

2004 – 2008 Teaching Assistant and Research Assistant
University of Pennsylvania, School of Nursing, Philadelphia, PA

AWARDS/ HONORS

2022 Induction as a Fellow of the American Academy of Nursing
2022 Winner of the 2022 Sleep Research Society Club Hypnos Cup,
representing the Clinical Research Group at the SLEEP conference
2015 Selected Participant, “Sleep, Circadian Rhythms, and Aging: New
Avenues for Improving Brain Health, Physical Health and Functioning,”
sponsored by the National Institute on Aging and the American
Geriatrics Society
2014 Excellence in Nursing Research Award
American Nurses Association Massachusetts
2014 Excellence in Teaching and Clinical Research Award
Boston College Connell School of Nursing
2013 Sponsored participant, NINR Fatigue/Sleep methodology boot camp
2010 – 2016 Haley Nurse Scientist, Brigham and Women’s Hospital, Boston, MA
2008 Dissertation Award, Eastern Nursing Research Society/ Council for
Advancement of Nursing Science
2008 Graduate Student Association Council Travel Grant, University of
Pennsylvania
2007 Eleanor Lambertson RN Scholar, American Nurses Foundation
Research Award
2007 Honorable Mention Abstract Award, Sleep Research Society
2007 Xi Chapter Research Award, Sigma Theta Tau International Honor
Society of Nursing
2007 Graduate Student Association Council Travel Grant, University of
Pennsylvania
2007 Selected Mentee, National Coalition of Ethnic Minority Nurse
Associations
2005 Graduate Student Association Council Travel Grant, University of
Pennsylvania
2004 – 2005 University Fellowship, University of Pennsylvania, Philadelphia, PA
2004 Induction, Sigma Theta Tau International Honor Society of Nursing (Xi
Chapter)
2001 Outstanding Graduate Award, Sichuan University, China
1996 – 2001 Merit Scholarship, Sichuan University West China Medical School,
China

PUBLICATIONS

- NCBI profile: <https://www.ncbi.nlm.nih.gov/myncbi/lichuan.ye.1/bibliography/public/>

Publications in Refereed Journals (#student/mentee author; *data-based article)

- Keenan, B.T., **Ye, L.**, Pien, G., Magalang, U.J., Benediktsdottir, B., Gislason, T., Pack, A.,I. (2025). Symptom Subtypes of Obstructive Sleep Apnea 10 Years Later: Past, Present and Future. *Sleep*. 48(7):zsaf082 doi: 10.1093/sleep/zsaf082.
- Orofo, C., Gothe, N., Huebner-Torres, C., Yoo-Jeong, M., **Ye, L.** (2025). Evaluation of Clinically-Integrated Community Health Worker Support Interventions for Adults with Cardiovascular Disease: A Literature Review Guided by the PRISM Framework. *Family and Community Health*, 48(2):144-177.
- Miller, M.A., **Ye, L.**, Van Pelt, M. Pavone, K. (2025). Effects of Mindfulness on Pain and Anxiety, and Opioid Use: An Integrative Review. *Pain Management Nursing*. doi: 10.1016/j.pmn.2025.04.004. Online ahead of print.
- Miller, M.A., **Ye, L.**, Pavone, K., Van Pelt, M. (2025). A Critical Review of Mindfulness Measures. *Journal of Nursing Measurement*. 33(2):198-209. doi: 10.1891/JNM-2023-0116.
- Kendrick, J. Duffy, L.,[#] **Ye, L.**, Burke, P. (2024). College students' motivations for using fitness related technology. *Journal of American College Health*. doi: 10.1080/07448481.2022.2071622 *
- Gormley, J.M., Poirier, V.M.,[#] Hassey, K., van Pelt, M., & **Ye, L.** (2023). School Nurses' Reports on Reopening Roles, Practices, and Concerns during the COVID-19 Pandemic at the Start of the 2020-2021 School Year. *Journal of School Nursing*. doi: 10.1177/10598405211054805.
- Ye, L.**, Li, W.,[#] Willis, D. G. (2022). Facilitators and Barriers to Getting Obstructive Sleep Apnea Diagnosed: Perspectives from Patients and Their Partners. *Journal of Clinical Sleep Medicine*. 2022; 18(3): 835-841. doi: 10.5664/jcsm.9738. PMID: PMC8883110*
- Ye, L.**, Arnold Mages, M., Jimison, H., Patel, S. (2022). Developing OurSleepKit: A Couple-focused mHealth Tool to Support Adherence to Positive Airway Pressure Treatment. *Behavioral Sleep Medicine*. 20(6): 695-705. doi: 10.1080/15402002.2021.1984239. PMID: PMC8964838*
- Karosas, A.[#], **Ye, L.** (2022). Challenges of Contact Tracing in College Students during COVID-19 Pandemic. *Journal of American College Health*;39(2):143-149. DOI: 10.1080/07448481.2022.2082845 *
- Ye, L.**, Dykes, P. (2021). Individualized Sleep Promotion in Acute Care Hospitals: Managing Factors that Affect Patient Sleep. *mHealth*. 7:25. PMID: PMC8063008.*
- Richards, R., Wang, T. Jun, J., **Ye, L.** (2020). A Systemic Review of Sleep Measurement in Critically Ill Patients. *Frontiers in Neurology*, 11:542529. PMID: PMC7677520.*
- Genta, P.R., Kaminska, M., Edwards, B., Ebben, M. R., Krieger, A.C., Tamisier, R., **Ye, L.**, Weaver, T.E., Vanderveken, O., Filho, G.L., DeYoung, P., Hevener, W., and on behalf of the American Thoracic Society Assembly on Sleep and Respiratory Neurobiology (2020). The Importance of Mask Selection on CPAP Outcomes for Obstructive Sleep Apnea: An Official American Thoracic Society Workshop Report. *Annals of the American Thoracic Society*. 17 (10): 1177-1185

