, E. H., *Williston, S. K., *Graham, J. R., Hayes-Skelton, S., Roemer, L., & **Orsillo**, S. (2014, November). *Decreases in Difficulties in emotion regulation across acceptance-based behavior therapy and applied relaxation for generalized anxiety disorder*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Philadelphia, PA.

*Martinez, J.H., *Graham, J.R., Hayes-Skelton, S., **Orsillo**, S.M., & Roemer, L. (November, 2014). *Effectiveness of acceptance-based behavioral and applied relaxation treatments: Outcomes among racial-minority clients*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

*Millstein, D. J., **Orsillo**, S. M., Roemer, L. & Hayes-Skelton, S. A. (2014, November). *Subtypes of interpersonal problems and response to treatment in GAD*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

*Martinez, J.H., *Graham, J., Hayes-Skelton, S., **Orsillo**, S.M., & Roemer, L. (2014, March). *Effectiveness of Acceptance-based Behavioral and Applied Relaxation Treatments Among White and Racial Minority Patients: Secondary Data Analysis from a Randomized-controlled Trial*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.

Orsillo, S.M., & Roemer, L. (November, 2014). *Values Work in Acceptance-Based Behavioral Therapy: Helping Clients Reclaim Their Lives*. A mini-workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Philadelphia, PA.

*Calloway, A., Hayes-Skelton, S., Roemer, L., **Orsillo**, S. M. (2014, March). *The trajectory of the co-occurrence of anxiety and depressive symptoms in treatments for generalized anxiety disorder*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.

*Calloway, A.L, Hayes-Skelton, S., Roemer, L., & **Orsillo**, S. (2013, November). *The Impact of Psychotherapy for Generalized Anxiety Disorder on Secondary Depressive Symptoms*. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.

*Danitz, S., **Orsillo**, S., Hayes-Skelton, S., & Roemer, L. (2013, November). Predictors of change in an acceptance-based behavior therapy and applied relaxation for GAD. In M. J. Dugas (Chair). *Beyond the Horse Race: What Factors Predict and Explain Treatment Response to CBT for GAD?* Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.

*Katz, A. & **Orsillo**, S.M. *Values and Social Anxiety: An Acceptance-Based Approach*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.

*Millstein, D.J., **Orsillo**, S., Hayes-Skelton, S., & Roemer, L. (2013, November). Changes in interpersonal problems over the course of an acceptance-based behavior therapy for GAD. In D. Millstein (Chair). *Expanding the Focus in GAD: Understanding and Addressing Problems in Interpersonal Functioning and their Impact on Treatment Outcome*. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.

*Eustis, E. H., Roemer, L., Hayes-Skelton, S., **Orsillo**, S. M. (2013, November). Examining changes in experiential avoidance across two behavioral treatments for generalized anxiety disorder. In C. Shenk (Chair). *Psychological Inflexibility and the Onset and Treatment of Psychiatric Disorders: Prediction and Mediation Models as well as Sensitivity to Change during Clinical Intervention*. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.

*Eustis, E., Roemer, L., Hayes-Skelton, S. A., & **Orsillo**, S. M. (2013, July). *Reducing Experiential Avoidance in Treatment for Generalized Anxiety Disorder*. Poster presented at the annual convention of the American Psychological Association, Honolulu, HI.

*Krill, S.C., *Morgan, L., *Graham, J., *Fuchs, C., *Eustis, E., Roemer, L., Hayes-Skelton, S. & **Orsillo**, S. (July, 2013). *How Does Anxiety Get in the Way of Living the Life You Want in Relationships? Exploring the Lived Experience of Generalized Anxiety Disorder from a Phenomenological Perspective in a Treatment Seeking Sample*. Poster presented at the annual American Psychological Association convention, Honolulu, HI.

*Eustis, E., Roemer, L., Hayes-Skelton, S. A., & **Orsillo**, S. M. (2013, April). *Experiential avoidance as a common mechanism of change in Acceptance-Based Behavioral Therapy and Applied Relaxation for Generalized Anxiety Disorder*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, La Jolla, CA.

*Krill, S.C., *Morgan, L., *Graham, J. R., *Eustis, E., Roemer, L., Hayes-Skelton, S. A., & **Orsillo**, S. M. (2013, April). Exploring client's perceptions of anxiety's interference from a phenomenological perspective in a clinical sample of treatment seeking adults diagnosed with GAD. In L. *Morgan (Chair). *The role of values-consistent action in anxiety and depression: Using diverse methods to explore how meaningful actions matter across contexts*. Paper presented at the annual meeting of the Anxiety and Depression Association of America, La Jolla, CA.

*Morgan, L., *Graham, J. R., Krill, S. C., Roemer, L., Hayes-Skelton, S. A., & **Orsillo**, S. M. (2013, April). Investigating comparative improvements in values-consistent action following an acceptance-based behavior therapy (ABBT) or applied relaxation (AR) for generalized anxiety disorder (GAD). In L. Morgan (Chair). *The role of values-consistent action in anxiety and depression: Using diverse methods to explore*

how meaningful actions matter across contexts. Paper presented at the annual meeting of the Anxiety and Depression Association of America, La Jolla, CA.

