

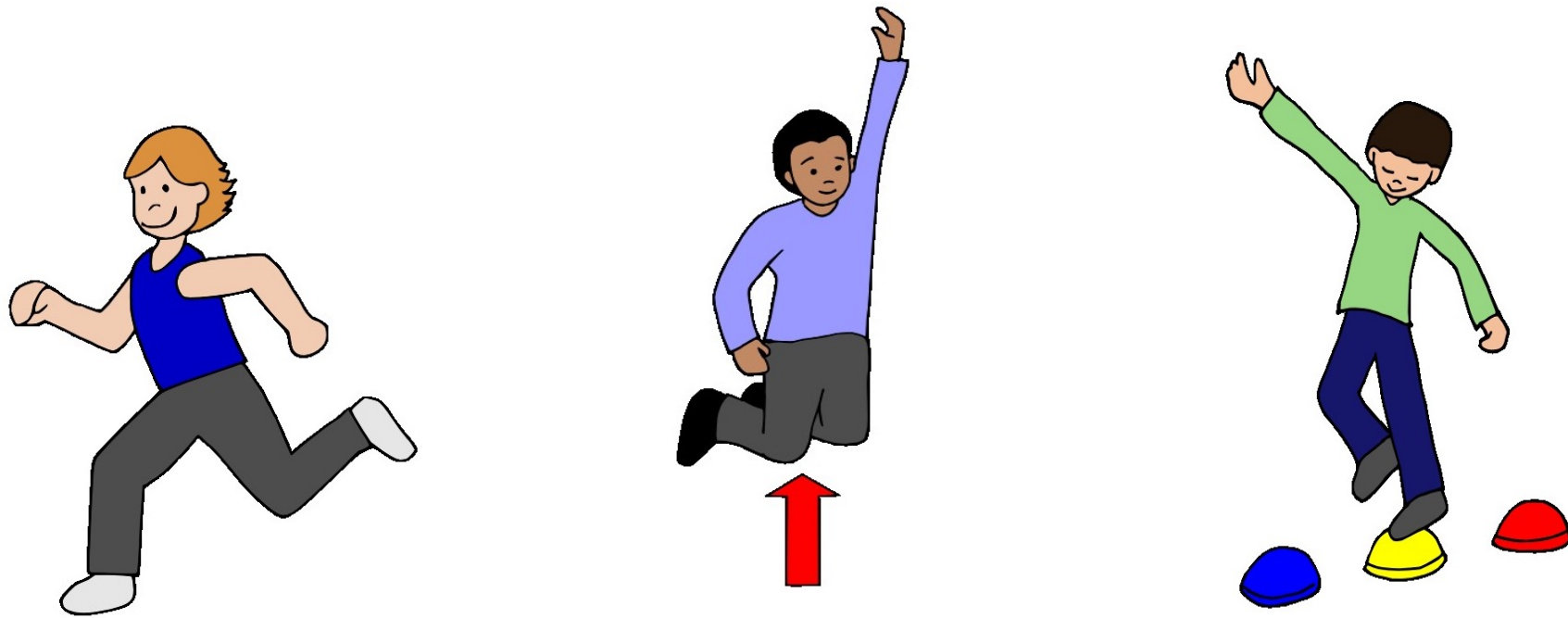
Active Playtime



Northeastern University

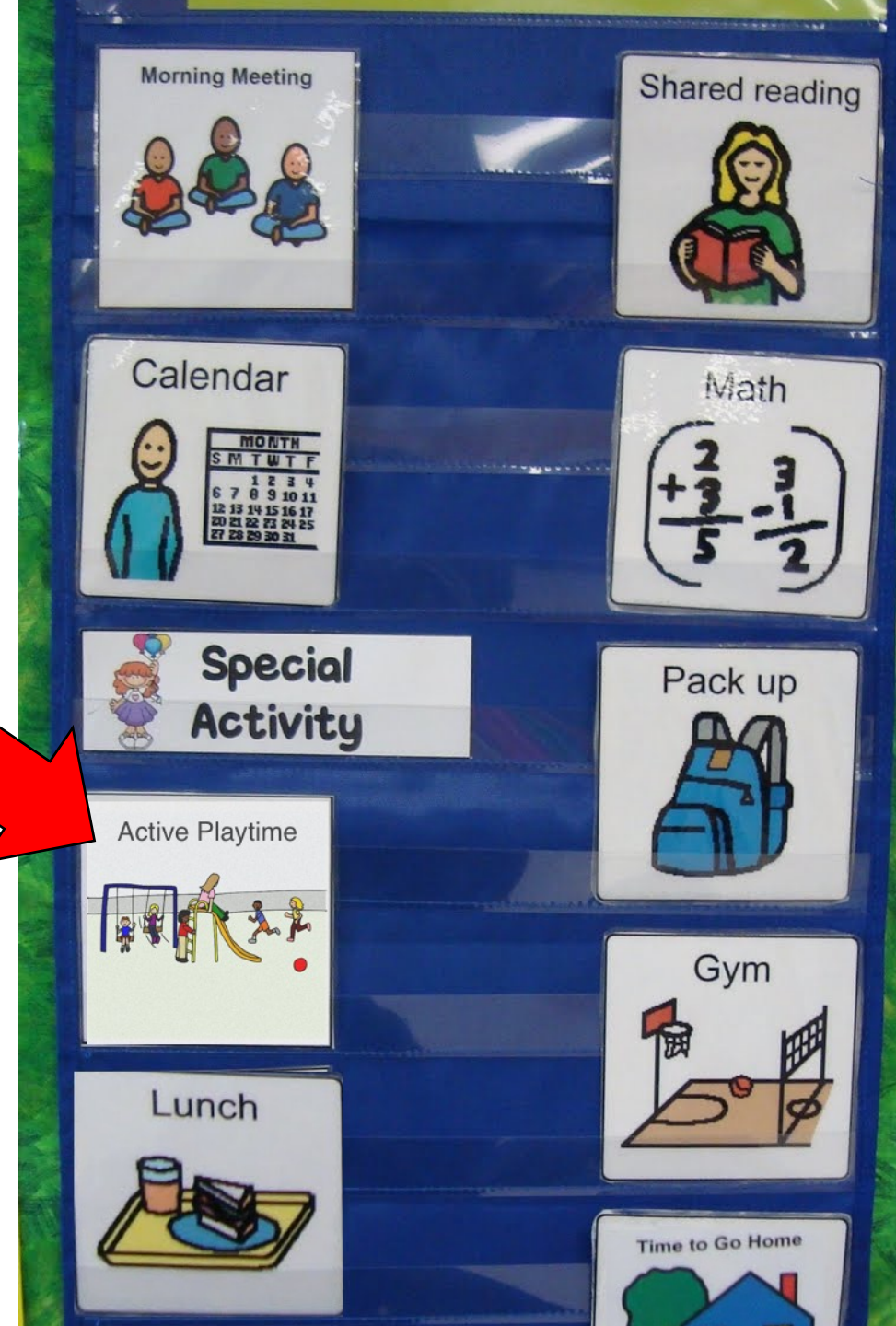
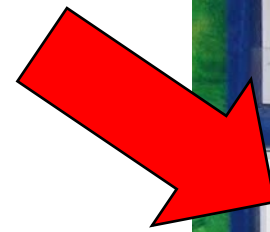
Floating Hospital
for Children
at **Tufts** Medical
Center

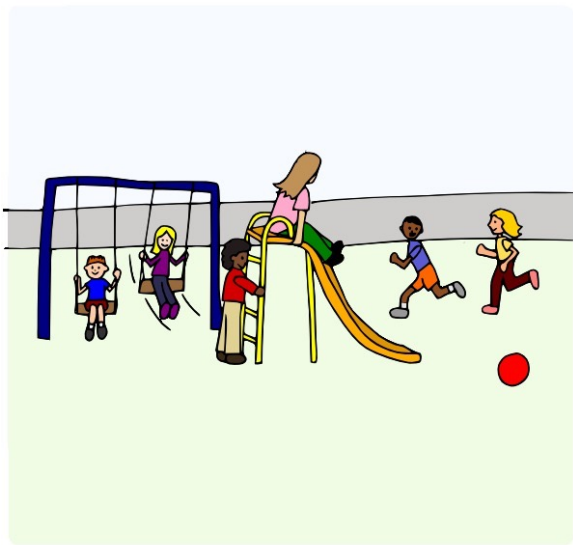
Sometimes we have active playtime at school.



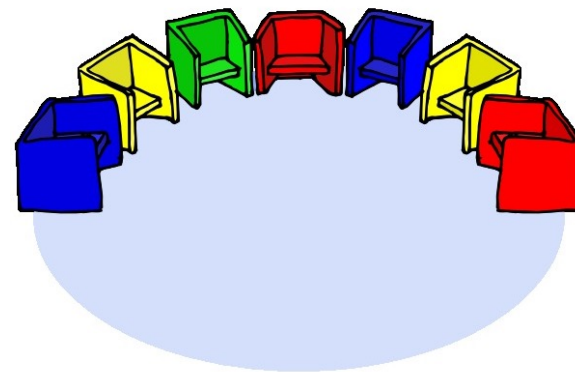
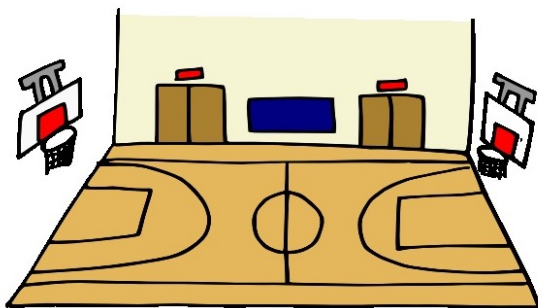
Active playtime is when we move our bodies by running, jumping, and hopping.

I know it's a day for active playtime when my teacher puts it on our classroom schedule.





Sometimes active playtime is outside on our playground or on a field.



Sometimes active playtime is in our gym or in our classroom.



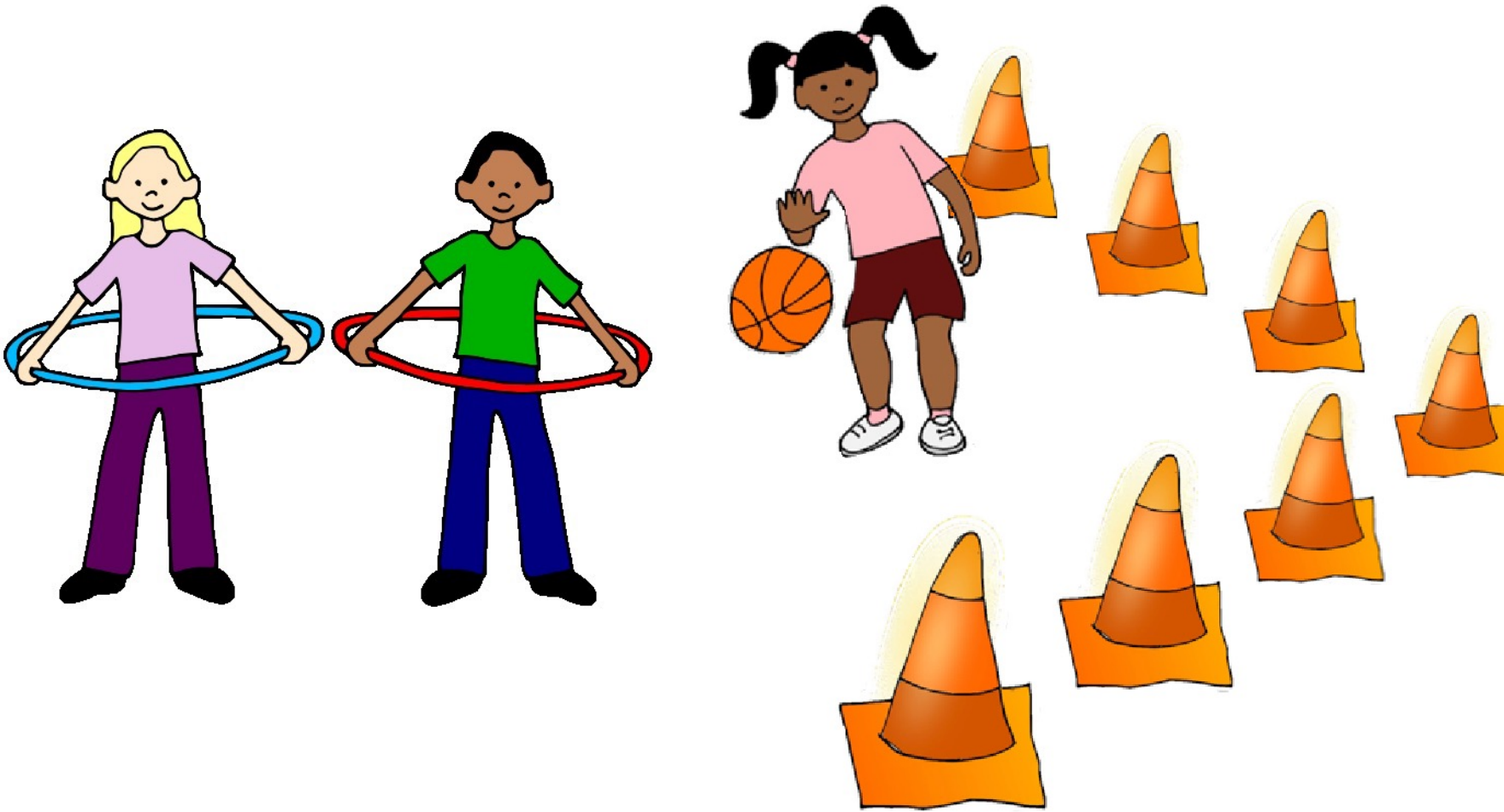
When it's time for active playtime, I sit on my spot and listen while my teacher gives directions.



