

Education			Year
Doctor of Philosophy, (Nursing), Endicott College, Beverly, MA			2018
Master of Science, (Nursing), Salem State University, Salem, MA			2012
Associate of Science, (Nursing), Regis College, Weston, MA			2006
Master of Arts, (Criminal Justice), Anna Maria College, Paxton, MA			1996
Bachelor of Arts, (Psychology), UMass Lowell, Lowell, MA			1994
Certificate and Licensure			Years
Massachusetts Registered Nurse			2006-
Basic Life Support Provider			2008-
Board Certified Psychiatric Mental Health Nursing			2012-
Academic Appointments			
Title	Institution	City, State	Years
Associate Clinical Professor	Northeastern University	Boston	2024
Associate Clinical Professor	Merrimack College	North Andover, MA	2021-2023
Professor of Practice	Assumption University	Worcester, MA	2021-2021
Associate Professor	Endicott College	Beverly, MA	2015-2021
Assistant Professor	Regis College	Medford, MA	2012-2015
Clinical Appointments			
Title	Institution	City, State	Years
Registered Nurse	McLean Hospital Addiction Treatment Psychotic Disorder Division ECT Clinic Nursing Education	Belmont, MA	2007 -
Registered Nurse	Lahey Clinic Orthopedics & Neurosurgery	Burlington, MA	2006-2007
Honors and Awards			Year
Award/Honor Malden Hospital School of Nursing Scholarship Fund Honoring Sharon Milne			2018

Malden Hospital Alumni Graduate Scholarship 2016

Marguerite Conrad Teaching and Mentoring Award, McLean Hospital 2011

Poster Award 2019

ANA Spring Conference
Understanding Moral Distress Among Psychiatric Nurses

Grants

Ipswich Incorporated
Title: Waverley Place Healthy Lifestyles Initiative Total: \$4,467.70
Role: Investigator
Year Awarded: 2012 (Partially Funded)

Presentations and Abstracts

1. **Milne, S. & Adelung, M** (2023). Teaching Trauma Informed Approach as a Universal Precaution. Poster presented at: The Association of Schools Advancing Health Professions Fall Conference; October 2023; Fort Lauderdale, FL.
2. Visaggio, N., Phillips, K. **Milne, S.**, McElhinney, & Young, S. (2020). The Restraint Chair: A Qualitative Study of Nurses' Experience with the Restraint Chair Versus Four-Point Restraint. Presented at: The 34th Annual American Psychiatric Nurses Association Conference, October 2020, Virtual.
3. **Milne, S.** (2018). Understanding Moral Distress Among Psychiatric Nurses. Poster presented at: The 33rd Annual American Psychiatric Nurses Association Conference, October 2019, New Orleans, LA.
4. **Milne, S.** (2018). Understanding Moral Distress Among Psychiatric Nurses. Poster presented at: The American Nursing Association Conference, March 2019, Cambridge, MA
5. **Milne, S.**, Mitsakis, C., McManus, K., & Nasser B. (2017). Closing the Gap: Educating Students on the Concepts of Moral Distress, Compassion Fatigue and End of Life Care Through Simulation. Poster presented at: Eastern Research Nursing Society. April 2017; Philadelphia, PA.
6. **Milne, S.**, Cronin J., & Mitsakis, C. (2012). Investigating the Levels of Moral Distress in Emergency Room Nurses. Poster presented at: Salem State University Graduate Research Day. May 2012; Salem, MA.
7. **Milne, S.**, Cronin J., & Mitsakis, C. (2012). Investigating the Levels of Moral Distress in Emergency Room Nurses. Poster presented at: Christine Cameron Nursing Research Symposium. April 2012; Woburn, MA

Publications

1. Visaggio, N., Phillips, K. E., **Milne, S.**, McElhinney, J., & Young, S. C. (2020). The restraint chair: A qualitative study of nurses' experience with the restraint chair versus four-point restraint. *Archives of psychiatric nursing*, 34(1), 2–6. <https://doi.org/10.1016/j.apnu.2019.12.009>
2. **Milne, S.** (2018). *Understanding moral distress among psychiatric nurses*. [Doctoral Dissertation, Endicott College, ProQuest].

Research in Progress

1. **Milne, S.** & Adelung, M. (n.d) The perceived impact of simulation to teach trauma informed care.

