

Katherine E. Simmonds, PhD, MPH, RN, WHNP-BC, FAAN
Clinical Professor
School of Nursing
Bouvé College of Health Sciences/The Roux Institute
Northeastern University
k.simmonds@northeastern.edu

Education

PhD, University of Rhode Island, College of Nursing, Kingston, RI	2018
MPH Harvard School of Public Health, Masters in Public Health, Concentration in Maternal Child & Family/Community Health, Boston, MA	2001
MS, MGH Institute of Health Professions, Women's Health Nurse Practitioner Specialty, Boston, MA	1993
Bachelor of Arts, Major Government, Cornell University, Ithaca, NY	1986
Visiting student San Jose, Friends World College, Costa Rica	1985

Certificates and Licensure

RN, Commonwealth of Massachusetts, Lic # 202148	1992-present
	1994-present
NP, Commonwealth of Massachusetts, Lic # 202148	
	2015-present
RN, State of Maine, Lic # RN65894	
NP, State of Maine, Lic # CNP151003	2015-present
Women's Health NP certification, National Certification Corporation	1994-present

Academic Appointments

Clinical Professor, School of Nursing, the Roux Institute/Bouvé College of Health Sciences, Northeastern University	2022-present
	2020-2022
Associate Professor, School of Nursing, MGH Institute of Health Professions	
Assistant Professor, School of Nursing, MGH Institute of Health Professions	2005-2020
Clinical Instructor, Nursing, MGH Institute of Health Professions	2000-2005
Course Instructor, MGH Institute of Health Professions	1999
Clinical Instructor, Community Health Nursing Program, Northeastern University	1995-96

Clinical Appointments

Clinic RN, Reproductive Health clinic, Cambridge Health Alliance-Revere, Cambridge, MA	2018-2021
Nurse Practitioner, Portland Community Free Clinic, Portland, Maine	2015-present
Nurse Practitioner, MGH Chelsea-Roca Health Center	2012-2014
Nurse Practitioner, Adolescent Reproductive Health Services, MGH-Charlestown Health Center, Charlestown, MA	2012-2014
Nurse Practitioner, Women's Health Services, Martha Eliot Health Center, Jamaica Plain, MA	1994-2011
Nurse Practitioner, Gynecology Clinic, Planned Parenthood League of Massachusetts, Boston, MA	2000-2006
Clinic Nurse, Reproductive Health Educator and Abortion Counselor, Gynecare, Boston, MA	1991-1993
Clinic Nurse, East Coast Migrant Farmworkers Clinic, Princess Ann, MD	1991
Post-partum Health Educator and Homecare Provider, MotherCare Services, Lexington, MA	1991
Labor Support and Clinic Assistant, Holy Family Birthing Center, Harlingen, TX	1989

Administrative and other Professional Appointments

Coordinator, Women's Health Nurse Practitioner Specialty, School of Nursing, MGH Institute of Health Professions	2007-present
Trainer, Action for Boston Community Development, Family Planning Program, Boston, MA	2000-present
Faculty presenter, Fitzgerald Health Education Associates, Andover, MA	2005-2012
Trainer, Values Clarification for Health Professionals, National Abortion Federation, Washington, DC	2008-2009
Director, the Reproductive Options Education Consortium for Nursing, Cambridge, MA	2002-2006
Consultant, Adolescent Reproductive Health Access Project, Action for Boston Community Development, Boston Family Planning (BFP)	2002-2004
Consultant, Clinical Protocol Revision, Action for Boston Community Development, Boston Family Planning (BFP)	2001-2002
Consultant, Perinatal Smoking Surveillance Project, City of Portland Public Health Division, Portland, ME	2000
Associate, Navin Associates	2000

