

## WE PLAY-Autism

### Self-Assessment Checklist: Unstructured Active Play

This checklist will help you reflect on the unstructured physically active play time you facilitate with your students. Please complete this form after you facilitate unstructured active play with your students.

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Goal:** Please write your goals to help your students be more physically active here. At least one goal should be related to leading structured group games.

1.

2.

Description of unstructured play: \_\_\_\_\_

1. I used equipment/toys that promote PA

Yes  No

Comments:

2. I commented on students' play, narrating their actions as a sportscaster.

Yes  No

Comments:

3. I moved throughout the play space.

Yes  No

Comments:

4. I monitored safety.

Yes  No

Comments:

5. I joined in play as a collaborator, allowing children to take the lead.

Yes  No

Comments:

6. I used strategies to include students with Autism in active play (see manual p. 9)

Yes  No

Comments:

7. I used prompts to refocus children throughout play.

Yes  No

Comments:

8. I provided reinforcement (e.g., verbal praise) for students' effort and engagement in active play.

Yes  No

Comments:

#### Self-Reflection

Personal strengths facilitating unstructured active play:

Personal areas for growth facilitating unstructured active play: