

## Curriculum Vitae

**Ann Polcari, Ph.D., PMHCNS-BC**

Northeastern University

Bouve College of Health Sciences

School of Nursing

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Curriculum Vitae

Updated 11/10/2023

## EDUCATION/EMPLOYMENT HISTORY

### Education

Doctor of Philosophy, 2000  
Boston College, Graduate School of Nursing

Master of Science, 1990  
Boston College, Boston, Massachusetts  
Major: Nursing, Psychiatric Mental Health

Bachelor of Science, 1983  
University of Massachusetts at Lowell  
Lowell, Massachusetts  
Major: Nursing

### Employment History

2022-Present	Psychiatric Mental Health CNS, Private Practice, South Easton, MA
2016-Present	Associate Clinical Professor, School of Nursing, Bouve College of Health Sciences, Northeastern University, Boston, MA
2010-2015	Assistant Professor, School of Nursing, Bouve College of Health Sciences, Northeastern University, Boston, MA
2009-2010	Part-Time Assistant Clinical Professor, School of Nursing, Bouve College of Health Sciences, Northeastern University, Boston, MA
2009-2021	Research Associate, Developmental Biopsychiatry Research Program, McLean Hospital, Belmont, MA

2005-2009	Associate Director of the Developmental Biopsychiatry Research Program, McLean Hospital, Belmont, MA
1994-2004	Coordinator of Clinical Studies, Developmental Biopsychiatry Research Program, McLean Hospital, Belmont, MA
1993-1998	Psychiatric Nurse, Per Diem, Boston Regional Medical Center, Stoneham, MA
1992-1993	Clinical Nurse Manager, Adolescent Acute Psychiatric Care Unit, McLean Hospital, Belmont, MA
1990-1992	Inpatient Psychiatric Nurse Educator for Child and Adolescent Units, McLean Hospital, Belmont, MA
1985-1990	Pediatric/Psychiatric Staff Nurse, McLean Hospital, Belmont, MA
1983-1985	Pediatric Staff Nurse, Lawrence Memorial Hospital, Medford, MA

### **Certification and Licensure**

1995-Present	Board Certified/ Psychiatric Clinical Nurse Specialist, Adult American Nurses Credentialing Center
1993-Present	Board Certified/ Psychiatric Clinical Nurse Specialist, Child/Adolescent American Nurses Credentialing Center
1983-Present	Registered Nurse, Massachusetts

### **Professional Experience/Appointments**

1995-2021	Appointment to the Professional Staff, Clinical Privileges, McLean Hospital, Research Associate, McLean Hospital, Belmont MA
2016-2017	Assistant Dean of Undergraduate Programs, School of Nursing, Northeastern University, Boston MA
2006-2016	Instructor in Psychiatry, Harvard Medical School
2005-2009	Associate Director, Developmental Biopsychiatry Research Program, McLean Hospital, Belmont, MA
2001-2011	Voting Member, McLean Hospital Institutional Review Board for the Protection of Human Subjects

## SCHOLARSHIP/RESEARCH

### Refereed Articles

Faedda G, Ohashi K, Hernandez M, McGreenery CE, Grant M, Baroni A, **Polcari A**, Teicher MH. (2016) Actigraph measures discriminate pediatric bipolar disorder from attention-deficit hyperactivity disorder and typically developing controls. *Journal of Child Psychology and Psychiatry* 57:6 (2016), pp 706–716 doi:10.1111/jcpp.12520

Teicher, M., Ohashi, K., Lowen, S., **Polcari, A.**, Fitzmaurice, G. (2015) Mood Dysregulation and Affective Instability in Emerging Adults with Childhood Maltreatment: An Ecological Momentary Assessment Study. *Journal of Psychiatric Research*. Volume 70: 1-8 doi:10.1016/j.jpsychires.2015.08.012