*Danitz, S., *Glick, D.M., Baldassari, R.L., Nowosleiski, L.A., & **Orsillo**, S.M. (November, 2012). *Experiential Avoidance and Low Academic Values: Potential Contributors to Academic Procrastination.* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

*Fuchs, C., *Rollock, L., *Graham, J., *Kalill, K.S., *Morgan, L., Hayes-Skelton, S., **Orsillo**, S.M., & Roemer, L. (November, 2012). Exploring the acceptability of two behavioral therapies for generalized anxiety disorder among individuals from non-dominant cultural backgrounds. In S.M. **Orsillo** (Chair). *Acceptance-based Behavioral Therapy Compared to Applied Relaxation in the Treatment of GAD.* Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

*Katz, A.M., *Czech, S.J., *Vernig, P., *Lee, J.K. & **Orsillo**, S.M. (November, 2012). *Values and Personality: Relationships between Valued Action and the Big Five Personality Traits.* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

Hayes-Skelton, S.A., Roemer, L., & **Orsillo**, S.M. (November, 2012). Mechanisms of change in acceptance-based behavioral therapy and applied relaxation for GAD. In S.M. **Orsillo** (Chair). *Acceptance-based Behavioral Therapy Compared to Applied Relaxation in the Treatment of GAD.* Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

*Lee, J.K., & **Orsillo**, S.M. (November, 2012). Investigating cognitive flexibility as a potential mechanism of mindfulness. In J.K. Lee (Chair). *Examining Principles of Mindfulness in Lab-Based Settings: Promises for Intervention Research.* Symposium presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

*Morgan, L., Hayes-Skelton, S.A., Roemer, L., & **Orsillo**, S.M. (November, 2012). Relationships among changes in facets of *mindfulness*, *worry*, and *quality of life* in an acceptance-based behavior therapy for generalized anxiety disorder. In A. Bernstein (Chair) *Is Paying Attention to the Present Moment Good for You? Neuropsychobehavioral Processes Underlying Mindfulness.* Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

Orsillo, S.M. (November, 2012). Panelist in J. Block-Lerner & L. Cardaciotto (Chairs), *Building Psychological Flexibility Within and Outside of the Classroom: ACT-Based Approaches in Higher Education.* Panel presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

Orsillo, S.M. (November, 2012). Panelist in J. *Lee & N. Mashal (Chairs), *New Perspectives on the Integration of Exposure-Based Principles in the Treatment of GAD.* Panel presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

Orsillo, S.M. (November, 2012). Discussant in A. Bernstein (Chair) *Is Paying Attention to the Present Moment Good for You? Neuropsychobehavioral Processes Underlying Mindfulness*. Symposium presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

*Paulus, D.J., *Sorenson, S., *Mallet, A., Hayes-Skelton, S.A., *Treanor, M., Roemer, L., & **Orsillo, S.M.** (November, 2012). *What Makes You Anxious? Initial Psychometric Properties of the Reasons for Anxiety Questionnaire*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

Roemer, L., **Orsillo, S.M.**, Hayes-Skelton, S. (November, 2012). Efficacy of an acceptance-based behavioral therapy and applied relaxation for GAD. In S.M. **Orsillo** (Chair). *Acceptance-based Behavioral Therapy Compared to Applied Relaxation in the Treatment of GAD*. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

*Vernig, P. & **Orsillo, S.M.** (November, 2012). *Experiential Avoidance and Alcohol-Related Problems among College Students: A Prospective Investigation*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

Orsillo, S.M., Coyne, L., & Swenson, L., (May, 2012). *Novel methods of identifying and addressing relational and psychological distress*. Panel presented at the spring meeting of the Massachusetts School Counselors Association, Danvers, MA.

Orsillo, S.M. (May, 2012). *Acceptance-based behavioral therapy for anxiety*. Paper presented at the spring meeting of the Massachusetts School Counselors Association, Danvers, MA.

*Morgan, L., Hayes-Skelton, S, Roemer, L., & **Orsillo, S.M.** (April, 2012). Relationships among formal mindfulness practice, mindfulness skills, worry, and quality of life across an acceptance-based behavior therapy for generalized anxiety disorder. In J. Graham (Chair), *Examining Mindfulness and Anxiety Across Diverse Methods and Contexts*. Paper presented at the annual meeting of the *Anxiety Disorders Association of America*, Arlington, VA.

*Fuchs, C., *West, L., *Graham, J., *Sullivan Kalill, K., *Morgan, L., Hayes-Skelton, S., **Orsillo, S.M.**, Roemer, Li. (April, 2012). Exploring the acceptability of a mindfulness-based treatment among individuals from non-dominant cultural backgrounds. In J. *Graham (Chair), *Examining Mindfulness and Anxiety Across Diverse Methods and Contexts*. Paper presented at the annual meeting of the *Anxiety Disorders Association of America*, Arlington, VA.

Orsillo, S.M. (November, 2011). Panelist in K.N. Herzberg & J.P. Forsyth (Chairs), *When speaking to our clients more directly isn't working: Using stories, metaphors, paradox, and analogies to increase the clinical impact of newer and more traditional CBTs*. Panel presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON.

Hayes-Skelton, S.A., Roemer, L., & **Orsillo, S.M.** (November 2011). *Decentering as a common mechanism across two therapies for GAD*. In D.A. Moscovitch & J.D. Huppert (Chairs), *Early Changes in Emotion Regulation Processes during CBT for Emotional Disorders: Psychological Markers of Treatment Success*.

Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON.

Scheller, C., *Fuchs, C., Hayes-Skelton, S.A., Roemer, L., & **Orsillo**, S.M. (November, 2010). *An examination of mindfulness as a mechanism of change in applied relaxation*. Paper presented at annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

*Morgan, L., *Graham, J.R., Hayes-Skelton, S.A., Roemer, L., & **Orsillo**, S.M. (November, 2010). *Relationships between post-intervention frequency of home mindfulness practice and outcomes in an acceptance-based behavior therapy for GAD*. Paper presented at annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

*Katz, A.M., *Czech, S.J., & **Orsillo**, S.M. (November, 2010). Values articulation and the relationship to stress resilience, mindfulness and experiential avoidance. Paper presented at annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

*Treanor, M., *Erisman, S.M., *Salters-Pedneault, K., Roemer, L., **Orsillo**, S.M. (June, 2010). *The effect of an acceptance-based behavioral therapy on emotion dysregulation in GAD*. In S. Schonfeld (Chair), Emotion avoidance in disorders with recurrent negative thinking (GAD and depression) - From the lab to the therapy room. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Boston, MA

*Czech, S.J., *Vernig, P.M., *Glick, D., *Katz, A.M., & **Orsillo**, S.M. (June, 2010). *Does values affirmation affect anticipatory and response anxiety to a stressful task?* Poster session presented at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.

