

Directions with Simple Language

Tree Planters and Tree Cutters: *Simplified version with one role for children*

Look at these cones (*show cones*). Some are up (*point to cone standing up*) and some are down (*point to cone knocked down*).

I will knock cones down, like this (*demonstrate knocking cones down*). You will put cones up, like this (*demonstrate putting cones up*).

When you hear the music, you start. When the music stops, you freeze. Watch me (*demonstrate freezing*).

Ready, go! (*start the music*)

Snowball Fight

Look at these cones: they make one side here (*point to left side*) and one side here (*point to right side*).

(Names of half the students), come to this side. You stay on this side.

(Names of half the students), come to this side. You stay on this side.

There are balls on both sides. (*Face one group of students*). You will throw balls here (*point to other side*). Watch me (*demonstrate throwing a ball to the other side*).

(*Face other group of students*). You will throw balls here (*point to other side*). Watch me (*demonstrate throwing a ball to the other side*).

When you hear the music, you start. When the music stops, you freeze. Watch me (*demonstrate freezing*).

Ready, go! (*start the music*)

Warm Up with Spots

Look at these spots (*point to spots around the room*).

When the music starts, you gallop like this (*demonstrate galloping around the room*).

When the music stops, you listen. I will tell you a spot to find. If I say, "red spot," you will touch red. Watch me (*demonstrate touching a red spot*). If I say, "yellow spot," you will touch yellow. Watch me (*demonstrate touching a yellow spot*).

When the music starts, you gallop.

Ready, follow me (*gallop the direction that the students should follow*).