- Ye, L.,** Owens, R.L., Dykes, P. (2019). Individualized Sleep Promotion in Acute Care Hospitals: Identifying Factors that Affect Patient Sleep. *Applied Nursing Research*, 48: 63-67. PMID: PMC8099019*
- Carter, P., **Ye, L.,** Richards, R., and Vallabhaneni, V. (2019). Sleep & Memory: The Promise of Precision Medicine. *Sleep Medicine Clinics*, 14 (3): 371-378.
- Pien, G., **Ye, L.,** Keenan, B.T., Maislin, G., Björnsdóttir, E., Arnardóttir, E. S., Benediktsdóttir, B., Gislason, T., Pack, A., I. (2018) Changing Faces of OSA: Treatment Effects by Cluster Designation in the Icelandic Sleep Apnea Cohort. *SLEEP*, 41(3).
<https://doi.org/10.1093/sleep/zsy042> *
- Ye, L.** and Richards, K (2018). Sleep and Long-Term Care. *Sleep Medicine Clinics*, 13, 117-125.
- Ye, L.** Antonelli, M. T., # Willis, D. G., Kayser, K., Malhotra, A, Patel, S. R. (2017) Couple's Experiences with CPAP Therapy: A Dyadic Perspective. *Sleep Health - Journal of the National Sleep Foundation*, 3(5): 362-367. PMID: PMC5663292.
<https://doi.org/10.1016/j.sleh.2017.07.003> *
- Ye, L.,** Malhotra, A., Kayser, K., Willis, D.G., Horowitz, J., Aloia, M., Weaver, T.E. (2015). Spousal Involvement and CPAP Adherence: A Dyadic Perspective. *Sleep Medicine Reviews*, 19C: 67-74. <http://dx.doi.org/10.1016/j.smrv.2014.04.005>. PMID: PMC4225184.
- Ye, L.,** Smith, A. (2015). Developing and Testing a Sleep Education Program for College Nursing Students. *Journal of Nursing Education*, 54(9), 532-535. doi:10.3928/01484834-20150814-09 *
- Ye, L.,** Johnson, S.H.,# Keane, K.,# Manasia, M.,# Gregas, M. (2015). Napping in College Students and Its Relationship with Nighttime Sleep. *Journal of American College Health*, 63(2), 88-97. doi:10.1080/07448481.2014.983926 *
- Ye, L.,** Pien, G.W., Ratcliffe, S.J., Björnsdóttir, E., Arnardóttir, E.S., Pack, A.I., Benediktsdóttir, B., Gislason, T. (2014). The Different Clinical Faces of Obstructive Sleep Apnea: A Cluster Analysis. *European Respiratory Journal*, 44(6):1600-1607. doi:10.1183/09031936.00032314. PMID: PMC6675398 *
- Gillis, C.M., Poyant, J.O., Degrado, J.R., **Ye, L.,** Anger, K.E., Owens, R.L. (2014). Inpatient Pharmacological Sleep Aid Utilization Is Common At a Tertiary Medical Center. *Journal of Hospital Medicine*, 9(10): 652-657. doi:10.1002/jhm.2246. *
- Ye, L.,** Keane, K.,# Johnson, S.H.,# Dykes, P.C. (2013). How Do Clinicians Assess, Communicate About and Manage Patient Sleep in the Hospital? *Journal of Nursing Administration*, 43(6): 342-347. *
- Ye, L.,** Pack, A.I., Maislin, G., Dinges, D., Hurley, S., McCloskey, S., Weaver, T.E. (2012). Predictors of Continuous Positive Airway Pressure Use during the First Week of Treatment. *Journal of Sleep Research*, 21(4): 419-26. PMID: PMC4476292. *
- Ulrich, C.M., Zhou, Q., Ratcliffe, S.J., **Ye, L.,** Grady, C., Watkins-Bruner, D. (2012). Nurse Practitioners' Attitudes about Cancer Clinical Trials and Willingness to Recommend Research Participation. *Contemporary Clinical Trials*, 33(1): 76-84. *

- Ye, L.** (2011). Factors Influencing Daytime Sleepiness in Chinese Patients with Obstructive Sleep Apnea. *Behavioral Sleep Medicine*, 9(2): 117-127. *
- Ye, L.,** Pien, G.W., Ratcliffe, S.J., & Weaver, T.E. (2009). Gender Differences in Obstructive Sleep Apnea and Treatment Response to Continuous Positive Airway Pressure. *Journal of Clinical Sleep Medicine - Official Publication of the American Academy of Sleep Medicine*, 5(6): 512-518. [Chosen to be included in *Best of Sleep Medicine 2011* in Lee-Chiong, Teofilo (Ed)] *
- Ye, L.,** Pien, G.W., & Weaver, T.E. (2009). Gender Differences in the Clinical Manifestation of Obstructive Sleep Apnea. *Sleep Medicine*, 10(10): 1075-1084.
- Ye, L.,** Liang, Z., & Weaver, T.E. (2008). Predictors of Health-related Quality of Life in Patients with Obstructive Sleep Apnea. *Journal of Advanced Nursing*, 63(1): 54-63. *
- Ye, L.,** & Liang, Z. (2004). Relationships between Health-related Quality of Life and Mood in Patients with Obstructive Sleep Apnea. *Chinese Journal of Respiratory and Critical Care Medicine*, 3(2): 76-79. *
- Ye, L.,** & Liu, C. (2003). The Application of Long-acting Beta(2)-adrenergic Agonists in Chronic Obstructive Pulmonary Diseases. *Chinese Journal of Respiratory and Critical Care Medicine*, 2(4): 80-83.

Book Chapters

- Ye, L.** (2023) Sleep. In Giddens J. *Concepts for Nursing Practice*. 4th edition. Elsevier.
- Pien, G.W., **Ye, L.**, (2022). Clinical and Physiologic Heterogeneity of Obstructive Sleep Apnea. In Kryger, M.H., Roth, T., Goldstein, C.A., Dement, W.C. *Principles and Practice of Sleep Medicine*, 7th edition. Elsevier.
- Richards, R., **Ye, L.**, Fry, L. (2022). Sleep in Long-term Care Settings. In In Kryger, M.H., Roth, T., Goldstein, C.A., Dement, W.C. *Principles and Practice of Sleep Medicine*, 7th edition. Elsevier.
- Weaver, T.E. & **Ye, L.** (2012) Sleep-related breathing disorders. In CM Morin & CA Espie (Eds.) *The Oxford Handbook of Sleep and Sleep Disorders*, Oxford, United Kingdom: Oxford University Press.

Published Abstracts _ Peer-reviewed (#student/mentee author)

- Ye, L.,** Johnson, J., Zhang, N. (2025) Sleep Deficiencies and the Speed of Cognitive Decline in Individuals with Mild Cognitive Impairment. *SLEEP*, 48, A373.
- Ye, L.,** Miller, A.H., Bruner, D.W., Paul, S., Felger, J.C., Wommack, E.C., Higgins, K.A., Shin, D.M., Saba, N.F., Xiao, C. (2022) Sleep Quality and Its Association with Inflammation Over Time in Patients Undergoing Radiation Therapy for Head and Neck Cancer. *SLEEP*, 45, A577.
- Li, W.,# **Ye, L.** (2021). Digital Media Use and Sleep in College Students during COVID-19 Pandemic. *SLEEP*, 44, A224.
- Ye, L.,** Dykes P. (2019). A Sleep Promotion Toolkit for Hospitalized Patients. *SLEEP*, 42, A397.