*Michelson, S.E., *Lee, J. K., **Orsillo**, S. M. & Roemer, L. (June, 2010) *The role of values-consistent behavior in generalized anxiety disorder*. Poster session presented at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.

*Glick, D.M. & **Orsillo**, S.M. (June, 2009). *Relationships among academic procrastination, anxiety, and acceptance and mindfulness*. Poster presented at the Annual Association for Psychological Science Conference, Boston, MA.

Roemer, L. & **Orsillo**, S.M. (October, 2009). *Integrating acceptance and mindfulness-based strategies into a behavioral therapy for generalized anxiety disorder*. Paper presented at the 2nd Annual Meeting of the New England Society for Psychotherapy Research. Williamstown, MA.

Hayes, S., *Erisman, S., Roemer, L., & **Orsillo**, S.M. (October, 2009). *Mechanisms of action during therapy for Generalized Anxiety Disorder*. Paper presented at the 2nd Annual Meeting of the New England Society for Psychotherapy Research. Williamstown, MA.

*Berube, S.J., *Vernig, P.M., *Lee, J.K., & **Orsillo**, S.M. (November, 2008). *Values and positive outcome: The effect of values affirmation on psychological stress*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.

Hayes, S.A., *Barrett-Model, H., & Roemer, L. (November, 2008). *Changes in proposed mechanisms of action during acceptance-based behavior therapy for generalized anxiety disorder*. In S.A. Hayes (Chair), Processes and mechanisms of change in mindfulness and acceptance based therapies. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.

*Hill, J., *Lee, J.K., *Vernig, P.M., & **Orsillo**, S.M. (November, 2008). *An acceptance-based risk reduction program for women with a history of sexual assault*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.

Orsillo, S.M., Roemer, L., & *Salters-Pedneault, K. (November, 2008). *Acceptance-based behavioral therapy for GAD: Predictors of change*. In C.T. Taylor & N. Amir (Co-Chairs), Novel approaches to the treatment of generalized anxiety disorder. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.

*Michelson, S.E., *Lee, J.K., Roemer, L., & **Orsillo**, S.M. (November, 2008). The relationship between values and symptom severity, experiential avoidance and quality of life in generalized anxiety disorder. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.

*Theodore-Oklotka, C., *Glick, D.M., ^Demir, M., & **Orsillo**, S.M. (November, 2008). *The role of avoidant coping in the development of relational aggression*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.

*Lee, J. K., Twaddle, I. K. B., & **Orsillo**, S. M. (2008, July). *Mental health symptom reporting among Asian American and Pacific Island college students*. Poster presented at the 19th International Congress of the International Association for Cross-Cultural Psychology, Bremen Germany.

*Fuchs, C.A., *Lee, J.K., **Orsillo**, S.M. & Roemer, L. (November, 2007). *A meta-analytic review of mindfulness- and acceptance-based treatments used with diverse, underserved populations*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

*Glick, D.M. & **Orsillo**, S.M. (November, 2007). *The relationship between social anxiety and experiential avoidance*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

*Glick, D.M. & **Orsillo**, S.M. (November, 2007). *The development of a measure of self-focused attention*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

Klump, M.C., *Vernig, P.M., *Theodore-Oklotka, C.R., **Orsillo**, S.M. (November, 2007). *Emotional reactivity and avoidant coping in the prediction of PTSD diagnosis in a sample of bereaved veterans*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

*Lee, J.K., Roemer, L., *Salters-Pedneault, *Erisman, S.M., Mennin, D.S., **Orsillo**, S.M. (November, 2007). Mindfulness and emotion regulation difficulties in GAD. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

Orsillo, S.M. (Discussant). Self-concept and interpersonal violence: Beliefs about self and others in understanding violence. In N. Fossos & D. Kaysen (Co-Chairs), *Self-concept and interpersonal violence: Beliefs about self and others in outstanding violence*.

*Treanor, M., Roemer, L., **Orsillo**, S.M., & *Allen, L.B. (November, 2007). *Effects of an acceptance-based behavioral treatment for GAD on perceptions of control*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

Roemer, L., **Orsillo**, S.M., & *Salters-Pedneault, K. (November, 2007). *A randomized controlled trial of an acceptance-based behavior therapy for GAD*. In L.G. Castonguay (Eds.), *New directions in the etiology and treatment of GAD*. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

*Vernig, P.M. & **Orsillo**, S.M. (November, 2007). Emotional reactivity in alcohol dependent individuals following a brief mindfulness induction. In Susan M. Orsillo and Peter M. *Vernig (Co-Chairs), *Acceptance and mindfulness in the treatment of alcohol and nicotine use disorders: Evidence from the translational spectrum*. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

Field, L.D. & **Orsillo**, S.M. (2007). *Faculty involvement in depression awareness and prevention*. Presented at the Action for Depression, Awareness, Prevention and Treatment (ADAPT) Conference, Boston, MA.

*Erisman, S.M., Roemer, L., & **Orsillo**, S.M. (2006, November). Proposed mechanisms of change of an acceptance-based behavioral treatment for GAD. In J. Waltz (Chair). *Mindfulness-based interventions: Recent developments in understanding mechanisms of change*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

*Hill, J. M., *Vernig, P. M., *Lee, J. K., & **Orsillo**, S. M. (2006, November). The potential utility of an acceptance-based risk reduction program for women with a history of sexual assault. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

*Lee, J. K. & **Orsillo**, S.M. (2006, November). *The role of experiential avoidance in GAD*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

*Lee, J.K., Twaddle, I.K.B., & **Orsillo**, S.M. (2006, November). *Cross-cultural validation of the SCL-90-R with Asian Americans and Pacific Islanders*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

*Vernig, P. M., *Lee, J. K., *Theodore-Oklota, C., & **Orsillo**, S. M. (2006, October). *A pilot study of experiential avoidance and substance abuse: Evidence for substance-specific heterogeneity*. Poster presented at the annual meeting of the New England Psychological Association, Manchester, NH.