Kahn, A., McCormack, H., Bolger, E., Vitaliano, G., McGreenery, C., **Polcari, A.** & Teicher, M. (2015) Childhood Maltreatment, Depression and Suicidal Ideation: Critical Importance of Parental and Peer Emotional Abuse During Developmental Sensitive Periods in Males and Females. *Frontiers in Psychiatry*. 04/2015; 6. doi: 10.3389/fpsy.2015.00042

**Polcari, A.**, Rabi, K, Bolger, E, & Teicher, M. H. (2014) Parental Verbal Affection and Verbal Aggression in Childhood Differentially Influence Psychiatric Symptoms and Wellbeing in Young Adulthood. *Child Abuse & Neglect*, Volume 38 (1) 91-102 doi: 10.1016/j.chiabu.2013.10.003. <http://dx.doi.org/10.1016/j.chiabu.2013.10.003>

Teicher, M. H., Anderson, C. M., Ohashi, K. & **Polcari, A.** (2013). Childhood Maltreatment: Altered Network Centrality of Cingulate, Precuneus, Temporal Pole and Insula. *Biological Psychiatry* 10/2013; 76(4). DOI: 10.1016/j.biopsych.2013.09.016

Tomoda, A., **Polcari, A.**, Anderson, C. M., & Teicher, M. H. (2012). Reduced visual cortex gray matter volume and thickness in young adults who witnessed domestic violence during childhood. *PLoS One*, 7(12), e52528. doi:10.1371/journal.pone.0052528

Teicher, M. H., **Polcari, A.**, Fourligas, N., Vitaliano, G., & Navalta, C. P. (2012). Hyperactivity persists in male and female adults with ADHD and remains a highly discriminative feature of the disorder: a case-control study. *BMC Psychiatry*, 12, 190. doi: 10.1186/1471-244X-12-190

Teicher, M. H., Anderson, C. M., & **Polcari, A.** (2012). Childhood maltreatment is associated with reduced volume in the hippocampal subfields CA3, dentate gyrus, and subiculum. *Proc Natl Acad Sci U S A*, 109(9), E563-572. doi:10.1073/pnas.1115396109

Choi, J., Jeong, B., **Polcari, A.**, Rohan, M. L., & Teicher, M. H. (2012). Reduced fractional anisotropy in the visual limbic pathway of young adults witnessing domestic

violence in childhood. *Neuroimage*, 59(2), 1071-1079. doi: 10.1016/j.neuroimage.2011.09.033

Tomoda, A., Sheu, Y. S., Rabi, K., Suzuki, H., Navalta, C. P., **Polcari, A.**, & Teicher, M. H. (2011). Exposure to parental verbal abuse is associated with increased gray matter volume in superior temporal gyrus. *Neuroimage*, 54 Suppl 1, S280-286. doi: 10.1016/j.neuroimage.2010.05.027

Teicher, M. H., Samson, J. A., Sheu, Y. S., **Polcari, A.**, & McGreenery, C. E. (2010). Hurtful words: association of exposure to peer verbal abuse with elevated psychiatric symptom scores and corpus callosum abnormalities. *Am J Psychiatry*, 167(12), 1464-1471. doi: 10.1176/appi.ajp.2010.10010030

Sheu, Y. S., **Polcari, A.**, Anderson, C. M., & Teicher, M. H. (2010). Harsh corporal punishment is associated with increased T2 relaxation time in dopamine-rich regions. *Neuroimage*, 53(2), 412-419. doi: 10.1016/j.neuroimage.2010.06.043

Ohashi, K., Vitaliano, G., **Polcari, A.**, & Teicher, M. H. (2010). Unraveling the nature of hyperactivity in children with attention-deficit/hyperactivity disorder. *Arch Gen Psychiatry*, 67(4), 388-396. doi: 10.1001/archgenpsychiatry.2010.28

Tomoda, A., Suzuki, H., Rabi, K., Sheu, Y. S., **Polcari, A.**, & Teicher, M. H. (2009). Reduced prefrontal cortical gray matter volume in young adults exposed to harsh corporal punishment. *Neuroimage*, 47 Suppl 2, T66-71. doi: 10.1016/j.neuroimage.2009.03.005