- Ye, L.**, Owens, RL, Dykes P. Individualized sleep promotion for hospitalized patients: identifying and mitigating factors that disturb sleep. *American Journal of Respiratory and Critical Care Medicine*, 2018;197, A2725.
- Ye, L.**, Kayser, K., Gautam, S., Malhotra, A., Patel, S.R. (2017). Spousal Involvement in Adherence to CPAP Treatment. *SLEEP*, 40, A190.
- Ye, L.**, Jeon, S., # McGauley, C., # Owens, R. (2014). Sleeping pills for hospitalized patients: Perceptions from patients and clinicians. *American Journal of Respiratory and Critical Care Medicine*, 189, A5049.
- Ye, L.**, Smith, A. (2014). Developing and Testing a Sleep Education Program for College Nursing Students. *Sleep*, 37: A379.
- Anderson, E., # Jeon, S.M., # Lulloff, A., # Hormillosa, M.F., # **Ye, L.** (2014). Nocturnal Care Interactions and Delirium in the ICU. *Nursing Research*, 63(2), E22
- Ye, L.**, Pien, G.W., Ratcliffe, S.J., Pack, A.I., Benediktsdottir, B., Gislason, T. (2013). Different Clinical Faces of Obstructive Sleep Apnea: A Cluster Analysis. *SLEEP*, 36: A117.
- Ye, L.**, Weaver, T (2013). Gender Differences in the Effect of Continuous Positive Airway Pressure Treatment on Blood Pressure. *SLEEP*, 36: A119.
- Ye, L.**, Malhotra, A., Arnedt, J.T., Aloia, M. (2011) Gender differences in adherence to positive airway pressure treatment in obstructive sleep apnea. *SLEEP*, 34: A309.
- Ye, L.**, Pien, G.W., & Weaver, T.E. (2009). Gender Differences in Mood Disturbances in Patients with Obstructive Sleep Apnea. *SLEEP*, 32: A181.

Thesis and Dissertation

- Ye, L.** (2008) Gender Differences in Baseline Functional Status and Response to Continuous Positive Airway Pressure in Milder Obstructive Sleep Apnea. Philadelphia (PA): University of Pennsylvania.

Webinars & Media Featuring Scholarship

- Ye, L.** *Sleep, Are We all Getting Enough? How Sleep impacts Children, Adolescents and Adults.* Northeastern University School Health Academy, invited webinar, April 7, 2021.

Are these uncertain times keeping you up? The solution might be personal (2020).

<https://news.northeastern.edu/2020/07/07/is-the-pandemic-stealing-your-sleep-heres-what-you-can-do-about-it/>

Sleep Solutions (2020).

https://www.facebook.com/watch/live/?v=567867300596040&ref=watch_permalink

Reuters: Couples-focused apnea therapy may improve sleep, CPAP use.

<http://www.reuters.com/article/us-cpap-sleep-apnea-couples-idUSKCN1AX2OG>

- Ye, L.** BC Talks Aging: Boston College Institute on Aging and the Hartford Center of Excellence in Geriatric Social Work. *Sleep During Hospitalization, and Poor Sleep is Not a Normal Part of Aging.* <http://www.bc.edu/centers/ioa/videos/sleep.html>

The Chinese American Nurses Association (CANA) Global CONNECT – Research Highlights
<http://www.cana-usa.org/newsletter/cana-global-connect-vol-1-issue-2-research-highlights/>

PRESENTATIONS (*peer-reviewed; #student/mentee author)

Zhang, N., **Ye, L.** *Sleep and the Speed of Progression from Mild Cognitive Impairment to Dementia.* (paper presentation). Gerontological Society of America (GSA) 2025 Annual Scientific Meeting, Boston, Massachusetts, November 12 -15, 2025.

Ye, L., Zhang, N., Johnson, J.# Sleep Deficiencies and the Speed of Cognitive Decline in Individuals with Mild Cognitive Impairment. SLEEP 2025, the 39th annual meeting of the Associated Professional Sleep Societies, LLC (APSS), Seattle, WA, June 8-11, 2025.

Zhang, N., **Ye, L.** Sleep disturbances and sleep of cognitive decline. Poster Presentation at Alzheimer's Association International Conference, Toronto, CA, July 27-31, 2025.

Ye, L. *Inquires in Sleep Health: Opportunities to Support Cancer Patients and Their Families.* Keynote Lecturer for the Scholarship Week at Dana-Farber Cancer Institute, May 2nd, 2024. Boston, MA.

Ye, L. *Clinical Research: Strategy, Innovation, and Impact.* Keynote Lecturer at Tongde Hospital, Zhangjiang, Hangzhou, China, July 15th, 2024.

Zhong, J., # Katiabak, C., Gregas, M., **Ye, L.** *Patterns of sleep habits and their impact on nighttime sleep quality in college students.* SLEEP 2023, the 37th Annual Meeting of the Associated Professional Sleep Societies, LLC (APSS), June 3-7, Indianapolis, IN. *

Tibbitt, C., # Zhong, J., # **Ye, L.** *Delayed Time to Bed and its Impact on Sleep Quality and Health in College Students.* Paper presentation, the 35th Annual ENRS Scientific Sessions, March 23, 2023, Philadelphia, PA. *

Orofo, C.,# Torres, C.H., Yoo-Jeong, M., **Ye, L.** *Evaluation of Clinically-Integrated Community Health Worker Support Interventions for Adults with Cardiovascular Disease: A Literature Review Guided by the PRISM Framework.* Selected to represent Northeastern SON for poster presentation at the 35th Annual ENRS Scientific Sessions, March 23, 2023, Philadelphia, PA. *

Ye, L. *Building a Program of Research and Leading Interdisciplinary Inquires.* Invited guest lecture, West China Medical School & School of Nursing, Sichuan University, Chengdu, China, December 6, 2022. (virtual talk)

Ye, L., Li, W., # Orofo, C., # Willis, D. G. *Understanding Factors Contributing to Sleep Deficiencies in Urban-dwelling Black/African American Adults.* Podium Presentation at the 2022 State of the Science Congress on Nursing Research, Washington DC, September 16, 2022. *

Ye, L., Miller, A.H., Bruner, D.W., Paul, S., Felger, J.C., Wommack, E.C., Higgins, K.A., Shin, D.M., Saba, N.F., Xiao, C. *Sleep Quality and Its Association with Inflammation Over Time in Patients Undergoing Radiation Therapy for Head and Neck Cancer.* SLEEP 2022, the 36th Annual Meeting of the Associated Professional Sleep Societies, LLC (APSS), Charlotte, North Carolina, June 4-8, 2022. *

- Selected to present at the 2022 Sleep Research Society Club Meeting representing the Clinical Research Group, and voted as the winner of the Hypnos Cup
- Ye, L.** *Promoting Health through Better Sleep and Better Management of Sleep Disorders.* Guest Presenter for Social Work Grand Rounds, Columbia VA Health Care System. June 7, 2022 (virtual talk)
- Ye, L.** *Building a Program of Research and Leading Interdisciplinary Inquiries.* Invited speaker for Biotechnology, Health, and Innovation Research Center, Hungkuang University, Taiwan. May 11, 2022 (virtual talk)
- Ye, L.** *Engaging Partners to Promote Adherence to CPAP Treatment.* Research Cameo at Northeastern SON FOM. April 28, 2022.
- Ye, L.** *Engaging Partners to Promote Adherence to CPAP Treatment.* Invited speaker for Sleep and Circadian Grand Rounds, University of Pittsburgh Center for Sleep and Circadian Science. January 27, 2022 (virtual talk)
- Ye, L.** Boston College Grand Rounds, *Promoting Health through Better Sleep and Better Management of Sleep Disorders.* September 29, 2021.
<https://www.bc.edu/bc-web/schools/cson/about/traditions/Grand-Rounds.html>
- Li, W.[#] and **Ye, L.** *Digital Media Use and Sleep in College Students during COVID-19 Pandemic.* SLEEP 2021 the 35th Annual Meeting of the Associated Professional Sleep Societies (APSS), Virtual, June 10-13, 2021. *
- Ye, L.** and Li, W.[#] *Coping with Sleep Difficulties during the Pandemic.* Online webinar for Northeastern Students, March 18, 2021.
- Ye, L.** *Coping with Sleep Deficiencies during the Pandemic.* Invited virtual lunch session presentation by Northeastern Healthy Work Environment Taskforce, March 12, 2021
- Weaver, T. and **Ye, L.** *Patient Participation in Mask Selection.* ATS Workshop: Importance of Mask Selection on CPAP Outcomes. 2019 American Thoracic Society (ATS) International Conference, Dallas, Texas on May 18, 2019. *
- Ye, L.** Gordon C.M., Far, I.K., Jimison, H. *Supporting CPAP Adherence with a Mobile Couple-Oriented Self-Management Tool.* 2019 NINR Center Directors Meeting, Washington, D.C., May 7, 2019.
- Ye, L.** *Sleep Deficiencies in Urban Black/ African American Adults.* Institute on Urban Health Research Institute, Northeastern University. September 18, 2019.
- Ye, L.,** Owens, R.L., Dykes, P. *Individualized Sleep Promotion for Hospitalized Patients: Identifying and Mitigating Factors that Disturb Sleep.* 2018 American Thoracic Society (ATS) International Conference, San Diego, California. Mini Symposium on May 21, 2018. *
- Ye, L.** *ourCPAPkit: A Couple-focused Self-management Mobile Toolkit to Support Adherence to CPAP Treatment.* Part of the NUCare Symposium; The 2018 Gerontological Society of America Annual Scientific Meeting, Boston, MA, November 1, 2018. *
- Ye, L.** *ourCPAPkit: A Couple-focused Self-management Mobile Toolkit to Support Adherence to CPAP Treatment;* Research Cameo at Northeastern SON FOM in November 2018.

- Ye, L.** *Spousal Involvement in Adherence to CPAP Treatment*. Research Cameo at Northeastern SON FOM in January 2018.
- Ye, L.,** Kayser, K., Gautam, S., Malhotra, A., Patel, S.R. *Spousal Involvement in Adherence to CPAP Treatment*. SLEEP 2017 the 31st Annual Meeting of the Associated Professional Sleep Societies (APSS), Boston, MA, June 7, 2017. *
- Ye, L.,** Dykes, P. *A Sleep Promotion Toolkit for Hospitalized Patients. Third Annual Sleep & Symptom Research Symposium*. Yale Center for Sleep Disturbance in Acute & Chronic Conditions. West Haven, CT. April 28, 2017.
- Flaherty, E.,[#] Katigbak, C. Rowland, J.,[#] Gregas, M., and **Ye, L.** *Routine Exercise Positively Impacts Sleep in College Students*. Eastern Nursing Research Society 29th Annual Scientific Sessions, Philadelphia, Pennsylvania, April 6, 2017. *
- Ye, L.** *Sleep Promotion in Acute Care Hospitals*. In session Magnet Matters®: Nursing Research. 2016 Discover BWH (Brigham and Women's Hospital). November 10, 2016.
- Ye, L.** *A Sleep Promotion Toolkit for Hospitalized Patients*. BWH The Center for Patient Safety Research and Practice Executive Council Meeting. November 3, 2016.
- Ye, L.** Sunrise Seminar - *She Says I Snore: Using Bed Partners to Optimize CPAP Adherence*. 2016 American Thoracic Society (ATS) International Conference, San Francisco, California. May 16, 2016. *
- Ye, L.** *Evaluating Sleep for Patients in the Acute Care Hospital Setting*, part of the Symposium Presentation: Common Data Elements for Sleep Disturbance Research. Eastern Nursing Research Society 28th Annual Scientific Sessions, Pittsburgh, Pennsylvania, April 13, 2016. *
- Ye, L.** *Sleep Promotion in Acute Care Hospital*. Haley Forum at the 1st Annual Discover Brigham Day. Boston, MA, 2015.
- Shih, Y.,[#] McGauley, C.,[#] Johnston, H.,[#] **Ye, L.** *"Early Bird" or "Night Owl": College Students' Sleep Patterns*. Eastern Nursing Research Society 27th Annual Scientific Sessions, Washington, DC, April 17, 2015. *
- 3rd Place BS Poster Presentation at ENRS
 - 1st Prize Winner of Poster Presentation at the Annual Alpha Chi Research Day at Boston College Connell School of Nursing
- Ye, L.** *Clinical Phenotypes in Obstructive Sleep Apnea*. Annual China Sleep Research Conference, Shanghai, China, June 2015. *
- Ye, L.** *Clinical Research and Practice: Essential Partnership for Nursing Science*. West China Hospital, Chengdu, China, July 2015.
- Ye, L.,** Jeon, S.,[#] McGauley, C.,[#] Owens, R. *Sleeping Pills for Hospitalized Patients: Perceptions from Patients and Clinicians*. International Conference of the American Thoracic Society (ATS), San Diego, California, May 20, 2014. *
- Ye, L.,** Smith, A. *Developing and Testing a Sleep Education Program for College Nursing Students*. SLEEP 2014 28th Annual Meeting of the Associated Professional Sleep Societies (APSS), Minneapolis, Minnesota, June 4, 2014. *

- Anderson, E., # Jeon, S., # Lulloff, A., # Hormillosa, M., # Ye, L. *Nocturnal Care Interactions and Delirium in the ICU*. Eastern Nursing Research Society 26th Annual Scientific Sessions, Philadelphia, Pennsylvania, April 9, 2014. *
- Ye, L. *A Sleep Promotion Toolkit for Hospitalized Patients*. Brigham and Women's Hospital Research Day, Boston, Massachusetts, November 20, 2014. *
- Ye, L., Pien, G.W., Ratcliffe, S.J., Pack, A.I., Benediktsdottir, B., Gislason, T. *Different Clinical Faces of Obstructive Sleep Apnea: A Cluster Analysis*. SLEEP 2013 27th Annual Meeting of the Associated Professional Sleep Societies (APSS), Baltimore, Maryland, June 4, 2013. *
- Ye, L., Weaver, T. *Gender Differences in the Effect of Continuous Positive Airway Pressure Treatment on Blood Pressure*. SLEEP 2013 27th Annual Meeting of the Associated Professional Sleep Societies (APSS), Baltimore, Maryland, June 4, 2013. *
- Ye, L. Keane, K., # Johnson, S. H., # Dykes, P., and BWH Sleep Interest Group. *How Do Clinicians Assess, Communicate About, and Manage Patient Sleep in the Hospital?* Eastern Nursing Research Society 25th Annual Scientific Sessions, Boston, Massachusetts, April 15, 2013. *
- Ye, L. *Sleep in Hospitalized Elders*. Boston College Institute on Aging, Chestnut Hill, Massachusetts, April 25, 2013. *
- Ye, L. and Hormillosa, F. # *Importance of Sleep in Clinical Practice and Your Life*. Brigham and Women's Hospital Novice Class Day, Boston, Massachusetts, October 25, 2012.
- Ye, L. and McGrotty, R. # *Sleep Promotion in Adult Acute and Critical Care Settings*. Brigham and Women's Hospital Nursing Grand Rounds. Boston, Massachusetts, September 27, 2012.
- Ye, L. *Sleep and Aging. Education Program "Better with Age: Best Practice in the Care of Older Adults"* Brigham and Women's Hospital. Boston, Massachusetts, April 3, 2012.
- Ye, L., Malhotra, A., Arnedt, J.T., & Aloia, M. *Gender Differences in Adherence to Positive Airway Pressure Treatment in Obstructive Sleep Apnea*. SLEEP 2011 25th Annual Meeting of the Associated Professional Sleep Societies (APSS), Minneapolis, Minnesota, June 2011. *
- Ye, L. *Sleep Quality and Academic Performance in College Students*. Eastern Nursing Research Society 23rd Annual Scientific Sessions, Philadelphia, Pennsylvania, March 2011. *
- Ye, L. and Gerald Weinhouse. *Could Sleep Come Easily? Promoting Sleep in the ICU Patient, Using an Evidence Based Approach*. Brigham and Women's Hospital Critical Care Forum, The Current State of Critical Care Medicine. Boston, Massachusetts, November 3, 2011.
- Ye, L. *Sleep Disturbance in Hospitalized Patients*. Brigham and Women's Hospital Nursing Grand Rounds. Boston, Massachusetts, September 15, 2011.
- Ye, L., & Weaver, T.E. *Gender Differences in Response to CPAP Treatment in Obstructive Sleep Apnea*. Eastern Nursing Research Society 22nd Annual Scientific Sessions, Providence, Rhode Island, March 2010. *

- Ye, L.,** Pien, W.G., & Weaver, T.E. *Factors Impairing Functional Status in Milder Obstructive Sleep Apnea.* Eastern Nursing Research Society 21st Annual Scientific Sessions, Boston, Massachusetts, March 2009. *
- Ye, L.,** Pien, G.W., & Weaver, T.E. *Gender Differences in Mood Disturbances in Patients with Obstructive Sleep Apnea.* SLEEP 23rd Annual Meeting of the Associated Professional Sleep Societies (APSS), Seattle, Washington, June 2009. *
- Ye, L.** *Gender Differences in Obstructive Sleep Apnea.* Sleep Disorders Program in the Division of Sleep Medicine, Brigham and Women's Hospital. Boston, Massachusetts, September 2008.
- Ye, L.,** Maislin, G., Pack A.I., Hurley S. Dinges D. F., McCloskey S., & Weaver, T.E. *Predictors of Continuous Positive Airway Pressure Use during the First Week of Treatment.* Worldsleap07 - 5th World Congress of the World Federation of Sleep Research and Sleep Medicine Societies, Cairns, Queensland Australia, March 2007. *
- Ye, L.,** Pack, A., Dinges, D., Weaver, T.E., & Multisite Group. *Gender Differences in Treatment Response to Continuous Positive Airway Pressure in Obstructive Sleep Apnea.* SLEEP 2007 21st Annual Meeting of the Associated Professional Sleep Societies (APSS), Minneapolis, Minnesota, June 2007. *
- Ye, L.,** Weaver, T.E., Liang, Z. *Influencing Factors of Daytime Sleepiness in Obstructive Sleep Apnea.* Eastern Nursing Research Society 19th Annual Scientific Sessions, "Building Communities of Scholarship and Research," Providence, Rhode Island, April 2007. *
- Ye, L.,** Pack, A.I., Dinges, D.F. Weaver, T.E., and Multisite Group. *Gender Differences in Daily Functioning in Patients with Obstructive Sleep Apnea.* International Conference of the American Thoracic Society (ATS), San Diego, California, May 2006. *
- Ye, L.,** Weaver, T.E., Liang, Z. *Predictors of Quality of Life in Chinese Patients with Obstructive Sleep Apnea.* SLEEP 2006 20th Annual Meeting of the Associated Professional Sleep Societies (APSS), Salt Lake City, Utah, June 2006. *
- Ye, L.,** etc. *Generations: A Walk through the Past, Present, and Future of Nursing.* Special Session Presentation at 38th Biennial Convention of Sigma Theta Tau International, Honor Society of Nursing, Indianapolis, Indiana, October 2005. *

GRANTS

External Grants _ Funded

1R01HL160836 NIH/ NHLBI Ye (PI) 02/05/2022 – 01/31/2027

OurSleepKit: A Couple-focused m-Health Intervention to Support Adherence to CPAP Treatment (\$3,533,122)

Our interdisciplinary team has developed a prototype of *OurSleepKit*, which is an innovative couple-focused mobile health tool to promote CPAP adherence. *OurSleepKit* aims to coach mutual engagement and model positive partner involvement in CPAP treatment, thus motivating greater CPAP adherence. The goal of this R01 project is to use a participatory approach to refine *OurSleepKit* and comprehensively evaluate both its effect on CPAP adherence and user engagement.

Role: PI

1R01AG083179 NIH-NIA Zhang/Ye (MPI) 08/15/2023– 04/30/2026
Impact of federal policies on disparities at the end of life care among nursing home residents with Alzheimer's diseases or related dementia

The project's overall goal is to improve end-of-life health equity for nursing home (NH) residents with Alzheimer's disease and related dementia (ADRD). The aims for this R01 proposal are to identify the effects of IMPACT on racial disparities in hospice care in NH residents with ADRD, and to characterize subgroups that are most likely to experience inadequate hospice care.

Role: MPI

NUCare Pilot Grant (P20NR015320) NIH-NINR Ye (PI) 2018 – 2019
Developing a Couple-oriented Self-management Tool to Improve Adherence to PAP Treatment (\$20,000+ direct cost)

The overall goal of this project is to develop a prototype of a couple-orientated self-management tool delivered by a mobile app to support adherence to positive airway pressure (PAP) treatment for individuals with obstructive sleep apnea (OSA) and their partners.

Role: Pilot project PI

R21 HS024330 AHRQ Ye (PI) 9/30/2015 – 9/29/2018
A Sleep Promotion Toolkit for Hospitalized Patients (\$297,576)

The major goals of this project are to refine and test a sleep promotion toolkit (*SLEEPkit*) in an acute hospital setting to use health IT to address two major gaps in the literature. First, inadequate communication and a lack of guidance in how to assess and manage patient sleep. Second, use of the RE-AIM framework to address external validity or generalizability concerns in the context of health IT research. Findings of this project will inform further development and refinement of the *SLEEPkit*, which aims not only to improve inpatient sleep but also to be well integrated to clinical and patient workflow.

Role: PI

R15 NR013274 NIH-NINR Ye (PI) 06/05/2013 – 05/31/2016
Spousal Involvement in Adherence to CPAP Treatment (\$418,924)

The goal of this study is to examine the role of spousal involvement in adherence to CPAP therapy, which will serve to inform the development of an effective and sustainable intervention that will improve CPAP adherence.

Role: PI

Haley Nurse Scientist Award Ye (PI) 10/01/2010 – 12/31/2015
Sleep in Acute Care Hospital Setting

This award supports research related to inpatient sleep and to engage and mentor clinical nurses in research at Brigham and Women's Hospital (\$130,000+ direct cost)

Role: PI and sponsored research scientist

American Academy of Sleep Medicine Foundation Educational Projects Award Ye (PI)
2012 – 2013

Developing and Testing a Sleep Education Program for College Nursing Students (\$75,000)

Role: PI

Sigma Theta Tau International/ Virginia Henderson Clinical Research Grant

Ye (PI) 2010 – 2011

Effect of Gender on Adherence to CPAP Treatment in Obstructive Sleep Apnea (\$5,000)

Role: PI

Dissertation Award(s) Ye (PI) 2006 – 2008

American Nurses Foundation (\$5,000)

Eastern Nursing Research Society/ Council for Advancement of Nursing Science (\$4,000)

Sigma Theta Tau International Honor Society of Nursing Xi Chapter (\$1,000)

Gender Differences in Baseline Functional Status and Response to Continuous Positive Airway Pressure in Milder Obstructive Sleep Apnea

Role: PI

Internal Grants as PI _ Funded

College of Arts, Media and Design Seed Grant Ye/Arnold Mages/ Fu 2023-2024

Leveraging AI and Dyadic Design to Address Under-diagnosis of Obstructive Sleep Apnea (\$10,000)

The goal of this study is to leverage AI to address under-diagnosis of obstructive sleep apnea.

Advancing Health Equity Pilot Project Awards Ye (PI) 2019 – 2021

Institute for Health Equity and Social Justice Research, Northeastern University

Sleep Deficiencies in Urban Black/African American Adults (\$5,000)

The goal of this study is to identify modifiable individual, social, and societal factors that contribute to sleep deficiencies, which will lay a foundation for future interventions to improve sleep and reduce health disparities in Black/African Americans.

Boston College Ignite Award Ye (PI) 06/01/2015 – 05/31/2017

A Sleep Promotion Toolkit (\$30,000)

The goal of this project is to develop the prototype of the sleep promotion toolkit (SLEEPkit) for hospitalized patients.

Aging Research Incentive Grant

Institute on Aging, Boston College Ye (PI) 07/01/2011 – 06/30/2014

Sleep Disturbing Factors and Strategies to Improve Sleep in Hospitalized Elders (\$70,000)

The goal of this study was to examine factors that disturb sleep and identify strategies to improve sleep in hospitalized elders, with the goal of informing the development of a sleep promotion toolkit as part of routine clinical practice.

Boston College Teaching, Advising, and Mentoring (TAM) Grant Ye (PI) 2012 – 2013

Developing and Testing a Sleep Education Program for College Nursing Students (\$10,000)

Boston College Research Incentive Grant Ye (PI) 2009 – 2010

2021 Fall NRSRG 7755 Intervention Research: Development, Implementation, and Evaluation
2021 Summer NRSRG 5126 Pathophysiology for Advanced Practice
2021 Spring NRSRG 5120 Statistics for Health Science
Faculty Sponsor for the new XN extra-curricular interdisciplinary course
HLTH 5964 Sleep and Health: Building a Sleep-promotion Toolkit for
College Students
2021 Spring NRSRG 7712 Quantitative Research Methods
2020 Fall NRSRG 5120 Statistics for Health Science
2020 Fall NRSRG 5126 Pathophysiology for Advanced Practice
2020 Spring NRSRG 7755 Intervention Research: Development, Implementation, and
Evaluation
2019 Fall NRSRG 5126 Pathophysiology for Advanced Practice
2019 Spring NRSRG 7755 Intervention Research: Development, Implementation, and
Evaluation
2018 Fall NRSRG 5126 Pathophysiology for Advanced Practice
2018 Spring NRSRG 7755 Intervention Research: Development, Implementation, and
Evaluation
2017 Fall NRSRG 5126 Pathophysiology for Advanced Practice

Boston College

2017 Spring NURS 7672 Pathophysiologic Processes_ Graduate (Teacher of Record,
TOR)
2016 Fall NURS 7672 Pathophysiologic Processes_ Graduate (TOR)
2015 Fall NURS 7672 Pathophysiologic Processes_ Graduate (TOR)
NURS3242 Adult Health II Theory
2015 Spring NURS 7672 Pathophysiologic Processes_ Graduate (TOR)
2014 Fall NU 672 Pathophysiologic Processes (TOR)
2014 Spring NU 672 Pathophysiologic Processes
2013 Fall NU 672 Pathophysiologic Processes (TOR)
NU 524 Master's Research Practicum
2013 Spring NU 672 Pathophysiologic Processes (TOR)
NU 299 Directed Independent Study
2012 Fall NU 672 Pathophysiologic Processes
NU 121 Health Assessment Lab
2012 Spring NU 672 Pathophysiologic Processes
NU 230 Adult Health I
2011 Spring NU 672 Pathophysiologic Processes (TOR)
NU 230 Adult Health I
2010 Fall NU 672 Pathophysiologic Processes (TOR)
NU 230 Adult Health I
2010 Spring NU 672 Pathophysiologic Processes (TOR)
NU 230 Adult Health I
NU 121 Health Assessment Lab
2009 Fall NU 230 Adult Health I
NU 121 Health Assessment Lab
NU 672 Pathophysiologic Processes