*Vernig, P. M., ^Parcell, T., & **Orsillo**, S. M. (2006, November). Bringing acceptance and mindfulness into the lab: Methodological issues for consideration. In J. Block-Lerner (Chair). *Facilitating mindfulness in the laboratory: Shedding light on processes of change and novel outcome measures*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

*Theodore-Oklota, C., *Lee, J. K., *Vernig, P. M., *Luterek, J., & **Orsillo**, S. M. (2006, November). *Preliminary validation of the Emotional Numbing Scale with three ethnic groups*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

*Lee, J.K., Twaddle, I.K.B., & **Orsillo**, S.M. (2005, November). *Cross-cultural validation of the SCL-90-R with Asian Americans and Pacific Islanders*. Poster presented at the Families, Acculturation, and Resilience: Implications for Mental Health in Asian Americans, Boston, MA.

Murray, L.M., **Orsillo**, S.M., Moscovitch, D., & Litz, B.T. (2005, November). *Trauma-primed changes in emotion regulation in PTSD*. Poster presented at the 24th Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.

Pratt, E.M., **Orsillo**, S.M., & Brief, D.J. (2005, April). *Eating disorders in a clinical sample of female veterans with PTSD*. Poster presented at the 13th International Conference on Eating Disorders, Montreal, Canada.

Block-Lerner, J., **Orsillo**, S.M., & Plumb, J.C. (2004, November). Various ways of approaching emotional events: Comparing the effects of mindful awareness, positive thinking and relaxation preparations. In L. Roemer (Chair). *Experimental investigations of emotional processes in the emotional disorders and their treatment*. Symposium presented at the Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Block-Lerner, J., Rhatigan, D.L., Plumb, J.C., & **Orsillo**, S.M. (2004, November). Exploring the relationship between mindfulness and empathy in women. In K. Wahs & J. Cordova (Chairs). *Toward a theory of mindful relating: Theory, data, and implications*. Symposium presented at the Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Orsillo, S.M. (Chair) (2004, November) *Acceptance-based behavioral therapies: New directions in treatment development across the diagnostic spectrum*. Symposium presented at the Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Orsillo, S.M., Roemer, L., & *Salters, K. (2004, November). *Acceptance based Behavioral Therapy for GAD*. Workshop presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Roemer, L., & **Orsillo**, S.M. (2004, November). Acceptance-Based Behavior Therapy for GAD: Preliminary Findings from an Open Trial and a Randomized Controlled Trial. In S.M. **Orsillo** (Chair) *Acceptance-based behavioral therapies: New directions in treatment development across the diagnostic spectrum*. Symposium presented at the Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Block Lerner, J., Plumb, J., & **Orsillo**, S.M. (2003, November). Facilitating an experientially accepting stance in the laboratory: Can we design manipulations to test mechanisms of change? In K. *Salters & J. Block Lerner (Chairs), *Mindfulness and acceptance-based behavioral therapies: Methodologies and mechanisms*. Symposium conducted at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Orsillo, S.M., Roemer, L., & *Salters, K. (2003, November). *Acceptance based Behavioral Therapy for GAD*. Workshop presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Plumb, J., *Luterek, J., & **Orsillo**, S.M. (2003, November). *An examination of the emotional numbing scale-revised: Preliminary data from a clinical sample*. Poster presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Plumb, J., *Luterek, J., & **Orsillo**, S.M. (2003, November). *Experiential avoidance as a predictor of posttraumatic stress symptomatology*. Poster presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Stile, J.M., Block Lerner, J., Rhatigan, D.L., Plumb, J. & **Orsillo**, S.M. (2003, November). *Mindfulness as an underlying mechanism of empathic concern*. Poster presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Orsillo, S.M., Plumb, J.C., Roessner, B.M., & Batten, S.V. (2002, November). Emotional functioning among women with PTSD: An experimental analysis of multiple channels of responding to positive and negative stimuli. In J.A. *Luterek (Chair), *Recent investigations of emotional functioning in trauma*. Symposium conducted at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

Orsillo, S.M., Roemer, L., & Barlow, D.H. (2002, November). Developing an integrative, acceptance-based treatment for GAD. In G.H. Eifert (Chair), *Balancing acceptance and change in the treatment of anxiety disorders*. Symposium conducted at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

Orsillo, S.M. (2002, November). In R.J. Seime (Chair), *Internship training site overview*. Panel discussion conducted at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

*Luterek, J.A., **Orsillo**, S.M., & Marx, B.P. (2002, November). Emotional responding in women childhood sexual abuse survivors: Emotional experience, written and facial expression to positive and negative film stimuli. In J.A. *Luterek (Chair), *Recent investigations of emotional functioning in trauma*. Symposium conducted at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

Orsillo, S.M. (2002, November). In S.V. Batten (Chair), *Next-step treatments for PTSD: What should we do with non-responders, comorbid conditions, and complicating factors?* Panel discussion conducted at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

*Levitt, J.T., Brown, T.A., **Orsillo**, S.M., & Barlow, D.H. (2002, November). Does acceptance reduce avoidance among patients with panic disorder? In G.H. Eifert (Chair), *Balancing acceptance and change in the treatment of anxiety disorders*. Symposium conducted at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

*Luterek, J.A., Plumb, J.C., *Tull, M., Roemer, L., & **Orsillo**, S.M. (2002, November). *Psychometric properties of a new measure of emotional numbing: Preliminary findings*. Poster presented at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

Roemer, L., *Tull, M. T., *, K. L., McMillan, E., *Luterek, J., & **Orsillo**, S. M. (2002, November). Peri- and post-traumatic responses: Emotional numbing and dysregulation. In L. Roemer (Chair), *Trauma and emotional responding: New directions for research*. Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.

