

WE PLAY-Autism

Self-Assessment Checklist: Structured Active Play

This checklist will help you reflect on the structured active group games that you lead with your students. Please identify 2 WE PLAY games from the video library that you would like to lead with your students and complete this checklist and reflections afterward.

Name: _____

Date: _____

Goal: Please write your goals to help your students be more physically active here. Please create at least one goal related to leading structured group games with your students.

1.

2.

Planning for Active Play

1. Active play is planned each day. This can be one or multiple sessions of varied activities spread across the day.	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____ minutes
2. Structured active play is scheduled every day	<input type="checkbox"/> Yes <input type="checkbox"/> No	
3. Unstructured active play is scheduled every day	<input type="checkbox"/> Yes <input type="checkbox"/> No	

Structured Active Play

Games played: _____

4. I provided clear directions about how to play the game in developmentally appropriate terms.	<input type="checkbox"/> Yes <input type="checkbox"/> No Comments:
5. I modeled or demonstrated how to play the game.	<input type="checkbox"/> Yes <input type="checkbox"/> No Comments:
6. I engaged all participating students providing verbal and/or physical prompts to refocus them throughout the game.	<input type="checkbox"/> Yes <input type="checkbox"/> No Comments:
4. I provided reinforcement (e.g., verbal praise) for students' effort and engagement in the activity.	<input type="checkbox"/> Yes <input type="checkbox"/> No Comments:
5. I used strategies to include children with autism in active play (see manual page 9).	<input type="checkbox"/> Yes <input type="checkbox"/> No Strategies used:
6. I moved throughout the play space.	<input type="checkbox"/> Yes <input type="checkbox"/> No Comments:
7. I led games that promote high activity levels (including things like running, jumping, skipping, galloping, hopping, walking briskly).	<input type="checkbox"/> Yes <input type="checkbox"/> No Comments:
8. I monitored safety.	<input type="checkbox"/> Yes <input type="checkbox"/> No Comments:
9. I commented on children's play, narrating their actions as a sportscaster.	<input type="checkbox"/> Yes <input type="checkbox"/> No Comments:

Self-Reflection

Personal strengths leading active play:

Personal areas for growth for leading active play: