

Stephen B. Clark, PT, DPT, MS, SCS, ATC, CSCS

Northeastern University

Bouvé College of Health Sciences

Department of Physical Therapy, Movement and Rehabilitation Sciences

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Education:

Northeastern University

Boston, Massachusetts

2009-2012

Physical Therapy

Doctor of Physical Therapy, 2012

University of Toledo

Toledo, Ohio

1999-2001

Exercise Science/Biomechanics

Master of Exercise Science, 2001

University of Charleston

Charleston, West Virginia

1996-1999

Sports Medicine/Athletic Training

Minor: Mathematics

Bachelor of Science, 1999

Aquinas College

Nashville, Tennessee

1995-1996

General Studies

Licensure Information/Registration Number:

Licensed Physical Therapist

Massachusetts Board of Registration of Allied Health Professions, 8/15/2012

#20174, expire/renew 1/25/2022

Licensed Athletic Trainer

Massachusetts Board of Registration of Allied Health Professions, 8/26/2004

#1646, expire/renew 1/25/2022

Certifications:

Board-Certified Sports Clinical Specialist

American Board of Physical Therapy Specialties,

#54011, expire/renew 6/30/2028

Certified Athletic Trainer
National Athletic Trainers' Association Board of Certification, 6/21/1999
#069902798, expire/renew 12/31/2020

Certified Strength and Conditioning Specialist
National Strength and Conditioning Association, 6/28/2000
#200012985, expire/renew 12/31/2020

Instructor, BLS and Heartsaver
American Heart Association, current

CPR/AED for the Professional Rescuer
American Heart Association, current

Employment and Positions Held:

Assistant Clinical Professor

Department of Physical Therapy, Movement and Rehabilitation Sciences
Northeastern University
Boston, Massachusetts
July 2016 – present

Director of Performance Rehabilitation

Department of Sports Medicine and Performance
Northeastern University
Boston, Massachusetts
September 2018 – Present

Lead Clinician/Physical Therapist

ATI Physical Therapy
Boston - Northeastern Clinic
Boston, Massachusetts
January 2016 – September 2018

Rehabilitation Coordinator

Department of Sports Medicine and Performance
Northeastern University
Boston, Massachusetts
September 2015 – September 2018

Managing Physical Therapist

Sports and Physical Therapy Associates
NU/Marino Center Office
Boston, Massachusetts
May 2015 – December 2015

Part-Time Lecturer/Adjunct Faculty

Department of Physical Therapy, Movement and Rehabilitation Sciences
Northeastern University

Boston, Massachusetts
January 2014 – June 2015

Staff Physical Therapist

Sports and Physical Therapy Associates
NU/Marino Center Office
Boston, Massachusetts
August 2012 – May 2015

Assistant Athletic Trainer

Department of Sports Medicine and Performance
Northeastern University
Boston, Massachusetts
October 2005 – May 2013

Adjunct Instructor

Athletic Training Education Program
Bouvé College of Health Sciences
Northeastern University
Boston, Massachusetts
May 2006 – June 2008

Staff Athletic Trainer/Rehab Aide

Advance PT and Sport Rehabilitation/Lynn English High School
Lynn, Massachusetts
August 2005 – October 2005

Assistant Athletic Trainer/Lecturer

Athletic Training Education Program
College of Science and Engineering
Merrimack College
North Andover, Massachusetts
July 2004 – May 2005

Assistant Athletic Trainer/Instructor

Athletic Training Education Program
College of Health Sciences
The University of Findlay
Findlay, Ohio
November 2002 – August 2004

Assistant Athletic Trainer/Instructor

Athletic Training Education Program
Department of Medical Sciences
Methodist College
Fayetteville, North Carolina
July 2001 – November 2002

Graduate Assistant Athletic Trainer

Sports Medicine Department
University of Toledo

Toledo, Ohio
August 2000 – May 2001

Graduate Assistant Athletic Trainer
Sports Care Rehabilitation/Swanton High School
Toledo, Ohio
August July 1999 – August 2000