When the music starts, we start playing the game.



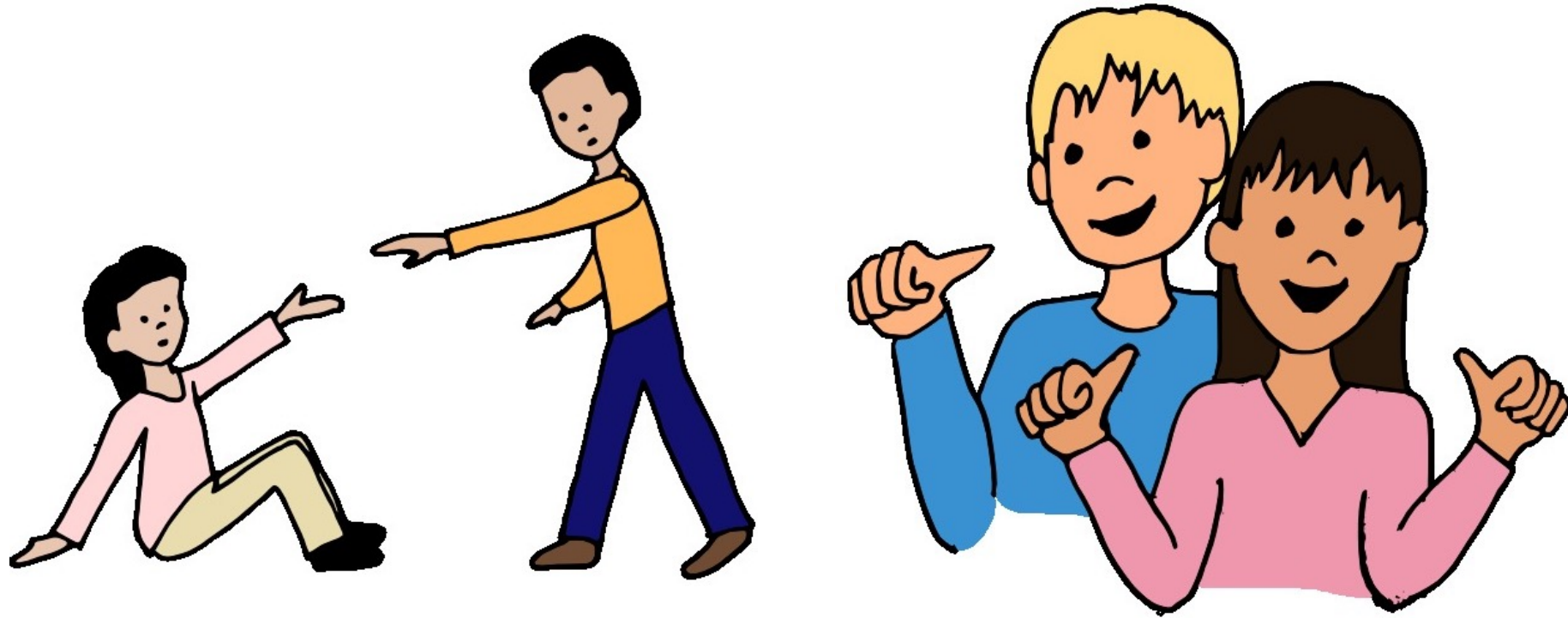
We move around while we play. We run, jump, and hop.