Tomoda, A., Navalta, C. P., **Polcari, A.**, Sadato, N., & Teicher, M. H. (2009). Childhood sexual abuse is associated with reduced gray matter volume in visual cortex of young women. *Biol Psychiatry*, 66(7), 642-648. doi:10.1016/j.biopsych.2009.04.021

Teicher, M. H., Samson, J. A., **Polcari, A.**, & Andersen, S. L. (2009). Length of time between onset of childhood sexual abuse and emergence of depression in a young adult sample: a retrospective clinical report. *J Clin Psychiatry*, 70(5), 684-691.

Schiffer, F., Johnston, A. L., Ravichandran, C., **Polcari, A.**, Teicher, M. H., Webb, R. H., & Hamblin, M. R. (2009). Psychological benefits 2 and 4 weeks after a single treatment with near infrared light to the forehead: a pilot study of 10 patients with major depression and anxiety. *Behav Brain Funct*, 5, 46. doi: 10.1186/1744-9081-5-46

Choi, J., Jeong, B., Rohan, M. L., **Polcari, A.**, & Teicher, M. H. (2009). Preliminary evidence for white matter tract abnormalities in young adults exposed to parental verbal abuse. *Biol Psychiatry*, 65(3), 227-234. doi: 10.1016/j.biopsych.2008.06.022

Teicher, M. H., **Polcari, A.**, & McGreenery, C. E. (2008). Utility of objective measures of activity and attention in the assessment of therapeutic response to stimulants in children with attention-deficit/hyperactivity disorder. *J Child Adolescent Psychopharmacology*, 18(3), 265-270. doi: 10.1089/cap.2007.0090

Andersen, S. L., Tomada, A., Vincow, E. S., Valente, E., **Polcari, A.**, & Teicher, M. H. (2008). Preliminary evidence for sensitive periods in the effect of childhood sexual abuse on regional brain development. *J Neuropsychiatry Clin Neurosci*, 20(3), 292-301. doi: 10.1176/appi.neuropsych.20.3.292

Schiffer, F., Teicher, M. H., Anderson, C., Tomoda, A., **Polcari, A.**, Navalta, C. P., & Andersen, S. L. (2007). Determination of hemispheric emotional valence in individual subjects: a new approach with research and therapeutic implications. *Behav Brain Funct*, 3, 13. doi: 10.1186/1744-9081-3-13

Teicher, M. H., Samson, J. A., **Polcari, A.**, & McGreenery, C. E. (2006). Sticks, stones, and hurtful words: relative effects of various forms of childhood maltreatment. *Am J Psychiatry*, 163(6), 993-1000. doi: 10.1176/appi.ajp.163.6.993

Teicher, M. H., **Polcari, A.**, Foley, M., Valente, E., McGreenery, C. E., Chang, W. W., . . . Midha, K. K. (2006). Methylphenidate blood levels and therapeutic response in children with attention-deficit hyperactivity disorder: I. Effects of different dosing regimens. *J Child Adolescent Psychopharmacology*, 16(4), 416-431. doi: 10.1089/cap.2006.16.416

Navalta, C. P., **Polcari, A.**, Webster, D. M., Boghossian, A., & Teicher, M. H. (2006). Effects of childhood sexual abuse on neuropsychological and cognitive function in college women. *J Neuropsychiatry Clin Neurosci*, 18(1), 45-53. doi:10.1176/appi.neuropsych.18.1.45

Teicher, M. H., Lowen, S. B., **Polcari, A.**, Foley, M., & McGreenery, C. E. (2004). Novel strategy for the analysis of CPT data provides new insight into the effects of methylphenidate on attentional states in children with ADHD. *J Child Adolescent Psychopharmacology*, 14(2), 219-232. doi: 10.1089/1044546041648995