Honors and Awards

Fellow, American Academy of Nursing	2022
Fellow, Climate Health Equity Organizing Fellowship, Harvard Medical School/Cambridge Health Alliance	2021-22
Fellow, Teaching Excellence Academy for Learning, MGH Institute of Health Professions	2021
National Association of Nurse Practitioners in Women's Health, Inspiration in Women's Health-Research Award	2020
Inge Corless Research Award, Upsilon Lambda chapter, Sigma Theta Tau	2018
Nancy T. Watts Award for Excellence in Teaching, MGH Institute of Health Professions	2015
Jonas-American Academy of Nursing Health Policy Scholar	2014-2016
Jonas Scholar	2014-2016
CoreAlign Generative Fellow	2014-2015

Grants

Completed

University of New Mexico, Grant Building Nursing Workforce Capacity in Sexual & Reproductive Health, Anonymous funder Total grant: \$1.2 million Role: Consultant and Leadership Team member	2015-2017
Reproductive Options Education Consortium for Nursing, Kathy Simmonds (PI) Funder: The Jessie B. Cox Charitable Trust Total grant: \$80,000 Role: Project Director (50% effort)	2002-2004

Awarded

MGH Institute of Health Professions, School of Nursing Faculty Research Scholarship of Discovery Seed Grant: <i>Nurse practitioners' and nurse midwives' experiences providing abortion care after legal and regulatory changes expand practice</i>	2021-2022
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Peer-reviewed articles

1. Corpuz, J. & Simmonds, K. (2022). Empowering the Nurse Practitioner with the Reproductive Justice Framework. *The Journal for Nurse Practitioners*.
2. Auerbach, S., Minahan-Coleman, K., Alspaugh, A., Atzlan-Keahey, A., Stern, L. & Simmonds, K. (2022). Critiquing the Unintended Pregnancy Framework. *Journal of Midwifery and Women's Health*.
3. Simmonds, K., Breakey, S., & Nicholas, P. K. (2021). Educating Nurse Practitioners About Climate Change, Health, and Climate Justice. *The Journal for Nurse Practitioners*. <https://doi.org/10.1016/j.nurpra.2021.10.006>
4. Simmonds, K., Jenkins, J., White, B., Nicholas, P., & Bell, J. (2021). Health impacts of climate change on gender diverse populations: A scoping review. *The Journal of Nursing Scholarship*.
5. Simmonds, K., Erickson-Owens, D., & Schwartz-Barcott, D. (2021). Nurse Practitioners' and Certified Nurse-Midwives Experiences Providing Comprehensive Early Abortion Care in New England. *Health Care for Women International*. doi.org/10.1080/07399332.2021.1929991
6. Jenkins, J., Woodside, F., Lipsky, K., Simmonds, K., & Coplon, L. (2021). Abortion with Pills: Review of Current Options in the United States. *Journal of Midwifery and Women's Health*. 66(6), 749-757.
7. Nicholas, P., Breakey, S.E., Tagliareni, E., Simmonds, K., & Sabo, K. (2020). Climate Change and the Health of Populations: Incorporating Stages of Nursing's Political Development. *Nursing Outlook*.
8. Simmonds, K., Cappiello, J., & Hoyt, A. (2019). Sexual and reproductive health content in nurse practitioner transition to practice training programs. *Contraception: X, 1*, 100005. <https://doi.org/10.1016/j.conx.2019.100005>
9. Nicholas, P. K., Breakey, S., Tagliareni, E., Tuck, I., Neal-Boylan, L., Ladd, E., Corless, I. B., Reynolds, R., Lussier-Duynstee, P., & Simmonds, K. (2019). Advancing a School of Nursing Center for Climate Change, Climate Justice, and Health. *Annual Review of Nursing Research*. 38, 145-167.
10. Cappiello, J., Simmonds, K., & Bamrick, K. (2019). A Survey of Characteristics of Transition to Practice Nurse Practitioner Programs. *The Journal for Nurse Practitioners*. 15, 241-244.
11. Johnson-Mallard, V., Kostas-Polston, E. A., Woods, N. F., Simmonds, K. E., Alexander, I. M., & Taylor, D. (2017). Unintended pregnancy: a framework for prevention and options for midlife women in the US. *Women's Midlife Health*, 3(1), 8.
12. Bosse, J., Simmonds, K., Hanson, C., Pulcini, J., Dunphy, L., Vanhook, P., & Poghosyan, L. (2017). Position statement: Full practice authority for advanced practice registered nurses is necessary to transform primary care. *Nursing outlook*, 65(6), 761-765.
13. Simmonds, K. E., Beal, M. W., & Eagen-Torkko, M. K. (2017). Updates to the US Food and Drug Administration regulations for mifepristone: implications for clinical practice and access to abortion. *Journal of Midwifery & Women's Health*, 62(3), 348-352.
14. Simmonds, K., Hewitt, C. M., Aztlan-James, E. A., & Skinner, E. (2017). Pathways to competence in sexual and reproductive health care for advanced practice nurses. *Journal of Obstetric, Gynecologic & Neonatal Nursing*. 46 (5), e168-e179.
15. Foster, A. M., Jackson, C. B., LaRoche, K. J., Simmonds, K., & Taylor, D. (2015). From