2009 Spring	NU 524 Master's Research Practicum (Independent Study) NU 230 Adult Health I NU 121 Health Assessment Lab NU 672 Pathophysiologic Processes
2008 Fall	NU 230 Adult Health I NU 121 Health Assessment Lab

Guest Lectures (selected)

2020 – 2022	<i>Sleep and Sleep Disorders, in Health Promotion, Adult/ Gero Primary Care NP, Northeastern University</i>
2009 – 2013	<i>Respiratory Medication, in NU 420 Pharmacology & Advanced Nursing Practice, Boston College</i>
2013 – 2016	<i>Building a Research Career, in NU 712 Nursing Science Processes and Outcomes, Boston College</i>
2015 – 2016	<i>Sleep and Sleep Disorders, in NURS 7450 Women & Children's Health Advanced Practice Theory, Boston College</i>

Advisory / Mentoring

Northeastern University

2024 – 2025	Faculty Mentor, undergraduate student Keshav Gowthaman, The PEAK Experience Ascent Award
2023 – 2024	Faculty Mentor for Dr. Thea Vo, Postdoc Fellow, Future Faculty Fellowship Program
2022 – 2023	Faculty Mentor for Dr. Jie Zhong, Postdoc Fellow
2023 –	Faculty co-mentor, Chenfei Yu, PhD student in CAMD Interdisciplinary PhD Program
2022 – 2024	Dissertation Chair, PhD candidate <i>Celsea Tibbitt</i> - <i>Dissertation committee member starting in 2023 summer</i>
2021 – 2024	Dissertation Chair, PhD candidate <i>Cynthia Orofo</i> - <i>Dissertation committee member starting in 2023 summer</i>
2022 – 2024	Dissertation Committee Member, PhD student <i>Mike Miller</i>
2020 – 2021	Dissertation Committee Member, PhD student <i>Jessica Kendrick</i>
2020 – 2022	Faculty Mentor, undergraduate student <i>Winnie Li</i> (Health Sciences) <ul style="list-style-type: none">• The <i>PEAK Experience Ascent Award</i>; Capstone Project: Digital Media Use and Mental Health in College Students; Northeastern Huntington 100 award winner
2018 – 2020	Dissertation Committee Member, PhD student <i>Susan Maher</i>
2020	Committee Member, PhD student <i>Maggie Eaton</i> Comp Exam
2019	Committee Member, PhD student <i>Erin Howard</i> Comps Exam
2019 – present	Faculty Mentor, Health Equity Interns from Institute for Health Equity and Social Justice Research (over 10 undergraduate or graduate students from various majors) <ul style="list-style-type: none">• Current Interns in Spring 2024: Sam Page; Keshav Gowthaman
2017 November	Guest Speaker: Understanding the Importance of Sleep (Working with Dr. Shan Mohammed in the Northeastern undergraduate residence halls)

- 2017 – present Faculty Mentor – Master’s Research Practicum NRS 7110, over 10 students mentored, selected student achievements:
- *Aleksandra Karosas*: 1st author publication in *Journal of American College Health* and Northeastern Huntington 100 award winner.
- Boston College***
- 2009 – 2017 Faculty Advisor for Undergraduate Advisee
- 2009 – 2017 Faculty Mentor – Undergraduate Research Fellows (UGRFs) and Undergraduate Independent Study; selected student achievements:
- *Yvonne Shih, Colleen McGauley, Heather Johnston*: 3rd Place BS Poster Presentation at ENRS 2015 annual research conference (April 2015, Washington, DC), and First-Prize Winner of Poster Presentation at the Annual Alpha Chi Research Day at Boston College Connell School of Nursing – “Early Bird” or “Night Owl”:
College Students’ Sleep Patterns
 - *Ashley Stewart*: First-Prize Winner of Poster Presentation at the Annual Alpha Chi Research Day at Boston College Connell School of Nursing, May 1st, 2013 – “Sleep Disturbance Factors During Hospital Stay: Perceptions from Patients and Clinicians”
 - *Michael Manasia*: selected to present a poster at ENRS 2011 annual meeting, Philadelphia, PA; oral presentation at University Undergraduate Research Day, 2011 February; and co-authored publications
- 2009 – 2017 Faculty Mentor – Master’s Research Practicum; selected student achievements:
- *Eileen Johnson*: selected to present a poster at ENRS 2014 annual meeting, Philadelphia, PA
 - *SangMi Jeon*: poster presentation at *International Conference of the American Thoracic Society (ATS)*, San Diego, CA, 2014
- 2011 – 2017 Faculty Advisor / Supervisor – Doctoral Students
- *Stacy Johnson* (2011–2013, University Doctoral Research Fellow)
 - *Kathleen Keane* (2011–2013, Research Assistant)
 - *Mary Antonelli* (2014–2016, University Doctoral Research Fellow)
 - *Erin Flaherty* (2016–2017, University Doctoral Research Fellow)
 - Poster presentation “Routine Exercise Positively Impacts Sleep in College Students”, Flaherty, E., Katigbak, C. Rowland, J., Gregas, M., and Ye, L. Selected to be the graduate poster representing Boston College at ENRS
- 2011 Faculty Advisor – Advanced Study Grants
- *Terry Bustos*: Health Care Policy in a Developing Country: To support research and clinical practice in urban and rural Philippines.
 - *Stephanie Mui*: In Pursuit of Cultural Competence: To support clinical practice and research on complementary and alternative therapies in Beijing.
- 2012 – 2017 Faculty Mentor – Keys to Inclusive Leadership in Nursing Program

Undergraduate mentee

- *Emily Luu* (2016–2017)
- *Colleen McGauley* and *Thien Bui* (2013–2016)
- *Cindy Cao, Maeghan Dillon, and Colleen McGauley* (2012–2013)

Other Teaching/ Mentoring Experience

2013 – 2015	Dissertation Committee Member Kathleen J. Menard, University of Massachusetts Worcester Graduate School of Nursing Title of dissertation: Self-regulation Experience of Women with a Diagnosis of Obstructive Sleep Apnea (OSA)
2005 – 2008	Teaching Assistant University of Pennsylvania School of Nursing, Philadelphia, PA