Teicher, M. H., **Polcari, A.**, Anderson, C. M., Andersen, S. L., Lowen, S. B., & Navalta, C. P. (2003). Rate dependency revisited: understanding the effects of methylphenidate in children with attention deficit hyperactivity disorder. *J Child Adolescent Psychopharmacology*, 13(1), 41-51. doi: 10.1089/104454603321666180

Teicher, M. H., Andersen, S. L., **Polcari, A.**, Anderson, C. M., Navalta, C. P., & Kim, D. M. (2003). The neurobiological consequences of early stress and childhood maltreatment. *Neurosci Biobehav Rev*, 27(1-2), 33-44.

Teicher, M. H., Andersen, S. L., **Polcari, A.**, Anderson, C. M., & Navalta, C. P. (2002). Developmental neurobiology of childhood stress and trauma. *Psychiatric Clin North Am*, 25(2), 397-426, vii-viii.

Anderson, C. M., Teicher, M. H., **Polcari, A.**, & Renshaw, P. F. (2002). Abnormal T2 relaxation time in the cerebellar vermis of adults sexually abused in childhood: potential

role of the vermis in stress-enhanced risk for drug abuse. *Psychoneuroendocrinology*, 27(1-2), 231-244.

Anderson, C. M., **Polcari, A.**, Lowen, S. B., Renshaw, P. F., & Teicher, M. H. (2002). Effects of methylphenidate on functional magnetic resonance relaxometry of the cerebellar vermis in boys with ADHD. *Am J Psychiatry*, 159(8), 1322-1328.

Teicher, M. H., Anderson, C. M., **Polcari, A.**, Glod, C. A., Maas, L. C., & Renshaw, P. F. (2000). Functional deficits in basal ganglia of children with attention-deficit/hyperactivity disorder shown with functional magnetic resonance imaging relaxometry. *Nat Med*, 6(4), 470-473. doi: 10.1038/74737

Glod, C. A., Teicher, M. H., **Polcari, A.**, McGreenery, C. E., & Ito, Y. (1997). Circadian rest-activity disturbances in children with seasonal affective disorder. [Research Support, U.S. Gov't, P.H.S.]. *J Am Acad Child Adolescent Psychiatry*, 36(2), 188-195. doi: 10.1097/00004583-199702000-00009

Knight, M. M., Wigder, K. S., Fortsch, M. M., & **Polcari, A.** (1990). Medication education for children. Is it worthwhile? *J Child Adolescent Psychiatr Ment Health Nurs*, 3(1), 25-28.

## **BOOKS**

### **Book Chapters**

Teicher MH, Andersen SL, Navalta CP, **Polcari A**, Kim DM. Neuropsychiatric disorders of childhood and adolescence, in *The American Psychiatric Press Textbook of Neuropsychiatry and Behavioral Neurosciences*. 5th ed. Edited by Yudofsky SC, Hales RE. Washington DC, American Psychiatric Press, 2007 1045-1113

Teicher MH, Andersen SL, Navalta CP, **Polcari A**, Kim DM: Neuropsychiatric disorders of childhood and adolescence, in *Essential of Neuropsychiatry and Clinical Neurosciences*. Edited by Yudofsky SC, Hales RE. Washington DC, American Psychiatric Press, 2003, pp 535-606

Teicher MH, Andersen SL, **Polcari A**, Anderson CM, Navalta CP, Kim DM: The neurobiological consequences of early stress and childhood maltreatment. *Neurosci Biobehav Rev*. 2003 Jan-Mar;27(1-2):33-44. PMID: 12732221

Teicher MH, **Polcari A**, Andersen SL, Anderson CM, Navalta CP: Neurobiological effects of childhood stress and trauma, in *September 11, Trauma and human bonds*. Edited by Coates SW, Rosenthal JL, Schechter DS. Hillsdale, NJ, The Analytic Press, 2003, pp 211-37