Batten, S.V., Follette, V.M., Plumb, J.C., Bruce, T., & **Orsillo**, S.M. (2001, November). Quantitative and qualitative analysis of trauma-focused narratives by child sexual abuse survivors. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

Batten, S.V, **Orsillo**, S.M., Hammond, C.B., & Plumb, J.C. (2001, November). The impact of PTSD on emotional responding. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

*Levitt, J.T, Brown, T.A., & **Orsillo**, S.M. (2001, November). The effects of acceptance versus suppression of emotion on subjective and psychophysiological response to carbon dioxide challenge in patients with panic disorder. In T.R. Lynch (Chair), *Experiential avoidance and psychopathology: Recent research and methodological developments*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

*Luterek, J.A., **Orsillo**, S.M, & Plumb, J.C. (2001, November). A preliminary study of the psychometric properties of the emotional numbing scale-revised. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

Roemer, L. & **Orsillo**, S.M. (2001, November). Emotional avoidance in GAD. In H. Hazlett-Stevens (Chair), *The role of emotion in generalized anxiety disorder*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

Roemer, L. & **Orsillo**, S.M. (2001). The role of experiential avoidance in generalized anxiety disorder. Poster presented at the annual meeting of the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.

*Schorr, Y.H., Roemer, L. & **Orsillo**, S.M. (2001). Emotional numbing of positive and negative emotions: Relationship to PTSD and symptoms of general distress. Poster presented at the annual meeting of the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.

*McLaughlin, M.S., **Orsillo**, S.M., & *Luterek, J. (2000, November). The impact of written disclosure on hypertension. In S. Batten (Chair), *Writing your troubles away: The use of written disclosure interventions for physical and psychological health issues*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

* Luterek, J., **Orsillo**, S.M., Mark, B.P., Harrision, S.N., & Connor, C.E. (2000, November). An experimental assessment of emotional responding in individuals with a history of childhood sexual abuse. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

* Evans, B.A., **Orsillo**, S.M., O'Neill, H.K., & Strandberg, D.K. (2000, November). Resource loss and coping: A comparison of two measures of the stress process. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

McTeague, L.M., Smith, A.A., Kaufman, M.L., Litz, B.T., & **Orsillo**, S.M. (2000, November). *Differential predictors of PTSD and perceived risk of intimacy: The role of trauma exposure and dissociation*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

*Jakupcak, M., Roemer, L., **Orsillo**, S.M. (1999, November). *Emotional numbing patterns across gender*. Poster presented at annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.

Peirce, J., McTeague, L., Bolton, E., **Orsillo**, S., Roemer, E., & Litz, B. (1999, November). *Coping, combat exposure, and PTSD in Somalia peacekeepers*. Poster presented at annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.

*Evans, B.A., Robbins, R., & **Orsillo**, S.M. (1999, November). *The effects of expectations regarding future resource loss on psychological distress*. Poster presented at the 33rd meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario.

*Luterek, J., *Evans, B.A., **Orsillo**, S.M., & Myers, A. (1999, November). *Experiential avoidance as a predictor of psychological distress*. Poster presented at the 33rd meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario.

Tolin, D.F., Foa, E.B., Ehlers, A., Clark, D.M., Watlington, C., & **Orsillo**, S.M. (1999, November). Development and validation of the Post-traumatic Cognitions Inventory. In: K.J. Ruggiero & S.F. Lewis (Chairs), *Assessment of trauma and PTSD: Recent developments and future directions*. Paper presented at the 33rd meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario.

*Luterek, J., **Orsillo**, S.M., ^Lundgren, J.D., ^Cargile, B., & ^Hestand, T. (1999, November). *An experimental assessment of emotional responding in individuals with a history of sexual assault*. Poster presented at the 33rd meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario.

Orsillo, S.M., *Luterek, J., ^Lundgren, J.D., ^Cargile, B., & ^Hestand, T. (1999, November). Experiential avoidance of emotionally evocative film cues. In: M.Z. Rosenthal (Chair), *Experimental methodologies in*

the study of experiential avoidance. Paper presented at the 33rd meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario.

McTeague, L.M., Litz, B.T., & **Orsillo**, S.M. (1999, November). *Evaluative affective thresholds in combat veterans: PTSD, arousal, and emotion activation*. Poster presented at the 33rd meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario.

*Evans, B.A., Gant, J.C., & **Orsillo**, S.M. (1999, November). *The effect of trauma on future life stressors*. Poster presented at the 33rd meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario.

Bolton, E., McTeague, L., **Orsillo**, S., Roemer, L., & Litz, B.T. (1999, November). *Schema changes following exposure to potentially traumatic events in the context of the modern military*. Poster presented at the 33rd meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario.

*Miranda, R., *Meyerson, L.A., Marx, B.P., **Orsillo**, S.M., & Jones, D. (1999, November). *Healthcare utilization patterns of Vietnam veterans with posttraumatic stress disorder: The influence of marital status*. Poster presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, OK.

*Miranda, R., *Meyerson, L.A., Marx, B.P., & **Orsillo**, S.M. (1999). *The relationship between physical complaints and healthcare utilization among Vietnam veterans with posttraumatic stress disorder*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.

*Evans, B.A., ^Lundgren, J.D., & **Orsillo**, S.M. (1998, November). *Utilization of resource loss to predict distress and PTSD symptomatology in a mixed trauma population*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.

*McLaughlin, M.S., ^Cargile, B.J., ^Hestand, T.I., **Orsillo**, S.M., (1998, November). *The role of dissociation in inhibiting social contact*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.

*Miranda, R., *Meyerson, L.A., Marx, B.P., & **Orsillo**, S.M. (1998, November). *An investigation of the role of psychological factors in the physical complaints of Vietnam veterans with PTSD*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.

*Evans, B.A., ^Hestand, T.I., ^Cargile, B.J., **Orsillo**, S.M. (1998, November). *Precipitants to dissociation: An exploratory investigation*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.

*McLaughlin, M.S., Munkirs, D.S., **Orsillo**, S.M., & Marx, B.P. (1998, November). *Attitudes toward health care utilization among childhood sexual abuse survivors*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.

Orsillo, S.M. (1998). *Researching our voices as psychologists, academicians, clinicians, and family members: Mentoring for the 21st century*. Panelist on panel discussion (A. Wolfson, chair). Poster

presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.