Peer Reviewed Publications:

N/A

Peer Reviewed Scientific and Professional Presentations:

1. **Clark SB.** Complicated Lumbopelvic and Hip Dysfunction: Conditions of The Hip & Groin. National Athletic Trainer's Association 69th Annual Clinical Symposia & AT Expo. St. Louis, MO. June 2018.
2. Greenwood KC, **Clark SB**, Nolan DC. Exploring the Utility of Video Playback Technology and Standard Learning Measures to Enhance Mentorship within a Sports Residency Simulation (Poster Presentation). APTA Combined Sections Meeting, New Orleans, LA. February 2018.
3. **Clark SB.** ACL and LCL Reconstruction with Peroneal Nerve Neuropathy in a Competitive Baseball Player: A Case Report. American Physical Therapy Association of Massachusetts Annual Conference, Norwood, MA. October 2017
4. **Clark SB**, Yen YM. Arthroscopic Intervention and Post-Arthroscopic Rehabilitation of FAI and Hip Labral Tears. American Physical Therapy Association of Massachusetts Annual Conference, Norwood, MA. November 2016
5. **Clark SB.** Post-Arthroscopic Rehabilitation of the Athletic Hip. National Athletic Trainer's Association Annual Clinical Symposia & AT Expo. St. Louis, MO. June 2015.
6. **Clark SB.** Conservative Management and Treatment of FAI & Hip Labral Tears. (Invited Speaker). Arkansas Athletic Trainers' Association Annual Meeting. Rogers, AR. April 2013
7. **Clark, SB.,** Conservative Management of Femoroacetabular Impingement and Hip Labral Tears. National Athletic Trainer's Association Annual Clinical Symposia & AT Expo. New Orleans, LA. June 2011.

Abstracts:

N/A

Non-Peer Reviewed Publications:

N/A

Non-Peer Reviewed Presentations:

1. **Clark, SB.** Post-Op Rehab Following Cartilage Procedures of the Knee. (Invited Speaker). MGH Sports Medicine Annual Conference. Boston, MA. June 2018
2. **Clark SB**, d'Hemecourt PA. Emergency Response and Transport. (Invited Speaker). 15th Annual Sports Concussion, Traumatic Brain, and Spine Injury Conference, Boston, MA. May 2018
3. **Clark SB.** Rehabilitation of ACL Reconstruction and Return to Play. 2017 Micheli Lecture, Boston, MA. September 2017