- qualified physician to licensed health care professional: The time has come to change mifepristone's label. *Contraception*, 92(3), 200-202.
16. Simmonds, K. & Likis, F. (2011) Caring for Women with unintended pregnancies. *Journal of Obstetric Gynecologic and Neonatal Nurses, In Focus Series*, 40, 794-807.
 17. Cappiello, J., Beal, M., Simmonds, K. (2011) Post-abortion care for the primary care nurse practitioner. *The Nurse Practitioner*, 36(5), 35-40.
 18. Taylor, D., Levi, A., & Simmonds, K. (2010) Editorial: Framing unintended pregnancy prevention: a public health model, *Contraception*, 81, 365-366.
 19. Levi, A., Simmonds, K., & Taylor, D. (2009) The Role of nursing in the management of unintended pregnancy, *Nursing Clinics of North America*, 44(3): 301-314.
 20. Simmonds, K., Foster, A., & Zurek, M. (2009) From the outside in: a unique model for stimulating curricula reform in nursing education. *The Journal of Nursing Education*, 48(10), 583-587.
 21. Foster, A., Polis, C., Allee, M., Simmonds, K., & Zurek, M. (2006) Abortion education in nurse practitioner, physician assistant and nurse midwifery programs: A national survey. *Contraception*, 73(4), 408-414.
 22. Andrist, L.C., Simmonds, K., Liebermann, E., & Healey, K. (2006). Women's experiences of medical abortion using mifepristone and misoprostol. *The American Journal for Nurse Practitioners*, 10 (7/8), 59-65.
 23. Simmonds, K. & Likis, F. (2005) Providing options counseling for women with unintended pregnancies. *JOGNN*, 34 (3), 373-379.
 24. Beal, M.W. & Simmonds, K.E. (2002). Clinical uses of mifepristone: an update for women's health practitioners. *Journal of Midwifery and Women's Health*, 47(6), 451-460.