Educational Activities

Courses Taught, Merrimack College

NUR2500 Mental Health Nursing

NUR3650 Mental Health Nursing Clinical

NUR4500 Capstone Synthesis

NUR4550 Capstone Preceptorship

Courses Taught, Endicott College- MSN Program

NUR525 Theoretical Foundations for Advanced Nursing Practice

NUR565 Teaching Methods: Principles of Teaching

NUR574 Nursing Research I: Methods

NUR575 Nursing Research II: Project

Courses Taught, Endicott College- BSN Program

NU210 Fundamentals

NU210L Fundamentals Clinical

NU306 Nursing Research

NU316 Psychosocial Nursing

NU316L Psychosocial Nursing Clinical

NU400 Nursing Internship and Seminar

NU411 Community Population Health

NU411L Community Population Health Clinical

NU420 NCLEX Test Preparation

NU489 Senior Thesis I

NU490 Senior Thesis I

Courses Taught, Endicott College- RN-BSN Program

NU305 Role Transition

NU306 Nursing Research

NU408 Leadership and Management

NU411 Community Population Health

NU489 Senior Thesis I

NU490 Senior Thesis I

Courses Taught, Northeastern University

NRSG3400 Nursing and the Promotion of Mental Health

Courses Taught, Massachusetts General Hospital Institute of Health Professions

NS511 Biobehavioral Principles and Theories

NS663 Biobehavioral Principles and Theories

Courses Taught, Regis College- Doctor of Nursing Practice

NU710 Health Care Informatics

Dissertation Advising

Committee Member: “The Lived Experiences of Novice Nurses Caring for Patients with Substance Use Disorders: A Hermeneutic Phenomenological Study” Molly Regan, Endicott College. Degree Pending.

Committee Member: “The Lived Experience and Meaning of Resilience in the Setting of Chronic Illness and Low Resource Communities of African Americans” Tara Moore, Endicott College. Degree Awarded May 2023.

Committee Member: “Experiences, Attitudes, and Perceptions of Female Adjunct Clinical Instructors Teaching Male Pre-Licensure Nursing Students” Amanda Shilo, Endicott College. Degree Awarded May 2021.

Committee Member: “The Lived Experience of Patient Adaptation to Closed-loop Insulin Pump” Chrystina Manero, Endicott College. Degree Awarded May 2021.

Chair: “Perceptions of Competency in Nursing Care of the Psychiatric Patient: A Comparative Study of Acute Care and Emergency Department Nurses Using Mixed Method” Valery Seney, Endicott College. Degree Awarded May 2020.

Graduate Student Precepting

Fall 2020 Nursing Education Master’s Practicum, University of Southern New Hampshire

Spring 2020 Global Health Nursing, Endicott College: Kerri Conneely

Spring 2018 Nursing Education Master’s Practicum, Endicott College: Kaela Craven

Professional Memberships and Activities

Role	Organization
Member	American Nurses Credentialing Center (ANCC)
Member	Eastern Nurses Research Society (ENRS)
Member	American Psychiatric Nurses Association (APNA)
Member	American Nurses Association (ANA)
Member	Sigma Theta Tau Chi Epsilon Chapter
Member	National League of Nursing

Professional Reviewer Activities

Peer Reviewer	<i>Journal of Child and Adolescent Psychiatric Nursing</i>	2023-
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Institutional Service

(d) designates departmental committees, (c) designates college wide committees, (h) designates hospital-based committees

Role	Committee	Institution	Years
Member	Research Council (h)	McLean Hospital	2015-2020
Member	Nursing Education Committee	McLean Hospital	2008-
Member	Curriculum Committee (d) AACN Essentials Champion	Merrimack College	2021-
Member	Nursing Leadership Council (d)	Merrimack College	2021-
Member	Nursing Departmental Committee (d)	Merrimack College	2021-
Member	Faculty Search Committees (d)	Merrimack College	2021-
Member	MSN Program Development (d)	Merrimack College	2022-
Member	CCNE Accreditation Committee (d) Co-Author Standard II	Merrimack College	2021-
Member	Nursing Departmental Committee (d)	Endicott College	2015-2021
Member	Curriculum Committee (d)	Endicott College	2015-2021
Liaison	MSN Program IRB	Endicott College	2017-2021

Service

Volunteer	Waverly Place Belmont, MA Provided in-services and groups for individuals with chronic and persistent mental illness.	2010-2019
Volunteer	Red-Cross Blood Drive, Burlington, MA	2014
Volunteer	Traveled with BSN Students to Haiti to provide nursing care	2016
Volunteer	Team Leader for Out of the Darkness Walk for Suicide Prevention	Annually