4. **Clark, SB.** Rehabilitation Following Hip Arthroscopy. (Invited Speaker). MGH Sports Medicine Annual Conference. Boston, MA. June 2017
5. **Clark SB,** d'Hemecourt PA. Acute Assessment and Preparation for Emergency Transport. (Invited Speaker). 14th Annual Sports Concussion, Traumatic Brain, and Spine Injury Conference, Boston, MA. May 2017
6. **Clark SB,** d'Hemecourt PA. Acute Assessment and Preparation for Emergency Transport. (Invited Speaker). 13th Annual Sports Concussion, Traumatic Brain, and Spine Injury Conference, Boston, MA. May 2016
7. **Clark SB,** d'Hemecourt PA. Acute Assessment and Preparation for Emergency Transport. (Invited Speaker). 12th Annual Sports Concussion, Traumatic Brain, and Spine Injury Conference, Boston, MA. May 2015
8. **Clark, SB.** Conservative Management of FAI and Hip Dysfunction. (Invited Speaker). New Hampshire Musculoskeletal Institute, 21st Annual Symposium. Bedford, NH. September 2014
9. **Clark, SB.** Rehabilitation of the Post-Arthroscopic Hip. (Invited Speaker). New Hampshire Musculoskeletal Institute, 21st Annual Symposium. Bedford, NH. September 2014
10. **Clark SB,** d'Hemecourt PA. On-Field Emergency Management of Athletes (Invited Speaker). 11th Annual Sport Related Conference on Concussion and Spine Injury. Boston, MA. May 2014
11. **Clark SB.** Hip Injuries in Ice Hockey. (Invited Speaker). The Pediatric and Young Adult Hip. Boston Children's Hospital, Boston, MA. May 2014
12. Yen, YM, **Clark, SB,** Cassella-Kulak, M. Prevention of Hip Injuries in Hockey. (Invited Speaker). 1st Annual Micheli Lecture for Sports Injury Prevention, Boston, MA. October 2013.
13. **Clark SB,** d'Hemecourt PA. On-Field Emergency Management of Athletes (Invited Speaker). 10th Annual Sport Related Conference on Concussion and Spine Injury. Boston, MA. May 2013
14. **Clark SB.** Conservative Management and Treatment of FAI & Hip Labral Tears. (Invited Speaker). Saco Bay Physical Therapy Spring Sports Symposium. Biddeford, ME. April 2013.
15. **Clark SB.** On-Field Assessment and Management of Shoulder Injuries. (Invited Speaker). Spring Sports Caveats: Assessing the Acute Shoulder, South Shore Hospital Center for Sports Medicine and Orthopedics. Hingham, MA. March 2013.
16. d'Hemecourt PA, **Clark SB.** On-Field Care of the Spine Injured Athlete (Invited Speaker). Children's Hospital Boston Division of Sports Medicine, Physician Inservice. June 2012.
17. d'Hemecourt PA, **Clark SB.** On-Field Emergency Management of Athletes (Invited Speaker). 9th Annual Sport Related Conference on Concussion and Spine Injury. Boston, MA. May 2012
18. Moriarity JM. **Clark SB.** Concussion Management: The Good, Bad, and the Ugly. United States Youth Soccer Association Convention. Boston, MA. February 2012
19. **Clark SB.** Rinkside Assessment of Concussion for Parents and Coaches. (Invited Speaker and Panelist). Play Smart: Concussion Prevention in Youth Hockey, Randolph, MA. January 2012
20. d'Hemecourt PA, **Clark SB.** On-Field Care of the Spine Injured Athlete (Invited Speaker). Children's Hospital Boston Division of Sports Medicine, Physician Inservice. July 2011.
21. d'Hemecourt PA, **Clark SB.** On-Field Management of Concussions (Invited Speaker and Panelist). 8th Annual Sport Related Conference on Concussion and Spine Injury. Boston, MA. May 2011

22. **Clark SB.** Femoroacetabular Impingement and Hip Labral Tears. (Invited Speaker). Massachusetts Institute of Technology Department of Sports Medicine. May 2010.
23. **Clark SB.** Athletic Taping Techniques (Invited Speaker). Children's Hospital Boston Division of Sports Medicine, Physician Inservice. December 2009.

Funded/In Review Grant Activity:

N/A

Other Scholarly Products:

1. Burton K, Manos L, Rahman M, Taitel Z, Yen S, **Clark SB.** A Prospective Pilot Study: An Exploration of Contributing Factors to Time-Loss Injuries in NCAA Division I Student-Athletes (Poster Presentation) Northeastern University Research, Innovation and Scholarship Expo. March 2019
2. Ceccon A, Hatzikonstantis J, Krug, K, Santiago A, Iversen M. **Clark SB.** Jump Dynamics and Injury Rates among NCAA D1 Athletes. (Poster Presentation) Northeastern University Research, Innovation and Scholarship Expo. March 2018
3. DiMauro A, Ogundiran R, **Clark SB.** ACL and LCL Reconstruction with Peroneal Nerve Neuropathy in a Competitive Baseball Player: A Case Report. (Poster Presentation). Northeastern University Research, Innovation and Scholarship Expo. March 2017
4. Bohannon B, **Clark SB,** Hickey M. Differential Diagnosis of Groin Pain in a Division 1 Collegiate Ice Hockey Player. (Poster Presentation). Northeastern University Research, Innovation and Scholarship Expo. March 2012
5. Maxwell CN, **Clark SB,** Cahalin LP, Thomas AC. Prevalence of Acetabular Labral Tears and Prevention Screening in Division 1 Collegiate Ice Hockey. (Poster Presentation). Northeastern University Research and Scholarship Expo. March 2011.
6. Wiwchar DM, Chatham K, Boothby DS, **Clark SB,** Cahalin LP. High-Intensity Inspiratory Muscle Training Improves Skating Performance and Maximal Oxygen Consumption in Division 1 College Ice Hockey Players. (Poster Presentation). Northeastern University Research and Scholarship Expo, March 2010