Teicher MH, Feldman R, **Polcari A**, Anderson CM, Andersen SL, Webster DM, Navalta CP: Early adverse experience and the development of borderline personality disorder, in Women's health and psychiatry. Edited by Pearson KH, Sonawalla SB, Rosenbaum JF. Philadelphia, Lippincott Williams & Wilkins, 2002, pp 9-26

Teicher MH, Andersen SL, Navalta CP, **Polcari A**, Kim DM: Neuropsychiatric disorders of childhood and adolescence, in The American Psychiatric Press Textbook of Neuropsychiatry. Edited by Yudofsky SC, Hales RE. Washington DC, American Psychiatric Press, 2002, pp 1069-119

**Polcari A**. Attention-Deficit/Hyperactivity Disorder, in Contemporary Mental Health Nursing: Bridging Brain and Behavior. Edited by Glod CA. Philadelphia PA, F.A. Davis, 1998, 529-549.

## INVITED PRESENTATIONS

### Regional/Local

**Polcari, A.** (2016). Childhood Behavioral Health: Nursing Implications. Massachusetts Nurses Association. Worcester, MA., March 24, 2016.

**Polcari, A.** (2013). Gender Differences in Effects of Childhood Adversity and Verbal Affection on Depression and Psychological Wellbeing into Adulthood. Northeastern University, 6th Annual Research Day. Boston, MA., April 9, 2013.

**Polcari, A.** (2013). Childhood Mental Health: Implications for Nursing. Massachusetts Nurses Association-Region 3. Bourne, MA., March 14, 2013.

**Polcari, A.** (2012). Childhood Mental Health: Implications for Nursing. Massachusetts Nurses Association. Lawrence, MA., September 19, 2012.

**Polcari, A.** (2012). How Parents Speak to Their Children Matters: the Effects of Verbal Aggression and Affection. Northeastern University, 5th Annual Research Day. Boston, MA., April 10, 2012.

**Polcari, A.** (2011). Recognizing Warning Signs and Mental Health Concerns in Children. Supporting the Homefront: Schools Supporting Military Connected Children and Families Conference. Northeastern University. Boston, MA, November 2, 2011

**Polcari, A.** (2011). Childhood Development and Neuroscience: Research Exemplars. McLean Hospital Interdisciplinary Research Forum. Belmont, MA, February 23, 2011

**Polcari, A.** (2010). Ethics in Research. Educational Interdisciplinary Research Seminar Series. McLean Hospital, Belmont, MA, May 26, 2010

**Polcari, A.** (2010). Literature Review in Research. Educationa Interdisciplinary Research Seminar Series. McLean Hospital, Belmont, MA, January 27, 2010

## **REFEREED PRESENTATIONS**

### **National Presentations (Posters)**

**Polcari, A.,** Rabi, K., Teicher, M. (2013) Gender Differences in Effects of Childhood Adversity and Verbal Affection on Depression and Psychological Well-being into Adulthood. Eastern Nursing Research Society, Boston MA. September.

Beauchesne, M., **Polcari, A.,** Farnum, K., et al. (2012). Using Evidence to Raise Awareness and Support Military Connected Children to ‘Live the Normal’ in Abnormal Times. 33rd National Association of Pediatric Nurse Practitioners, San Antonio TX. March.

**Polcari, A.,** Fourligas, N, Navalta, C., Teicher, MH. (2010) Hyperactivity Persists in Male and Female Adults with ADHD and Remains a Highly Discriminative Feature of the Disorder. American Academy of Child and Adolescent Psychiatry. New York NY. October.

**Polcari A.,** Teicher, M. H. (2007) Effects of parent verbal abuse and affection on psychiatric symptomatology. American Academy of Child and Adolescent Psychiatry. Abst. 54: 206. Boston MA. October.

**Polcari A.,** Teicher MH, Foley M, Valente E, McGreenery C, Chang WW, McKay G, Midha K. (2004) Pharmacokinetic/ pharmacodynamic evaluation of continuous versus pulsatile methylphenidate treatment. Society of Biological Psychiatry. Abst.1084. New York NY. May.