Orsillo, S.M. (1998). *Training behavioral therapists: Challenges for our future*. Panelist on panel discussion (S.M. **Orsillo**, chair). Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.

Orsillo, S.M. (1997, November). New advances in treatment of PTSD. In *Recent advances in the assessment and treatment of post-traumatic stress disorder*. Paper presented at the annual meeting of the Oklahoma Psychological Association, Tulsa, OK.

Orsillo, S.M., Roemer, L. & Litz, B.T. (1997, November). Narrative analysis of emotional processing in PTSD. In L. Roemer & B.T. Litz (Chairs). *Empirical investigations of the parameters of emotional responding in PTSD*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Montreal, Quebec, Canada.

Orsillo, S.M., Marx, B., & Jones, D. (1997, November). *Emotional functioning among Vietnam veterans with combat-related PTSD*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Montreal, Quebec, Canada.

Roemer, L. & **Orsillo, S.M.**, (Co-chairs) (1997, November). *Expanding beyond fear: Investigation of alternative emotions in the anxiety disorders*. Symposium presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

Caulfield, M.B., Riggs, D.S., **Orsillo, S.M.**, & *Fuemmeler, B. (1997, November). Relationship between conflict, justification of violence, and expected consequences of dating violence: An examination of pieces in a complex puzzle. In M. Caulfield (Chair), *Factors related to dating violence*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

Jaycox, L., Coles, M., Foa, E., **Orsillo, S.M.**, Clark, D.M., & Ehlers, A. (1997, November). *Cognitive appraisals following trauma: Scale development and relationship between cognitions and psychopathology*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

Meadows, E.A., Jaycox, L.H., **Orsillo, S.M.**, & Foa, E.B. (1997, November). *The impact of assault on risk recognition in ambiguous situations*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

Orsillo, S.M., *Fuemmeler, B., & Hurn, L. (1997, November). *Emotion functioning and PTSD*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

King, L.A., Litz, B.T., Taft, C.T., King, D.W., Flack, W.F., **Orsillo, S.**, & Roemer, L. (1997, May). *Peacekeeping and mental health: Features of the Somalia experience and PTSD*. Poster presented at the American Psychological Society annual meeting, Washington, DC.

Orsillo, S.M., Roemer, L., Litz, B.T., Roberts, K., Mason, N., & Robertson, J. Analysis of narrative behavior and emotional processing among rape victims. (1996, November). In S.M. Orsillo & L. Roemer (Chairs), *The use of narrative methodologies to explore cognitive and emotional dimensions among women with post-traumatic stress disorder*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, New York.

Roemer, L., Litz, B.T., Orsillo, S.M., Ehlich, P., & Friedman, M. (1996, November). *PTSD predicts elevated reports of combat exposure among veterans of the Somalia peacekeeping mission*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, New York.

Roemer, L., Orsillo, S.M., Wagner, A., Roberts, K., Cookson, T., Kaloupek, D., & Litz, B.T. (1996, November). *An experimental investigation of the parameters of emotional response deficits among women exposed to interpersonal violence*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, New York.

Litz, B.T., Roemer, L., King, D., King, L., Orsillo, S.M., & Friedman, M.T. (1996, November). *A longitudinal follow-up of psychological correlates of peacekeeping duty in Somalia*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, New York.

Orsillo, S.M. & Fuemmeler, B. (1996, November). *A self-report measure of emotional numbing: Preliminary findings*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, New York.

Litz, B.T., Roemer, L., Orsillo, S., Ehlich, P., & Friedman, M.T. (1996, November). An examination of chronic PTSD associated with peacekeeping in Somalia. In R. Miller (Chair), *Recognition of the effects of traumatic experience on United Nations Peacekeepers*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, San Francisco, CA.

Orsillo, S., Roemer, L., Litz, B.T., Ehlich, P., & Friedman, M.T. (1996, November). The impact of peacekeeping on personal beliefs. In S.M. Orsillo & B.T. Litz (Chairs), *Trauma-induced alterations in interpersonal schemas*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, San Francisco, CA.

Roemer, L., Orsillo, S.M., Ehlich, P., Friedman, M.T., & Litz, B.T. (1996, November). The lasting psychological sequelae of peacekeeping in Somalia for US military personnel. In B.T. Litz & L. Roemer (Chairs), *Longitudinal analysis of the psychological consequences of recent military conflicts*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, San Francisco, CA.

Roemer, L., Orsillo, S., Weathers, F.W., & Litz, B. (1996, November). An examination of emotional withholding among Vietnam veterans with PTSD. In F.R. Abueg (Chair), *Impediments to traumatic disclosure: Empirical approaches to inhibition, concealment, and silencing*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, San Francisco, CA.

Litz, B.T., **Orsillo**, S.M., Roemer, L., Friedman, M., Ehlich, P., & Batres, A. (1995, October). *An investigation of the psychological sequelae in Somalia*. Paper presented at the annual convention of American Military Surgeons of the Uniformed Services, Los Angeles, CA.

Orsillo, S.M., Litz, B.T., Friedman, M., Ehlich, P., King, L.A., & King, D.W. (1995, November). Unique stressors and psychological sequelae associated with peacekeeping in Somalia. In B.T. Litz & S.M. **Orsillo** (Chairs). *Psychological sequelae of peacemaking and peacekeeping missions for military personnel*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.

Orsillo, S.M., Litz, B.T., Bergman, E.D., Block, D., & Kaloupek, D.G. (1995, November). Inhibited emotional processing among veterans with combat-related. In S.M. **Orsillo** & B.T. Litz (Chairs), *Impediments to emotional processing in PTSD*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.

Roemer, L. **Orsillo**, S.M., Block, D.L., & Litz, B.T. (1995, November). *The role of attachment in the development of combat-related PTSD*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.

Roemer, L., **Orsillo**, S.M., Borkovec, T.D., & Litz, B.T. (1995, November). *Emotional response to a potentially traumatizing event predicts PTSD symptomatology*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.

Ansorge, S., **Orsillo**, S. M., Litz, B.T. & Bergman, E. D. (1995, November). *Trauma and the meta-experience of emotion: Implications for emotional processing*. Poster presented at the annual meeting of International Society for Traumatic Stress Studies, Boston, MA.

Orsillo, S.M., Litz, B.T., Bergman, E.D., Block, D., & Kaloupek, D.G. (1995, November). Constraints on emotional processing in PTSD. In B.T. Litz and L Roemer (Chairs), *Constraints on emotional processing in psychopathology*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.

Orsillo, S.M., Litz, B.T., Bergman, E.D., Block, D., & Kaloupek, D.G. (1995, November). *The suppression of emotional expression subsequent to conditioned emotional reactivity in PTSD*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.

Orsillo, S.M., Litz, B.T., Bergman, E.D., Block, D., & Kaloupek, D.G. (1995, November). *An experimental assessment of dissociation among individuals with PTSD*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.

Ansorge, S., **Orsillo**, S.M., Litz, B.T., & Bergman, E.D. (1994, November). *Feelings about feelings: The meta-experience of emotion in PTSD*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.

Orsillo, S.M., Litz, B.T., & Bergman, E.D. (1994, November). *The role of strategic withholding of emotions in PTSD*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.

Orsillo, S.M., Litz, B.T., Bergman, E.D., & Kaloupek, D.G. (1994, November). The multi-dimensional measurement of emotional response in PTSD. In D. Riggs (Chair), *New paradigms for studying PTSD: The move beyond self-reported symptoms*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.

Orsillo, S.M., Litz, B.T., Bergman, E.D., Kaloupek, D.G., & Joaquim, S.G. (1994, November). *An experimental assessment of the parameters of emotional numbing in PTSD*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.

Orsillo, S.M., Litz, B.T., Block, D., Weathers, F.W., & Bergman, E.D. (1994, November). State changes in dissociation in response to trauma-related cues. In M. Griffen (Chair). *Objective indicators of dissociation in post-traumatic stress disorder*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies. Chicago, IL.

Orsillo, S.M., Litz, B.T., Goebel, A.E., Friedman, M., Ehlich, P., & Bergman, E.D. (1994, November). *An investigation of the psychological sequelae associated with peacemaking in Somalia*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.

Orsillo, S.M., Litz, B.T., Goebel, A.E., Friedman, M., Ehlich, P., & Bergman, E.D. (1994, November). *Changes over time in the peacemaking mission in Somalia*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.

Orsillo, S.M., Weathers, F.W., Litz, B.T., Steinberg, H.R., Keane, T.M. (1994, November). *Defining the boundaries of PTSD: A symptom-level analysis of the comorbidity of PTSD and major depression*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.

Newman, E., Litz, B., Orsillo, S., Pokrajac, T., Niles, B., & Herman, D. (1993, August). *Complex PTSD in combat veterans*. Poster presented at the annual meeting of American Psychological Association, Toronto, Canada.

Block, D., Litz, B. T., & Orsillo, S. M. (1993, October). A psychophysiological analysis of emotional numbing symptoms in PTSD. In P. Resick (Chair). *Psychological and behavioral assessment of PTSD*. Paper presented at the meeting of the International Society for Traumatic Stress Studies, San Antonio, TX.

Newman, E., Orsillo, S., Niles, B., Litz, B., Herman, D., & Segura-Schultz (1993, October). *A Comparison of symptom endorsement in combat veterans with Complex PTSD (DESNOS)*. Poster presented at the annual meeting of International Society for Traumatic Stress Studies, San Antonio, TX.

Orsillo, S.M. & Heimberg, R.G. (1993, November). *The role of social phobia in Veterans with PTSD*. Poster presented at the meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.

Orsillo, S.M., Heimberg, R.G., Holt, C.S., Gitow, A., Street, L.L., & Liebowitz, M.R. (1993, November). Gender differences among social phobics. In T. Klass (Chair). *Gender issues in the anxiety disorders*. Paper presented at the meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.

Orsillo, S. M., Weathers, F. W., Litz, B. T., Steinberg, H. R., & Keane, T. M. (1993, November). *Current and lifetime prevalence of comorbid psychiatric disorders in combat-related PTSD*. Poster presented at the meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.

Orsillo, S.M., Heimberg, R.G., & Engelberg, B. (1992, November). *Anxiety sensitivity, trait anxiety and social phobia*. Poster presented at the meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Orsillo, S.M., Winning, C.D., Heimberg, R.G., & Holt, C.S. (1992, November). *Situational domains: An alternative procedure for subtyping social phobia*. Poster presented at the meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Eskin, E., **Orsillo, S.M., Heimberg, R.G., Holt, C.S., & Liebowitz, M.R.** (1991, November). *Gender effects on social phobic fear and avoidance*. Poster presented at the meeting of the Association for Advancement of Behavior Therapy, New York, NY.

McCaffrey, R.J., McCoy, G.C., Haase, R.F., Nelles, W.B., **Orsillo, S.M., Ortega, A., Pangburn, L.** (1989). *Cognitive correlates of loproressor (metoprolol) in hypertensives: Preliminary outcome*. Poster presented at the meeting of the International Neuropsychological Society, Vancouver, British Columbia.

Orsillo, S.M., McCaffrey, R.J., Ruckdeschel, J., Wagner, H., & Ortega, A. (1989, February). *Prophylactic cranial irradiation in cancer patients*. Poster presented at the meeting of the Eastern Psychological Association, Philadelphia, PA.

Selected Media

Contributing expert to *Women's World, Parents Magazine, for Women First, Oprah.com, Vice.com*

Orsillo, S.M. (May, 2015). Appearance on the podcast *The Check-Up* with WBUR and Slate.

Orsillo, S.M. (April, 2013). *Expert Panel on Coping with the Marathon Day Bombing*. ABC News Boston (WCVB).

Orsillo, S.M. & Roemer (January, 2012). Appearance on the radio program the Audrey Chapman Show, SiriusXM Channel 141.

