

COMPREHENSIVE PROFESSIONAL VITAE

Name Elaina D. Manolis, PT, DPT, ScD, GCS, OCS

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A. EDUCATION AND ACADEMIC QUALIFICATIONS

Education

Doctor of Science in Physical Therapy (ScD)

Texas Tech University Health Sciences Center
Lubbock, TX
May 2021

Doctorate of Physical Therapy (DPT)

University of New Mexico School of Medicine
Albuquerque, NM
June 2015

Bachelor of Science in Exercise Science

University of New Mexico
Albuquerque, NM
December 2010
Athletic Academic Award 2007, 2008, 2009
Dean's List Spring 2010
Dean's List Fall 2007

Academic Experience

March 2021 – present Assistant Clinical Professor and Associate
Director of Clinical Education
Department of Physical Therapy
Northeastern University
Boston, MA

August 2020 – March 2021 Part-Time Instructor
Department of Physical Therapy
Northeastern University
Boston, MA

August 2020 – present Anatomist/Cadaver Dissector
Department of Physical Therapy
Northeastern University
Boston, MA

May 2017 – August 2021 Adjunct Faculty

Department of Physical Therapy
University of Massachusetts Lowell
Lowell, MA

B. PROFESSIONAL ACTIVITIES

Professional Association Membership/Participation

2013 – present	American Physical Therapy Association (APTA)
2013 – 2015	APTA New Mexico Chapter
2015 – present	APTA Massachusetts Chapter
2015 – present	APTA Orthopedic/Sports Physical Therapy Section
2017 – present	APTA Geriatrics Section
2019 – present	APTA Performing Arts SIG
2013 – present	International Association of Dance Medicine & Science (IADMS) member Professional Development Committee Member since 2019
2019 – present	Spaulding Rehabilitation Network Dance SIG member

Professional Licenses and Certifications

2015 – present	Massachusetts Physical Therapy license # 022025
2020 – present	New Hampshire Physical Therapy license # 4622
2015 – present	APTA Credentialed Clinical Instructor
2018 – present	Board-Certified Geriatric Clinical Specialist (GCS)
2021 – present	Board-Certified Orthopedic Clinical Specialist (OCS)
2015 – present	Level I Dry Needling

Professional Honors and Awards

2007	Athletic Academic Award University of New Mexico
2007	Dean's List University of New Mexico
2008	Athletic Academic Award University of New Mexico
2009	Athletic Academic Award University of New Mexico
2010	Dean's List University of New Mexico

Professional Clinical Experience

2019 – present	Spaulding Rehabilitation Network Physical Therapist/Advanced Clinician Outpatient Orthopedics Boston, MA
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2019 – present	<p>NeuroTour Physical Therapy Contract Physical Therapist Performing Arts Physical Therapy</p> <p><i>Fiddler on the Roof</i>, Colonial Theater, February 2020 <i>A Bronx Tale</i>, Hanover Theater, January 2020 <i>Beautiful</i>, Hanover Theater, September 2019 <i>Dear Evan Hansen</i>, Boston Opera House, July 2019 <i>Miss Saigon</i>, Boston Opera House, June 2019 <i>Les Miserables</i>, Boston Opera House, April 2019</p>
2019 – present	<p>EDM Physical Therapy, LLC Owner/Physical Therapist Outpatient Orthopedics Dracut, MA</p>
2016 – 2019	<p>D’Youville Life and Wellness Community Rehabilitation Supervisor/Physical Therapist Skilled Nursing Facility/Short Term Rehab/LTC Lowell, MA</p>
2015 – 2016	<p>Dracut Physical Therapy Physical Therapist Outpatient Orthopedics Dracut, MA</p>

Invited Professional Presentations

2020	<p><i>Cervical Radiculopathy</i> Guest Lecture Harvard School of Medicine</p>
2018	<p><i>Geriatric Rehabilitation</i> Guest Lecture North Shore Community College Physical Therapy Assistant Program</p>
2017	<p><i>Geriatric Rehabilitation</i> Guest Lecture North Shore Community College Physical Therapy Assistant Program</p>
2017	<p><i>Femoral Acetabular Impingement</i> University of Massachusetts Lowell Physical Therapy Department</p>
2015	<p><i>Physical Activity and Cancer-Related Fatigue</i> D’Youville Life and Wellness Community Rehabilitation Department</p>

2015 *Injuries in Ballet Dancers associated with Over-Turnout, Muscle Imbalances, and Muscular Fatigue*
Langford Physical Therapy

C. SERVICE ACTIVITIES

2012 – present **Project Helping Hands**
Manolis Family Foundation
Assemble and distribute over 15,000 Thanksgiving meals to those in need

2019 **ComiCon**
Boston Convention Center
Represented Spaulding Rehabilitation Network in performing grip strength assessments for participants

2019 **Dancer Wellness Day**
Boston Dance Alliance
Performed injury prevention screens for dancers participating in audition for Boston Dance Alliance

2016 – 2019 **Steppin' Out for Seniors**
D'Youville Life and Wellness Community
Led warmup and cooldown for 5K participants

2013 – 2015 **AOC Homeless Shelter**
Albuquerque, NM
Student-run Pro Bono Physical Therapy Clinic

2014 **Fall Risk Screening**
New Mexico State Fair

D. CONTINUING EDUCATION ATTENDED

2021 *APTA Ortho SIG: Orthopedic Case Presentations (LiveStream)*

2020 *Principles of Medical Education: Maximizing Your Teaching Skills (LiveStream)*
Harvard Medical School, October 14-16, 2020

2020 *Performance Enhancement & Resiliency in the Dancer: A Virtual Continuing Education Course*
Elaina Manolis, ScD Dissertation, September 19-20, 2020

2020 APTA Combined Sections Meeting, Denver, CO

2019 International Association of Dance Medicine & Science
29th Annual Conference: Montreal, Quebec, Canada

2019 *Backstage: Injury Prevention and Management*
NeuroTour, October 2019 in Somerville, MA

2019 *Visceral Manipulation Level 1*
Barral Institute, September 2019 in Albuquerque, NM

2019	<i>Clinical Exam and Musculoskeletal Management of the Lower Cervical Spine</i> IAOM- US, May 2019 in Allen, TX
2019	<i>Harvard SOM Sports Medicine Conference</i> Harvard School of Medicine, May 2019 in Boston, MA
2019	<i>Clinical Exam and Musculoskeletal Management of the Upper Cervical Spine</i> IAOM-US, February 2019 in Allen, TX
2018	<i>Clinical Exam and Manual Therapy – Recurrent and Chronic Lumbar Spine Pain</i> IAOM-US, October 2018 in Allen, TX
2018	<i>Clinical Exam and Manual Therapy – Acute Lumbar Spine Pain</i> IAOM-US, September 2018 in Warwick, RI
2018	<i>Clinical Exam and Manual Therapy – TOS and CT Junction</i> IAOM-US, August 2018 in Kansas City, MO
2016	<i>Dry Needling, Level 1</i> IAOM-US, January 2016 in Albuquerque, NM
2016	<i>Credentialed Clinical Instructor</i> APTA in Massachusetts
2014	APTA Combined Sections Meeting: Las Vegas, NV

E. INSTRUCTION RELATED ACTIVITY

University of Massachusetts Lowell, Lowell, MA

Department of Physical Therapy and Kinesiology:

Spring 2021:

DPTH 6450 PT Interventions III Lecture

Summer 2020:

DPTH 6030 Clinical Anatomy Lab (*transitioned online due to COVID-19*)

Spring 2020:

DPTH 6060 Neuroscience Lab (*transitioned online due to COVID-19*)

Summer 2019:

DPTH 6030 Clinical Anatomy Lab

Spring 2019:

DPTH 6230 Musculoskeletal PT II Lab

Fall 2018:

DPTH 6070 PT Interventions I Lab

DPTH 6270 PT Interventions II Lab

Summer 2018:

DPTH 6030 Clinical Anatomy Lab

Fall 2017:

EXER 3170 Kinesiology Lab
Summer 2017:
DPTH 6030 Clinical Anatomy Lab

Northeastern University
Department of Physical Therapy:

Fall 2020:
PT 6341 Functional Anatomy 2 Lab
Summer 2021:
PT 6331 Functional Anatomy 1 Lab