Research Activity:

1. **Clark SB,** Campbell B, Armstrong, C. Electromyographic Comparison of Ice Hockey Skating and Slideboard Activity. (Master's Thesis). University of Toledo Department of Exercise Science. May 2001.

Continuing Education Workshops Organized:

1. Mutual Aid Training: Northeastern University Police and Sports Medicine Departments (Event Coordinator). Boston, MA. December 2009.
2. 2nd Annual Distinguished Lecture Series in Sports Medicine. (Event Coordinator). Northeastern University, Boston, MA. June 2008.

Membership in Scientific/Professional Organizations:

- American Physical Therapy Association
- Sports Physical Therapy Section
- National Athletic Trainers' Association
- National Strength and Conditioning Association
- Eastern Athletic Trainers' Association
- Athletic Trainers of Massachusetts

Consultative and Advisory Positions Held:

N/A

Community Service:

1. Safety Director and Baseball Coach, Reading Little League Baseball. 2016 - present

Services to the University/College/School on Committees/Councils/Commissions:

- Alumni and Social Media Committee, Chair
Department of Physical Therapy, Movement and Rehabilitation Sciences
September 2017 – present
- Sports Residency Committee, Member
Department of Physical Therapy, Movement and Rehabilitation Sciences
July 2016 – present
- Alumni Committee, Member
Department of Physical Therapy, Movement and Rehabilitation Sciences
November 2016 – September 2017
- Sports Performance Concentration, Director
Department of Physical Therapy, Movement and Rehabilitation Sciences
October 2016 – present

Honors and Awards: N/A

Continuing Education Attended:

1. American Physical Therapy Associate of Massachusetts Annual Conference, Norwood, MA. November 2020.
2. American Physical Therapy Association Combined Sections Meeting, Denver, CO. February 2020
3. American Physical Therapy Association Combined Sections Meeting, Washington, DC. February 2019
4. American Academy of Sports Physical Therapy Team Concept Conference 2018. Las Vegas, NV. November 2018
5. National Athletic Trainer's Association 69th Annual Clinical Symposia & AT Expo. St. Louis, MO. June 2018.
6. MGH Sports Medicine Annual Conference. Boston, MA. June 2018
7. 15th Annual Sports Concussion, Traumatic Brain, and Spine Injury Conference, Boston, MA. May 2018
8. American Physical Therapy Association Combined Sections Meeting, New Orleans, LA. February 2018
9. Successful Mentorship for Residency and Fellowship Education, APTA Online Course, January 2018
10. American Physical Therapy Associate of Massachusetts Annual Conference, Norwood, MA. November 2017.
11. The 2017 Micheli Lecture, Boston Children's Hospital, Boston, MA. September 2017
12. 14th Annual Sports Concussion, Traumatic Brain, and Spine Injury Conference, Boston, MA. May 2017
13. MGH Sports Medicine Annual Conference. Boston, MA. June 2017
14. Emergency Medical Response, Cogent Steps, LLC, Boston, MA. March 2017
15. American Physical Therapy Association Combined Sections Meeting, San Antonio, TX. February 2017.

16. American Physical Therapy Associate of Massachusetts, Shoulder SIG: Advance Therapeutic Techniques, Boston, MA February 2017
17. American Physical Therapy Associate of Massachusetts, Shoulder SIG: Surgical and Post-Operative Management of Shoulder Instability, Boston, MA. December 2016.
18. American Physical Therapy Associate of Massachusetts Annual Conference, Norwood, MA. November 2016.
19. The 2016 Micheli Lecture: The Science of Running: Injuries and Prevention, Boston, MA. September 2016.
20. Postural Restoration Institute, Postural Respiration, Boston, MA. June 2016.
21. 13th Annual Sports Concussion, Traumatic Brain, and Spine Injury Conference. Boston, MA. May 2016.
22. Micheli Lecture 2015: Throwing Injuries in the Young Athlete: Diagnosis, Treatment, and Rehabilitation & Prevention. Boston, MA. September 2015.
23. National Athletic Trainer's Association Annual Clinical Symposia & AT Expo. Las Vegas, NV. June 2015.
24. 12th Annual Sports Concussion, Traumatic Brain, and Spine Injury Conference. Boston, MA. May 2015.
25. New Hampshire Musculoskeletal Institute, 21st Annual Symposium. Bedford, NH. September 2015
26. The Pediatric and Young Adult Hip, Boston Children's Hospital. Boston, MA. May 2014.
27. 11th Annual Sport Related Conference on Concussion and Spine Injury. Boston, MA. May 2014.
28. Selective Functional Movement Assessment – Advanced SFMA. Newark, NJ. November 2013.
29. First Annual Micheli Lecture for Sports Injury Prevention. Boston, MA. October 2013.
30. National Athletic Trainer's Association Annual Clinical Symposia & AT Expo. Las Vegas, NV. June 2013.
31. 10th Annual Sport Related Conference on Concussion and Spine Injury. Boston, MA May 2013.
32. Arkansas Athletic Trainers' Association Annual Meeting. Rogers, AR. April 2013.
33. Saco Bay Physical Therapy Spring Sports Symposium. Biddeford, ME. April 2013.
34. NATA 63rd Annual Clinical Symposia & AT Expo. St. Louis, MO. June 2012.
35. BSMPG Summer Seminar. Boston, MA. June 2012.
36. 9th Annual Sport Related Conference on Concussion and Spine Injury. Boston, MA. May 2012.
37. Selective Functional Movement Assessment – Level 1 Certification Course. Boston, MA. April 2012.
38. National Athletic Trainer's Association's 62nd Annual Meeting and Clinical Symposia. New Orleans, LA. June 2011.
39. ImPACT Training Workshop. New Orleans, LA. June 2011.
40. BSMPG Summer Seminar – Standing on the Shoulders of Giants. Boston, MA. June 2011.
41. 8th Annual Sport Related Conference on Concussion and Spine Injury. Boston, MA. May 2011.

Current Teaching Responsibilities in the Entry-Level Program:

Professional Year 3, Spring:

PT5165 Sports Medicine: Managing the Injured Athlete; Primary Instructor
 PT5229 Physical Therapy Project 2, Instructor

Professional Year 3, Summer:

PT 6237 Advanced Topics in PT: Sports Conditioning; Primary Instructor

Professional Year 3, Fall:

PT5227 Physical Therapy Project 1, Instructor

Professional Year 1, Spring:

PT5132 Anatomy Lab

Non-Professional Program, Fall:

PT 1880 Introduction to Sports Medicine; Primary Instructor

Previous Teaching Responsibilities in the Entry-Level Program:

Professional Year 4, Fall:

PT5506 Musculoskeletal Management I Lab; Instructor

Previous Teaching Responsibilities:

Northeastern University (2006-2008)

ATPU 330 Neuromuscular and Cardiovascular Programming

ATPU 321 Therapeutic Exercise Lab

Merrimack College (2004-2005)

AH 304L Introduction to Sports Medicine: Lab

AH 314 Athletic Training (Therapeutic Exercise) Practicum 1

The University of Findlay (2003-2004)

ATTR 461 Injury Assessment - Upper Extremity

ATTR 423/523 Clinical Education II

ATTR 422 Clinical Education II

SCON 271 Strength and Conditioning II

Methodist College (2001-2002)

ATP 319 Evaluation II - Upper Extremity

PED 312 Basic Biomechanics

PED 217 First Aid and Safety

ATP 112 Clinical Methods in Athletic Training

PED 205 Personal and Community Health

ATP 318 Evaluation I - Lower Extremity