**Course Description:** Management of the young athlete is a complex, constantly evolving area of orthopedics. This course will present an array of topics including throwing injuries, gait analysis & retraining, hip injuries in the dancer, concussion management in the young athlete, and special considerations for the elite athlete. In particular, evaluation, surgical, and rehabilitation considerations will be discussed.

**Course Objectives**
- Describe the components of effective gait analysis.
- Identify common throwing injuries and related risk factors in the young athlete.
- Describe effective evaluation and rehabilitation techniques for the young throwing athlete.
- Identify common hip injuries and associated risk factors in the young dancer.
- Discuss various evaluation findings and return to sport criteria in concussion management.
- Identify the unique concerns and conditions associated with the elite level young athlete.

**Course Schedule: October 3, 2015**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Registration &amp; Continental Breakfast</td>
</tr>
<tr>
<td>8:00 am</td>
<td>Course Welcome</td>
</tr>
<tr>
<td>8:05 am</td>
<td>Running Related Injuries and Current Evidence – Pierre d’Hemecourt, MD</td>
</tr>
<tr>
<td>8:30 am</td>
<td>Gait Retraining Methods – Jen Morse</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Throwing Injuries in the Young Athlete – Donald Bae, MD</td>
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<tr>
<td>9:50 am</td>
<td>Break – Simulation Lab Open</td>
</tr>
<tr>
<td>10:05 am</td>
<td>Returning the Young Thrower to the field - Eric Folmar, PT</td>
</tr>
<tr>
<td>11:00 am</td>
<td>Hip Injuries in Dance – Bridget Quinn, MD</td>
</tr>
<tr>
<td>11:50 am</td>
<td>Break</td>
</tr>
<tr>
<td>12:05 pm</td>
<td>Concussion Management in the Young Athlete - Michele Beasley, MD</td>
</tr>
<tr>
<td>1:00 pm</td>
<td>Training the ‘Elite’ Child Athlete: Current Concerns - Andrea Stracciolini, MD</td>
</tr>
<tr>
<td>2:00 pm</td>
<td>Adjourn</td>
</tr>
</tbody>
</table>

This year marks the 100th anniversary of physical therapy education at Bouvé College. The program, evolved out of the classes at the Boston School for Physical Education in 1915, became the framework for the future of physical therapy and the Department of Physical Therapy, Movement and Rehabilitation Sciences that is Bouvé today. Recognizing the important role of physical education as the underlying foundation for Bouvé’s College of Health Sciences, we invite all alumni of physical education, physical therapy, recreation education and athletic training to attend.

http://www.northeastern.edu/bouve/physical-therapy/centennial/
Current Concepts in the Surgical and Rehab Management of the Young Athlete

**Course Directors**

**Pierre d’Hemecourt, MD**  
Boston Children’s Hospital  
Director of Primary Care Sports Medicine Fellowship;  
Director of Sports Medicine Ultrasound Program;  
Director of Runners Clinic Lecturer in Sports Medicine, Harvard Medical School

**Eric Folmar, PT, DPT, OCS, CKTP**  
Assistant Clinical Professor, Northeastern University  
Director, Transitional Doctorate of Physical Therapy Program, Northeastern University  
Senior PT, Mass Sport & Spine Physical Therapy

**Course Faculty**

**Donald Bae, MD**  
Associate Professor of Orthopaedic Surgery, Harvard Medical School  
Attending Surgeon, Boston Children’s Hospital

**Michael Beasley, MD**  
Staff Physician, Boston Children's Hospital Sports Medicine  
Team Physician, Northeastern University  
Head Team Physician, UMass Boston Athletics  
Instructor in Orthopedics, Harvard Medical School

**Bridget Quinn, MD**  
Team Physician Boston Ballet  
Director Women's Orthopaedic Initiative BIDMC  
Instructor Orthopaedic Surgery, Harvard Medical School

**Andrea Stracciolini, MD, FACSM, FAAP**  
Division of Sports Medicine, Department of Orthopaedic Surgery  
Assistant Professor of Pediatrics, Harvard Medical School

**Jen Morse, MS, CSCS**  
Injury Prevention Specialist  
The Micheli Center for Sports Injury Prevention

**Additional Information**

**Target Audience:** Physicians, Athletic Trainers, Physical Therapists, Physical Therapist Assistants, Athletic Training & Physical Therapy Students

**Location:** 10 Behrakis, Northeastern University

**Contact Hours:** 5.5

**Fees:** Clinicians = $50; Students = $25

**Course Info:**  
[http://www.northeastern.edu/bouve/physical-therapy/](http://www.northeastern.edu/bouve/physical-therapy/)

**Course Registration:**  
[https://commerce.cashnet.com/SFPTCCSRMYA](https://commerce.cashnet.com/SFPTCCSRMYA)

**Cancellation Policy:** A full refund will be provided for any course cancellations made 7 days prior to the course date. A written letter requesting cancellation must be submitted to Eric Folmar email at e.folmar@neu.edu.

* A Special thank you to Sports & Physical Therapy Associates for their gift in support of this continuing education course