The cones tell us where to play. We stay inside the cones. We don't go outside the cones.



We have safe bodies and keep our hands and feet to ourselves.



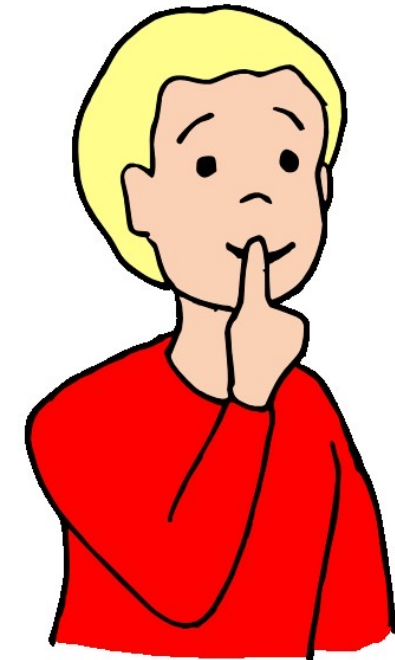
When a friend needs help to play, we help.



When the music stops, we freeze.



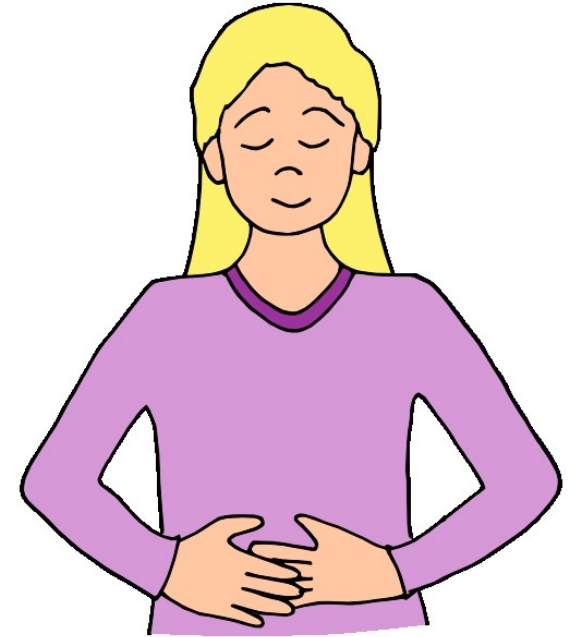
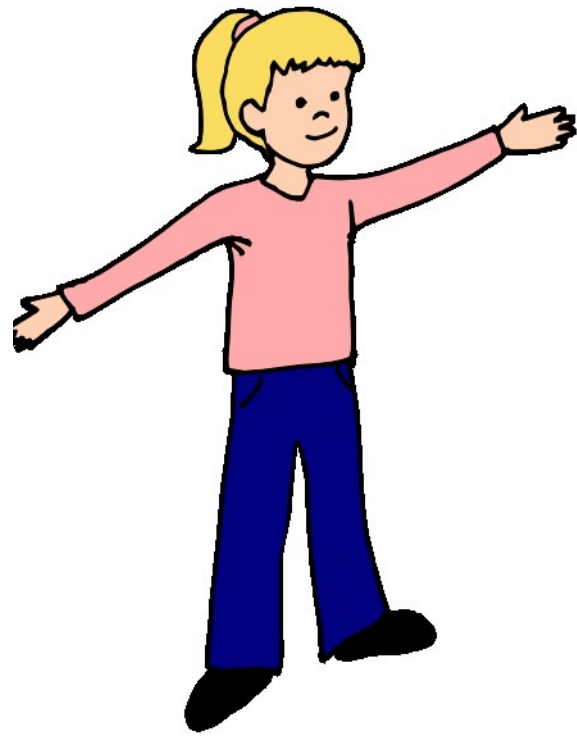
When the teacher says, “Go back to your spot,” we walk quietly to our spots and sit down.



We listen when the teacher gives directions.



Then we play the next game.



At the end of active playtime, we do a cool down activity.



I love when we have active playtime!