**Polcari, A.,** Teicher, MH, Foley, M, Valente, E, McGreenery, C: Play versus test time: effects of methylphenidate on the activity of boys with ADHD. American Academy of Child and Adolescent Psychiatry, 2000, Boston MA. October.

**Polcari, A.,** Teicher, MH, Foley, M, McGreenery, C, Valente, E. (1999) Objective evaluation of Ritalin response in ADHD boys. American Psychiatric Association. Annual Meeting Washington D.C.

**Polcari A.,** Teicher MH, Foley M, Valente E, McGreenery CE. (1999) Comparison of methylphenidate versus placebo on activity levels of ADHD boys on and off task in a laboratory setting. New Clinical Drug Evaluation Unit Program, 39: 24. Boca Raton, FL.

## **GRANTS**

### **External Funded**



## **Past**

2015-2018	Brain Behavior Research Foundation	Principal Investigator
"Impact of Emotional Abuse on Cognition and the Default Brain Network in Depression"		
2014 - 2017	HRSA	Principal Investigator
"Expanding the Behavioral Health Workforce with Psychiatric Mental Health NPs"		
2011-2015	HRSA Adv. Education Grant D09HP08058	Principal Investigator
"Advanced Practice Psychiatric Nursing-Child & Adolescent Specialty"		
2011-2015	NIDA RO1 DA-017846 Continuation (PI-Teicher)	Role: Investigator
"Early Stress, Sensitive Periods and the Neurobiology of Addiction"		
2009-2014	NIMH R01 MH091391 (PI-Teicher)	Role: Investigator
"Sensitive Periods, Brain Development and Depression"		
2009-2011	RC1 MH089743-01 (PI-Teicher)	Role: Investigator
"Neuroimaging and Behavioral Biomarkers for ADHD in Children."		
2004-2009	NIDA RO1 DA-017846 (PI-Teicher)	Role: Investigator
"Early Stress, PTSD and the Neurobiology of Addiction."		
2003-2008	NIMH RO1 MH-66222 (PI-Teicher)	Role: Investigator
"Effects of Emotional Maltreatment on Brain Function."		
2003-2007	NIDA RO1 DA-016934 (PI-Teicher)	Role: Investigator
"Early Stress and Neural Substrates Relevant to Addiction."		
1997-2001	NIMH RO1 MH53636 (PI-Teicher)	Role: Investigator
"Early Abuse and Corticolimbic Development."		

## **Honors and Awards**

2014	Robert Wood Johnson Fellowship Nominee from the School of Nursing
2005	Partners In Excellence Award, for Leadership. McLean Hospital
1995	Donald White Teaching Excellence Award, Boston College, School of Arts and Sciences