Books and chapters

1. Simmonds, K.E., & Likis, F. (2020). Pregnancy diagnosis, decision-making support, and resolution. In K. Schuiling & F. Likis, (Eds.) *Women's Gynecologic Health* (3rd ed.). Jones & Bartlett.
2. Simmonds, K.E., Levi, A. & Capiello, J. (2021). Integrating sexual and reproductive healthcare training in advanced-practice clinical programs. In U. Landy, P. Darney & J. Steinauer (Eds.). *Advancing Women's Health Through Medical Education: A Systems Approach in Family Planning and Abortion*. Cambridge University Press.
3. Flinter, M., Dunphy, L. & Simmonds, K. (2018). The Primary Care Nurse Practitioner. In M. Tracy & E. O'Grady (Eds.). *Hamric and Hanson's Advanced Practice Nursing* (6th ed.). Elsevier Health Sciences.
4. Simmonds, K., Likis, F. & James, E. (2016) Unintended Pregnancy. In K. Schuiling & F. Likis (Eds.) *Women's Gynecologic Health* (3rd ed.). Sudbury, MA: Jones & Bartlett.
5. Simmonds, K. & Stern, L. (2016). The Challenge of Unintended Pregnancy. I. Alexander, V. Johnson-Mallard, E. Kostas-Polston, C. Fogel & N. Woods (Eds). *Women's Health Care in Advanced Practice Nursing*. (2nd ed.). Springer Publishing Company.
6. Simmonds, K. & Likis, F. (2013) Unintended Pregnancy. In K. Schuiling & F. Likis (Eds.) *Women's Gynecologic Health* (2nd ed.). Jones & Bartlett.
7. Simmonds, K. (2008) Reproductive Rights. In W. A. Darity, Jr. (Ed.), *International Encyclopedia of the Social Sciences, 2nd edition. Vol 7 (182-184)*. Macmillan Reference.
8. Simmonds, K. & Likis, F. (2006) Unintended Pregnancy. In K. Schuiling & F. Likis (Eds.), *Women's Gynecologic Health* (1st edition). Jones and Bartlett.
9. Simmonds, K.E. (2002) Pregnancy. In J. Fox (Ed.). *Primary Care of Infants, Children and Adolescents* (2nd ed.). CV Mosby Corporation.
10. Simmonds, K.E. (1997) Pregnancy. In J. Fox (Ed.). *Primary Care of Infants, Children and Adolescents*. (1st ed.). CV Mosby Corporation.

Peer-Reviewed Presentations and Abstracts
National

- Simmonds, K. Panel moderator. Supporting student's healthy choices about sex, reproduction, and parenting: laws, policies, curricula, and services. Northeastern University School Health Academy 7th Annual Voting Day Conference. 2022
- Sipe, M. & Simmonds, K. Advancing Nursing Practice on Climate Change and Health Inequities. Professor Rounds, National League for Nursing Education Summit. Las Vegas, NV. 2022
- Hoyt, A. & Simmonds, K., The high cost of free labor: Preceptors are a public goods problem. National Organization of Nurse Practitioner Faculty 48th Annual Conference, Minneapolis, MN, April 8th. 2022
- Simmonds, K., Jenkins, J., Elliott, R., & Belson, C. Update on Legislative & Regulatory Changes & Training Opportunities in Abortion Care for NPs, CNMs, & PAs in the US. National Abortion Federation Annual Conference. 2021
- Simmonds, K., Jenkins, J., White, B., Nicholas, P., & Bell, J. Climate Change and Health of Gender-Diverse Populations. MGH IHP Center for Climate Change, Health, and Justice Annual Symposium. 2021
- Simmonds, K., Erickson-Owens, D., & Schwartz-Barcott, D. Nurse Practitioners' and Nurse-Midwives' Experiences of Providing Comprehensive Early Abortion Care. Eastern Nursing Research Society 31st Annual Scientific Sessions. 2019
- Schneller, H., Kaye, J., Simmonds, K. & Weems, H. Proactive professional and legal strategies to challenge abortion provider restrictions. Society for Family Planning. 2018
- Simmonds, K., Erickson-Owens, D. & Schwarz-Barcott, D. Nurse practitioners' and Nurse midwives' experiences providing comprehensive early abortion care in New England. (Poster presentation). The National Abortion Federation 42nd Annual Meeting. 2017
- Cappiello, J. & Simmonds, K. Sexual and reproductive health offerings & needs of Primary Care NP Residency/Fellowship programs, National Organization of Nurse Practitioner Faculties, 43rd Annual Conference. 2015
- Levi, A., McLemore, M., Simmonds, K. & Battistelli, M. Nursing and Reproductive Health, Society for Family Planning Annual Conference. 2015
- Simmonds, K. Promoting a public health framework for unintended pregnancy prevention in health professions education and practice, American Public Health Association 140th Annual meeting. 2012
- Cappiello, J. & Simmonds, K. An Evidence-based framework for unintended pregnancy prevention. Sigma Theta Tau International, 41st Biennial Conference. 2011
- Cappiello, J. & Simmonds, K. Application of a professional ethical framework to the nursing care of a woman seeking an abortion. Poster presentation, Association of Women's Health, Obstetric and Neonatal Nursing, Annual Convention. 2011

- Simmonds, K. Educational strategies for teaching sexual and reproductive health. 2011
 Armchair discussion, National Organization of Nurse Practitioner
 Faculties, 37th Annual conference.
- Simmonds, K. What are nursing programs teaching students about reproductive 2008
 health? A survey of Program Directors in Massachusetts. Poster
 presentation. Annual Meeting of the National Abortion Federation
- Simmonds, K. The ROE Consortium for Nursing: An innovative program to 2005
 increase Reproductive Options Education curricula in nursing. Poster
 presentation, The Association of Women's Health, Obstetric and Neonatal
 Nurses Annual conference.
- Simmonds, K. Making Abortion accessible: The ROE Consortium. Annual 2005
 conference the Association for Reproductive Health Professionals.
- Simmonds, K. Tools and strategies for integrating reproductive health into nurse 2005
 practitioner curricula. Workshop presentation, the National Organization
 of Nurse Practitioner Faculties 32nd Annual meeting.
- Andrist, L., Simmonds, K. & Liebermann, E. Women's experiences of medical 2003
 abortion. Podium presentation. National Association of Nurse Practitioners
 in Women's Health (NPWH) Annual Conference.
- Simmonds, K., & Likis, F. Caring for the woman with an unintended pregnancy: 2003
 Teaching what midwives need to know. American College of Nurse
 Midwifery (ACNM) Annual Meeting.
- Simmonds, K. Challenges of teaching reproductive options, the National 2002
 Organization of Nurse Practitioner Faculties Annual Meeting, Philadelphia,
 PA.
- The Prevalence of Battering Among Pregnant Women Presenting to the Chelsea- 1994
 MGH Memorial Health Center Prenatal Clinic, 6th Annual Nursing
 Network on Violence Against Women, International Conference

Invited Presentations

International

- Building reproductive health care nursing research skills. 2012
 University of Pretoria, Pretoria, RSA.

National

Simmonds, K. Supporting student’s healthy choices about sex, reproduction, and parenting: laws, policies, curricula, and services. Panel facilitator. 7th Annual Voting Day Conference, Northeastern University, Bouvé College of Health Sciences, School of Nursing, School Health Academy 2022

“Pipeline and Distribution Issues” The Mullan Institute for Health Workforce Equity Inaugural Symposium, Reproductive Health In Crisis: What Workforce Strategies are Needed? 2019

Regional

Simmonds, K. & Atkin, K. Pharmacology Updates for Providers in Gynecologic Settings. Pharmacology Symposium 2022. MGH Institute of Health Professions, Boston, MA. 2022

Kanayo Sakai, Corliss Kanazawa, Courtney King, Nia Campbell, Sheila Swales, Karen Hunt, Patricia Reidy, Katherine Simmonds and Kaveri M. Roy, “*JEDI curriculum integration: Bridging the gaps in nursing education programs.*” Presentation to the Social Justice Research Conference, MGH Institute of Health Professions on March 26, 2021. 2022

Contraception Update. Presentation at the Pharmacology Update V: Innovation and Evidence, Massachusetts General Hospital. 2021

Values clarification workshop: Unintended pregnancy and abortion. Presented to students at Tufts Medical School, Harvard Medical School and the University of New England, Health Sciences Program. 2014

The role of the nurse in patient education on birth control and reproductive health. Annual convention, New York & New Jersey State Nurses' Associations. 2008

Caring for the Woman with an Unintended Pregnancy. Presentations delivered at nursing schools throughout Massachusetts and New England, ABCD/Boston Family Planning Counselor and Provider Training Programs, Neighborhood Health Plan, MA, Massachusetts Coalition of Nurse Practitioners/New Hampshire Nurse Practitioner Annual Primary Care Conference, BayState Health Center 2005
1998-2002

