### Gretchen Hamn, RN, MSN, APRN-bc

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| EDUCATION                            |   |
| Anticipated Graduation 2025          | Northeastern University                                   |
| Doctor of Medical Science            |   |
|                                      |   |
| 1998                                 | Northeastern University                                   |
| Master of Science in Nursing         | Advance Practice Nurse, Neonatal                          |
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| 1992                                 | University of Saint Joseph                                |
| Bachelor of Science                  | Nursing   |
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| ACADEMIC POSITIONS                   |   |
|                                      |   |
| September 2007- present              | Part time faculty and coordinator of the Neonatal Program |
| Northeastern University              | Associate Clinical Professor                              |
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| PROFESSIONAL CLINICAL EXPERIENCE     |   |
|                                      |   |
| Sept 2008- present                   | Lead Neonatal Nurse Practitioner                          |
| Boston Children's Hospital           | South Shore Hospital Neonatal Intensive Care Unit         |
| Boston Children & Hospital           | South Shore Hospital Neohatal Intensive Care Chit         |
| Dec 1998- Aug 2008                   | Neonatal Nurse Practitioner                               |
| Beth Israel Deaconess Medical Center | Department of Neonatology                                 |
| Beth Israel Beaconess Medical Center | Department of Neonatology                                 |
| 1995-1998                            | Clinical Nurse, RN 3                                      |
| Beth Israel Deaconess Medical Center | Department of Neonatology                                 |
| Beth Israel Beaconess Medical Center | Department of Neonatology                                 |
| 1992-1995                            | Clinical Nurse  |
| Johns Dempsey Hospital               | Department of Neonatology                                 |
| Johns Dempsey Hospitui               | Department of Neonatology                                 |
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### PROFESSIONAL GROWTH

## **Refereed Journal Articles**

DeGrazia, M., Giambanco, D., Hamn, G., Ditzel, A., Tucker, L., & Gauvreau, K. (2015). Prevention of deformational plagiocephaly in hospitalized infants using a new orthotic device. *Journal of Obstetric, Gynecologic & Neonatal Nursing*, *44*(1), 28-41.

### **Participation in Professional Organizations**

National Association of Neonatal Nurses

#### **Professional Certifications**

1998-present Neonatal Nurse Practitioner 2009- present S.T.A.B.L.E certified Instructor

1992- present Neonatal Resuscitation Provider: Instructor

### TEACHING EFFECTIVENESS

#### **Curriculum Development and Teaching Innovations**

2010 NRSG 6116 Advanced Health Assessment of the Neonate

Developed course as an online learning environment utilizing a mix of synchronous and asynchronous activities to address the specific needs of the neonatal population. Activities include small stakes writing and utilization of unfolding clinical scenarios to develop skills in health assessment of the neonate.

NRSG 6232 Neonatal Pharmacology

NRSG 6430 Neonatal Clinical Practicum 1

NRSG 6431 Neonatal Clinical Practicum 2

NRSG 6432 Neonatal Clinical Practicum 3

Restructured course as an online learning environment with a mix of synchronous and asynchronous activities with opportunities for increased engagement with small stakes writing and unfolding clinical scenarios to further develop skills in all aspects of the advance practice nurse management process.

#### **Courses Taught**

NRSG 2350 Integrated Pathophysiology and Pharmaceutical Interventions for Nursing Practice

2010- present NRSG 6116 Advanced Health Assessment of the Neonate

2007-present NRSG 6232 Neonatal Pharmacology

NRSG 6430 Neonatal Clinical Practicum 1 NRSG 6431 Neonatal Clinical Practicum 2 NRSG 6432 Neonatal Clinical Practicum 3

#### **SERVICE**

#### Service to the Profession

1. 2019-present Neonatal Faculty Forum

National forum of Neonatal Nurse Practitioner program faculty to discuss current practices, educational needs of students and proposed changes to the academic support for our students. Meet monthly.

2. 2007- present Formal and informal education of nurses and respiratory therapist in the NICU. Topics:

- a. Transition from In Utero to Extra Uterine Life
- b. Thermoregulation
- c. Hypotension in the Neonate
- d. Hypoglycemia in the Newborn
- e. Cyanotic and Acyanotic Cardiac Lesions in the Neonate
- f. Respiratory Distress Syndrome
- g. Chronic Lung Disease in the Neonatal Population
- h. Meconium Aspiration Syndrome
- i. Infant led oral feedings, why this is the best approach?
- j. The Substance Exposed Newborn
- k. Neonatal Seizures
- 1. Necrotizing Enterocolitis
- m. Infant of a Diabetic Mother
- n. Hyperbilirubinemia in the Newborn
- o. Retinopathy of Prematurity
- p. Stabilization of ill newborn during ground transportation
- q. Active whole-body cooling on ground transport
- r. Gastroesophageal Reflux in the Newborn, non-pharmacologic approaches
- s. Neonatal Stabilization for the Pediatric Emergency Nurse

## 3. 2010-2011 The Substance Exposed Newborn: What's all the crying about?

Developed and presented a one-day collaborative conference on the pathophysiology and medical treatment of the substance exposed newborn. The presentation included social work, pharmacy, nursing, occupational therapy, and nurse practitioner. Each discipline presented current research on the understandings of the substance exposed infant with modalities to support the mother infant dyad. Substances discussed included illicit substances, prescribed medications and psychiatric medications mothers ingest during pregnancy.

## 4. 2008-present Clinical preceptor for Neonatal Nurse Practitioner Students

Provided individualized direct education of pathophysiology and medical management of preterm and sick neonates to neonatal nurse practitioner students from a variety of schools of higher learning. Students are at different points in their clinical education and expectations are outlined with weekly meetings held to provide direct feedback to the student and devise a plan of action for the coming weeks. Experiences included neonatal resuscitation with attendance of high-risk deliveries, prenatal consultations with expectant families with known neonatal complications, management of infants from birth through discharge, support the development and knowledge of differential diagnosis and associated diagnostics for each patient and diagnosis. Technical skills taught and supported include intubation, thoracotomy, needle thoracotomy, laryngeal mask airway placement with surfactant administration, oral intubation, arterial blood sampling, peripheral intravenous placement, umbilical arterial catheterization, umbilical venous catheterization, percutaneous intravenous central catheter placement, lumbar puncture diagnostic and therapeutic.

## 5. 1996-2000 NICU Family Support Group

Developed a weekly support group for families with infants in the NICU to meet and discuss a selected topic as well a personal experiences and struggles. Provided a safe place for parents to express concerns, celebrations and learn about common diagnosis and treatments in the NICU population. Utilized former NICU families as guest speakers to

provide further hope to current families of the what the future holds. The group was run by a nurse practitioner and a social worker.

# **Service to the Community**

1. 2010-20012 Massachusetts Department of Child and Family Services

Met on a bi-monthly basis with expectant mothers currently within the DCFS system to educate and support their understanding of newborn care, care of the substance exposed newborn and topics pertaining to safe sleep, car seat use and guidelines, neonatal withdrawal syndrome, shaken baby, signs and symptoms of an ill infant and who to contact.