SERVICE & PROFESSIONAL DEVELOPMENT

Service to the Institution

Northeastern University

2024 –	Member, Bouvé College APT Committee
2024 –	Member, School of Nursing TT/T Faculty Search Committee
2023 –	School of Nursing Promotion & Tenure Committee
2022 –	Member, Institutional Review Board (IRB), Northeastern University
2022 – 2023	Member, Research Policy Oversight Committee (PROC), Northeastern University Faculty Senate
2022	Member, School of Nursing Dean Search Committee
2020 – 2023	Chair, School of Nursing Tenured/Tenure Track Faculty Search Member, School of Nursing Faculty Recruitment & Search Committee
2019 – 2023	Member, Bouvé College APT Committee (tenured subcommittee)
2021 – 2022	Member, SON-DPHSS Joint Search Committee
2021 – 2023	Member, School of Nursing Merit Review Committee Member, School of Nursing Promotion & Tenure Committee
2020 – 2021	Chair, School of Nursing PhD Program Committee
2019 – 2021	Member, School of Nursing PhD Program Committee
2018 – 2021	Member, Bouvé College Sabbatical and Merit Review Committee
2019	Member, Chair for Applied Psychology Search Committee, Bouvé College of Health Sciences
2017 –	Member, Sigma Theta Tau Gamma Epsilon Chapter Research Committee
2017 – 2019	Chair, School of Nursing Research & Scholarship Committee
2017 – 2019	Member, School of Nursing Promotion & Tenure Committee
2017 –	Faculty Scholar, Institute for Health Equity and Social Justice Research

Boston College William F. Connell School of Nursing

2016 – 2017	Faculty Search Committee member
2015 – 2016	Bachelorette Program Committee member

2014 – 2015	Academic Technology Committee Chair
2013 – 2014	Academic Technology Committee member
2013 – 2017	Colleagues Enhancing Research Committee (CERes) member
2013	Faculty Marshall, University Commencement
2012 – 2013	Faculty Affairs Committee member
2012 Spring	Educational Policy Committee member
2011 – 2012	Search Committee Member for Associate Dean for Graduate Programs
2010 – 2013	Faculty Advisor, Graduate Nurse Association
2010 – 2017	Grievance Committee member
2010	Committee Chair, Multidisciplinary PhD Research Day
2009 – 2011	PhD Program Committee member
2008 – 2017	Peers Advancing Scholarship and Support (PASS) member

Service to the Profession and Community

Expert Consultant / Scientific Review / Advisory Board

2024 – present	Grant Reviewer for NIH Health Services and Systems Special Emphasis Panels
2022 – present	Grant Reviewer for NIH Respiratory Sciences Small Business Activities Special Emphasis Panel
2022	Grant Reviewer for NIH special emphasis panel on Biobehavioral Medicine and Health Outcomes
2023 – 2024	Faculty Reviewer for the 2023-2024 Sleep Research Program for Advancing Careers (SOAR), American Academy of Sleep Medicine Foundation
2021 – present	Advisory Board Member of Biotechnology, Health, and Innovation Research Center, Hungkuang University, TaiWan
2019	Clinical Expert Consultant, Creative Playground hosted by Philips Sleep and Respiratory Care Business, Philips Research North America
2018 –	Reviewer, Sigma Theta Tau International Gamma Epsilon Chapter Gamma Scholar Research Award
2015 – present	Expert consultant, West China Hospital & West China Medical Center School of Nursing, Chengdu, China
2015 – 2016	Member, Scientific Advisory Council American Thoracic Society
2016	Member, BC Talks Aging Advisory Board BC Talks Aging: Boston College Institute on Aging and the Hartford Center of Excellence in Geriatric Social Work. <i>Sleep During Hospitalization</i> , and <i>Poor Sleep is Not a Normal Part of Aging</i> . http://www.bc.edu/centers/iaa/videos/sleep.html
2011	Member of Expert Stakeholder Panel: AHRQ-sponsored project “ <i>Future Research Needs in the Treatment of Obstructive Sleep Apnea</i> ,” Tufts Evidence-based Practice Center. Report: http://www.effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayProduct&productID=955

Journals Reviewers/ Editorial Boards

2008 – present *Peer reviewer for the following journals:*
Sleep
Sleep Health
Journal of Clinical Sleep Medicine
Journal of Sleep Research
Sleep Medicine
Sleep Medicine Reviews
Behavioral Sleep Medicine
Sleep and Breathing
European Respiratory Journal
Journal of General Internal Medicine
PLoS ONE
Hispanic Health Care International
Japan Journal of Nursing Science
Heart & Lung: The Journal of Acute Critical Care
Western Journal of Nursing Research
Health Psychology

2019 – Editorial Board Member
Journal of Korean Academy of Fundamentals of Nursing

Professional Leadership & Affiliations

2022 – Fellow, American Academy of Nursing
2022 – Mentor, American Thoracic Society Nursing Mentorship Program
2022 – 2023 Elected Member, Assembly on Nursing Nominating Committee,
American Thoracic Society
2022 – 2025 Member, American Academy of Sleep Medicine Foundation Research
Career Development Committee
2022 – 2023 Chair, Marketing/Sponsorship committee for the WANS/AAPINA (World
Academy of Nursing Science /Asian American Pacific Islander Nurses'
Association)'s Annual Conference
2016 – Member, American Nurses Association Massachusetts
2019 – Member, American Thoracic Society
2015 – 2016 Member, American Thoracic Society Scientific Advisory Council
2013 – 2016 Committee Member, Sleep Research Society Membership and
Communications Committee
2009 – Member, American Academy of Sleep Medicine
2008 – Member, Council for Advancement of Nursing Science
2005 – Member, Sleep Research Society
2005 – Member, Eastern Nurse Research Society
- Awards Committee Member (2009 – 2010)
- Awards Committee Co-Chair (2010 – 2011)
2004 – present Member, Sigma Theta Tau International Honor Society of Nursing
(Xi Chapter)

Professional Development

- 2015 October Selected Participant, “Sleep, Circadian Rhythms, and Aging: New Avenues for Improving Brain Health, Physical Health and Functioning,” sponsored by the National Institute on Aging and the American Geriatrics Society (AGS)
- 2013 July Fatigue and Sleep Methodologies Boot Camp, National Institute of Nursing Research, NIH, Bethesda, MD
- 2013 March Harvard Catalyst - Understanding Biomarker Science: From Molecules to Images
- 2011 Harvard Catalyst Certificate in Applied Biostatistics
- 2009 November Introduction to Clinical Investigation course, Harvard Catalyst
- 2008 Certificate of Completion of Approved Online Course “Sleep and Chronobiology for Psychiatric Nurses,” American Psychiatric Nurses Association (Completed 11.30.08. Course Number LA07-6-201-121)

updated on 07/28/2025