The Prevalence of Battering Among Pregnant Women Presenting to the Chelsea MGH Memorial Health Center Prenatal Clinic. Presentations delivered at Clinical Forum, Martha Eliot Health Center, Children’s Hospital-Boston, Nursing Grand Rounds, Eastern Regional Nursing Research Conference 1993-95

New Hampshire Public Radio. (29 June). Una experta nos comenta el estado del aborto en New England. <https://www.nhpr.org/noticias-en-espanol/2022-06-29/una-experta-nos-comenta-el-estado-del-aborto-en-new-england-mas-las-noticias-del-29-de-junio>

CBS Boston Weekend, Leaked draft of Roe v. Wade helped Massachusetts prepare for Friday's Supreme Court decision, expert

Professional Memberships and Activities

Co-Chair, Climate Change Work Group. Alliance for Nurses for a Healthy Environment,	2021
Member, Association for Standardized Patient Educators	2020-2022
Peer Reviewer, <i>Public Health Nursing</i>	2019, 2020
Peer reviewer, <i>BMC Women's Health</i>	2019
Peer reviewer, <i>Women's Health Issues</i>	2019
Peer reviewer, <i>The Journal for Nurse Practitioners</i>	2018-present
Peer reviewer, <i>Women and Birth</i>	2019
Secretary, Upsilon Lambda chapter, Sigma Theta Tau International	2016-2019
Member, Sigma Theta Tau International	2012-present
Member, Clinicians in Abortion Care	2011-2019
Member, Maine Coalition for Nurse Practitioners	2017-present
Advisory Committee, Reproductive Options Education Consortium	2015-present
Co-chair, Special Interest Group in Sexual and Reproductive Health, National Organization of Nurse Practitioner Faculties	2015-present 2007-2015
Member, National Organization of Nurse Practitioner Faculties	2010-2012
Peer Reviewer, CORE Curricula, Association for Reproductive Professionals	2006-present
Member, Association for Reproductive Health Professionals	2006-2008
Member, American Public Health Association	
Advisory Committee Member, Clinicians for Choice/ National Abortion Federation	2003-2019 2001-present
Member, Massachusetts Coalition of Nurse Practitioners	1997-2005 1994-2014
Member, Nurse Practitioners in Women's Health	1994-present

Institutional Service MGH Institute of Health Professions

MGH IHP Faculty Senate, Chair-elect	2021-22
MGH IHP Course and Curriculum Review Committee* (*Chair 2018-20)	2017-2022
Faculty Search Committee* (*Co-chair, 2019-22)	2018-2022
Steering Committee member, Center for Climate Change, Climate Justice, and Health	2018-present 2015-present
Curriculum Committee, School of Nursing, member	2017-present
Search Committee for Assistant Dean for School of Nursing, member	2013-2015
Policy Committee, School of Nursing, member	2010-2013
Co-chair, Advanced Practice Committee, School of Nursing, member	2010-2013
Evaluation Committee, School of Nursing, member	2010-2013
Appeals Committee, School of Nursing, member	2009-2011
Faculty Search Committee, School of Nursing, member	2008-2010
Admissions Committee, School of Nursing, member	2008-2010
Continuing Education Committee, School of Nursing	2006
Steering committee, Graduate Program in Nursing	2004-2008
Diversity Committee	2004-2008
Faculty Search Committee, Graduate Program in Nursing	

Community Service

In Her Presence, Volunteer health educator, Portland, ME	2018-present
Member, Portland Playback Theater	2019-present
Chair, Peaks Island Elementary School Parent-Teacher Organization	2016-2018
Member, True Story Theater Troupe	2004-2013
Steering Committee member, Reproductive Empowerment and Decision- making for Young Adults Project (Ready), Medical Advisory Committee, Massachusetts NARAL	2006-2008
Board Member, AGELESS (Avra Greenspan Early Loss Education and Support Services) for All Foundation	2002-2004
Volunteer, Tufts Center for Conservation Medicine	2002-2004
Emergency Contraception Working Committee, Massachusetts Department of Public Health	2002-2004 2001-2004
Volunteer, Eastern Massachusetts Abortion Fund	2001-2003