PROFESSIONAL SERVICE

Editorial Duties:

- 2018 – 2022 **Editorial Board**, *Clinical Psychology: Science and Practice*
- 2010 – 2019 **Editorial Board**, *Journal of Consulting and Clinical Psychology*

- 2012 – 2016 **Editorial Board**, *Cognitive and Behavioral Practice*
- 2010 - 2012 **Editorial Board**, *Journal of Consulting and Clinical Psychology*
- 2002 – 2011 **Editorial Board**, *Behavior Therapy*
- 2002 – 2007 **Editorial Board**, *Clinical Psychology Review*
- 2001 – 2009 **Editorial Board**, *Journal of Abnormal Psychology*
- 2000 – 2007 **Editorial Board**, *Journal of Traumatic Stress*

Ad-Hoc Reviews for:

Journal of Abnormal Psychology, Behavior Therapy, Behaviour Research and Therapy, Clinical Psychology: Science and Practice, Cognitive and Behavioral Practice, Cognitive Therapy and Research, Guilford Press, International Journal of Cognitive Therapy, Journal of Clinical Psychology, Journal of Nervous and Mental Disease, Psychology of Addictive Behaviors, Psychological Assessment, Journal of Contextual Behavioral Science

Grant Reviews:

- 2019 National Institute of Mental Health Biobehavioral Mechanisms of Emotion, Stress and Health Study Section
- 2017 National Institute of Mental Health Confirmatory Efficacy Studies Review Panel
- 2017 Social Sciences and Humanities Research Council of Canada
- 2016 American Psychological Foundation David H. and Beverly A. Barlow Grant
- 2011 National Institute of Mental Health Special Emphasis Panel, Conflicts and Eating Disorders
- 2011 Center for Integration of Medicine & Innovative Technology Innovation Grants Program
- 2006-2011 American Psychological Association Dissertation Grants Program
- 2008 Bi-National Science Foundation
- 2004- 2005 National Institute of Mental Health Special Emphasis Panel, Minority RISP Review
- 2002 National Institute of Mental Health Special Emphasis Panel, Elucidation of the Underlying Mechanisms of Placebo Effect
- 1996 Veterans Administration Merit Grants

Positions in Professional Organizations:

- 2009 - **Ambassador to the Association**, Association for Behavioral and Cognitive Therapies
- 2012 – 2016 **Reviewer**, Program Committee, Society for the Science and Practice of Clinical Psychology
- 2005 – 2009 **Coordinator**, Association for Behavioral and Cognitive Therapies, Academic and Professional Issues
- 2003 – 2006 **Member**, Association for Behavioral and Cognitive Therapies, Publications Committee
- 2003 **Member**, Program Committee for the Annual Convention of the International Society for Traumatic Stress Studies
- 2000 – 2004 **Member**, Under-Secretary's Committee on Post-traumatic Stress Disorder, Department of Veterans Affairs

- 2000 – 2003 **Chair**, Association for Behavioral and Cognitive Therapies, Workshops Committee
- 1996 – 2008 **Member**, Association for Behavioral and Cognitive Therapies Program Committee

Department and University Service (Suffolk University):

- 2019 – 2021 **Member**, Curriculum Committee
- 2019 – 2021 **Chair**, Diversity and Inclusivity Committee
- 2017 – 2021 **Member** Standards and Ethics, Psychology Department
- 2017 – 2021 **Member**, Honor's Advisory Council, College of Arts and Sciences
- 2004 – 2021 **Member**, Clinical Training Committee
- 2014 – 2018 **Member**, Undergraduate Curriculum Committee, Psychology Department
- 2014 - 2018 **Member**, Clinical Executive Committee
- 2004 – 2016 **Member**, Clinical Comprehensive Exam Committee
- 2009 – 2015 **Member**, Promotion and Tenure Committee, Psychology Department
- 2012 – 2013 **Member**, Hybrid Teaching and Learning Faculty and Professional Learning Community
- 2012 – 2013 **Member**, Educational Technology Committee
- 2010 **Member**, Director of Office of Research and Sponsored Programs Search Committee
- 2012 – 2014 **Member**, Psychology Department Dissertation Award Committee
- 2009 **Mentor**, McNair Scholar Summer Research Program
- 2008 – 2009 **Chair**, Doctoral Program Admissions Committee
- 2008 – 2015 **Member** Standards and Ethics, Psychology Department
- 2008 **Advisor**, Institutional Review Board
- 2008 – 2009 **Departmental Representative**, Suffolk Showcase
- 2008 **Chair**, Ad Hoc Committee on Respecialization Program in Clinical Psychology
- 2007 – 2011 **Member**, Early Research Project Review Committee
- 2007 – 2010 **Reviewer**, Research Comprehensive Exam Committee
- 2007 – 2008 **Member**, Faculty Research Assistant Program Review Committee
- 2007 – 2009 **Member**, Colloquium Committee
- 2007 – 2010 **Mentor**, Junior Faculty Mentoring Program
- 2005 – 2009 **Advisor**, Summer Transfer Advising Program
- 2005 – 2007 **Coordinator**, Clinical Training Experiences, Suffolk University
- 2004 **Chair**, Ad-Hoc Committee on Curriculum for Clinical Psychology Program,
- 2004 **Chair**, Ad-Hoc Committee on Clinical Comprehensive Exams

HONORS AND AWARDS

- 2020 **ABCT Spotlited Mentor**, Association for Behavioral and Cognitive Therapies
- 2020 **University-Wide Faculty Award for Outstanding Scholarship**, Suffolk University
- 2018 **Dean's Award for Excellence in Scholarship**, Suffolk University
- 2018 **Self-Help Book of Merit** (*Worry Less, Live More*) Association for Behavioral and Cognitive Therapies
- 2011 **Self-Help Book of Merit** (*The Mindful Way though Anxiety*) Association for Behavioral and Cognitive Therapies

- 1998 **Arts and Sciences Faculty Council Junior Faculty Award** for Scholarly Excellence, Oklahoma State University
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