## **TEACHING AND ADVISING**

### **Courses Taught**

*Northeastern University*

2023	NRSG 6281	Dimension of Clinical Practice
2023	NRSG 6286	Contemporary Psychotherapies: Theory and Practice
2023	NRSG 6481	Psychiatric Nursing Practicum 2
2022	NRSG 6480	Psychiatric Nursing Practicum I
2022	NRSG 6281	Dimension of Clinical Practice
2022	NRSG 7105	Translating Evidence into Practice (OL)
2022	NRSG 7110	Evidence-Based Practice Research Applications
2021	NRSG 6286	Contemporary Psychotherapies: Theory and Practice
2022	NRSG 6481	Psychiatric Nursing Practicum 2
2021	NRSG 6480	Psychiatric Nursing Practicum I
2021	NRSG 6281	Dimension of Clinical Practice
2021	NRSG 7105	Translating Evidence into Practice (OL)
2021	NRSG 6286	Contemporary Psychotherapies: Theory and Practice
2021	NRSG 6481	Psychiatric Nursing Practicum 2
2020	NRSG 6480	Psychiatric Nursing Practicum I
2020	NRSG 6281	Dimension of Clinical Practice
2020	NRSG 6286	Contemporary Psychotherapies: Theory and Practice
2020	NRSG 6481	Psychiatric Nursing Practicum 2 (2 sections)
2019	NRSG 6480	Psychiatric Nursing Practicum I (2 sections)
2019	NRSG 6281	Dimension of Clinical Practice
2019	NRSG 6286	Contemporary Psychotherapies: Theory and Practice
2019	NRSG 6481	Psychiatric Nursing Practicum 2 (2 sections)
2018	NRSG 7105	Translating Evidence into Practice
2018	NRSG 6480	Psychiatric Nursing Practicum I (2 sections)
2018	NRSG 6481	Psychiatric Nursing Practicum 2 (2 sections)
2018	NRSG 6281	Dimension of Clinical Practice
2018	NRSG 5976	Directed Study: Integrated Therapies
2018	NRSG 6286	Contemporary Psychotherapies: Theory and Practice
2017	NRSG 6480	Psychiatric Nursing Practicum I (2 sections)
2017	NRSG 6281	Dimension of Clinical Practice
2017	NRSG 6864	Professional Preparation Seminar
2016	NRSG 6281	Dimension of Clinical Practice
2016	NRSG 6481	Psychiatric Nursing Practicum 2
2015	NRSG 6480	Psychiatric Nursing Practicum I
2015	NRSG 6281	Dimension of Clinical Practice
2015	NRSG 6481	Psychiatric Nursing Practicum 2
2014	NRSG 6480	Psychiatric Nursing Practicum I
2014	NRSG 6281	Dimension of Clinical Practice
2014	NRSG 6286	Contemporary Psychotherapies: Theory and Practice
2013	NRSG 6281	Dimension of Clinical Practice
2013	NRSG 6812	Health Problem in Schools
2013	NRSG 6286	Contemporary Psychotherapies: Theory and Practice
2012	NRSG 6281	Dimension of Clinical Practice
2012	NRSG 6286	Contemporary Psychotherapies: Theory and Practice
2011	NRSG 6482	Advanced Psychiatric Nursing Practicum 3

2011	NRS 6481	Psychiatric Nursing Practicum 2
2011	NRS 6286	Contemporary Psychotherapies: Theory and Practice2
2010	NRS 6480	Psychiatric Nursing Practicum I
2010	NRS 6281	Dimension of Clinical Practice
2010	NRS 6285	Mental Health of Adolescents
2010	NRS 6286	Contemporary Psychotherapies: Theory and Practice
2009	NRS 6281	Dimension of Clinical Practice

### ***Boson College***

Teaching Assistant, Clinical Instructor, Boston College  
1994-1997 Psych-Mental Health Undergraduate Clinical Rotations

## **UNDERGRADUATE AND GRADUATE ADVISING ACTIVITIES**

### ***Northeastern University***

Ph.D. Dissertation Committee Chair for Rebecka Evans 2023-Present  
Project: Experiences of Trans & Gender Diverse Youth in Primary Care Settings in the United States & Australia

M.S. Thesis in Speech-Language Pathology Committee for Rachel Nolan, 2020-2021  
Project: Dysphagia Training in Adult In-Patient Psychiatric Units

Ph.D. Dissertation Committee Advisor for Elizabeth Henderson 2018-2020  
Project: Suicidal Ideation Among Professional Firefighters

Ph.D. Dissertation Committee Advisor for Casey Garvey 2018-2020  
Project: Illness Perceptions, Stigma and Trauma Among Veterans with HCV

Ph.D. Comprehensive Exam Faculty for Jackie Brady 2018

DNP Capstone Advisor, for Patricia Gedarovich, 2017-2019  
Project: The Effect of a Novel Transitional Care Service Program on Adult Psychiatric Patients Hospitalization Rates

DNP Capstone Advisor, Student Elizabeth Alexander, 2012-14  
Project: Quality Improvement of Care for Opioid Dependent Clients in Primary Care Clinics

Research Preceptor for NRS7110 Sadiya Bule, Spring 2016; Donn Bullens and Leah Bellman, Summer 2016; Laura Sexton and Catherine Geillo, Fall 2016; Sarah Ede-Moore Summer 2017.

Honors Undergraduate Student Advisor, Student Julianne McGowan, 2013-14

Program Advisor to All PMHNP Graduate Students 2010-Present

## **SERVICE AND PROFESSIONAL DEVELOPMENT**

### **Service to Northeastern University**

#### ***School of Nursing***

2022-Present	School of Nursing Co-Chair of Graduate Curriculum and Evaluation Committee (New)
2021-2022	School of Nursing Non Tenure Track Faculty Promotion Committee, Chair
2020-2021	School of Nursing Non Tenure Track Faculty Promotion Committee, Chair (3 candidates)
2019-2020	Bouve College of Health Science, School of Nursing Non Tenure Track Faculty Promotion Committee, Member (1 candidate)
2019-Present	Ad Hoc Committee - Initiative to Develop a Continuing Education Series for practicing NPs
2019-2020	APT Committee, Member
2019-present	Curriculum Committee, Member
2018-2019	Curriculum Committee, Chair
2018-2019	Academic Standing Committee, Member
2018-2019	APT Sub-Committee for Non-TenureTrack Promotion, Member
2017-2019	BSN To DNP Development Task Force, Member
2017	Curriculum Committee, Chair
2016	Academic Standing Committee
2016	Curriculum Committee
2012-2015	Curriculum Committee, Chair

2011-2012	Member, Research and Faculty Development Committee
2010-Present	Director, Psychiatric Mental Health Nurse Practitioner Graduate Program

***Bouve College of Health Sciences***

2022- Present	Bouve College of Health Science, Graduate Curriculum Committee
2020-2022	Bouve College of Health Science, Competency of Skill-Based Learning Task Force (COVID-19 Response)
2017	Bouve College of Health Science Cooperative Education Program Term Faculty Promotion Committee (2 candidates)
2017	Bouve College of Health Science, School of Nursing Non Tenure Track Faculty Promotion Committee Promotion Committee (1 candidate)
2011-2013	Faculty Counselor, Sigma Theta Tau International, Northeastern University Gamma Epsilon Chapter.
2012	Symposium Planning Committee. Celebrating Nursing Scholarship and Interprofessional Health Alliances, 5th Annual SON Research Day.
2015	Bouve Graduate ASC

**Service to Discipline/Profession**

2019-2021	Chair, Data and Safety Monitoring Board (DSMB) for “A Project to Test the Efficacy and Safety of An Innovative Treatment for Opioid Use Disorders”, SBIR, NIDA CoPIs: Fredric Schiffer, MD, MindLight, LLC and Martin Teicher, MD, PhD McLean Hospital
2015	University of Southern California, Career Award Grant Reviewer
2014-2016	Child Abuse and Neglect, Manuscript Reviewer
2012-2015	BioMed Central-Psychiatry, Associate Editor

**Service to McLean Hospital:**

- 2009-2011 Interdisciplinary Nursing and Social Work Initiative at McLean Hospital
- 2009-2010 Co-Chair of the Research Education Sub-Committee of the McLean Interdisciplinary Research Committee
- 2001-2011 Institutional Review Board for the Protection of Human Subjects

**Service to the Community**

- 2012-14 Member of the Workforce Development Work Group Committee  
MA Children’s Behavioral Health Advisory Council.
- 2011 MA Department of Public Health - Conference planning committee  
and presenter for Military Connected Children MA Conference

**Professional Development**

- 2011-Present Member, American Psychiatric Nursing Association
- 2011-2019 Member, American Nurses Association
- 2011-2019 Member, Massachusetts Association of Registered Nurses
- 2011-2017 Member, Eastern Nursing Research Society
- 1997-present Member, Sigma Theta Tau International