



## The Department of Physical Therapy, Movement and Rehabilitation Sciences

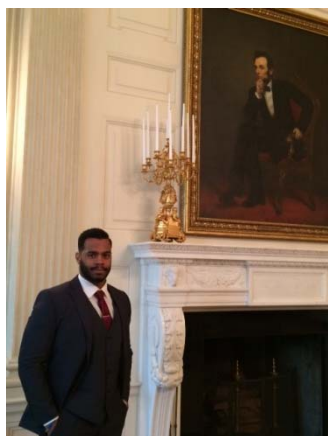


## Spring 2015 Newsletter

### MESSAGE FROM THE CHAIR

2015 was a record year for the City of Boston as we braved the harsh New England weather and for our department as we continued our unparalleled growth and evolution. Through innovative teaching methodologies (flipped classroom, GoogleGlass), NIH and foundation funded research and exceptional clinical experiences we provide dynamic learning opportunities and global community engagement. In this special graduation issue we highlight student, faculty and alumni achievements and look forward to our 100th Anniversary Gala on November 7<sup>th</sup>.

— Maura Daly Iversen, PT, DPT, MPH, SD, FNAP, FAPTA, Professor and Chair



### Extraordinary Experience at Super Bowl XLIX for NU alum!

Elijah Harris, '14 is a proud member of the New England Patriots athletic training team. During the 2014-2015 season he worked under the Head Athletic Trainer and Director of Player Rehabilitation during the pre-season, regular season and play-offs. The photo at left was taken at the White House reception hosted by President Obama on April 23, 2015 to honor the Super Bowl XLIX champions. More information can be found on Page 5.



### Continuing Education

**Course Title:** The ACL: Where Have We Been & Where are We Now? A Comprehensive Approach to the Care of the ACL Injured Patient

**Course Date:** Saturday, June 13, 2015

**Course Location:** Northeastern University, West Village F Room #20

**Contact Info:** David Nolan, PT, DPT, MS, OCS, SCS, CSCS  
[d.nolan@neu.edu](mailto:d.nolan@neu.edu)

Visit our webpage for more information:  
<http://www.northeastern.edu/bouve/physical-therapy/>



# Student News

## Bianca Calderone drafted by the Boston Breakers!

Bianca Calderone, DPT '17 became the first Northeastern women's soccer player selected during the National Women's Soccer League (NWSL) College Draft. She was selected in the fourth round (33rd overall) by the Boston Breakers.

The 2014 CAA Defensive Player of the Year, Calderone will enter the professional ranks following a standout senior campaign with the Huskies. Among her numerous accolades, Calderone was named First-Team All-CAA, First-Team All-Mid-Atlantic Region, First-Team All-New England, and First-Team NSCAA Scholar All-East Region.



## Naomi Bauer participates in elite mentorship program sponsored by Health Policy and Administration The Catalyst!



**Naomi Bauer**, pictured second from left, at the Global Health Reception held at CSM in Indianapolis, Indiana.

Naomi Bauer, DPT '15 was among an elite group of students selected to participate in the HPA The Catalyst mentorship program at the APTA Combined Sections Meeting in February. The mission of HPA The Catalyst is to transform the culture of physical therapy through initiatives that enhance professionalism, leadership, management, and professional advocacy. Through this program, Naomi was mentored by Dawn Magnusson PT, PhD, a Postdoctoral Fellow in the Department of Pediatrics at Johns Hopkins Children's Hospital. Dr Magnusson is a recognized leader in global health issues and joined Naomi at the HPA business meeting, attended programming with her and discussed strategies on how to become professionally engaged. We are also excited to announce that Naomi has been selected as a resident in the prestigious Duke University Cardiovascular and Pulmonary Physical Therapy Residency Program. Congratulations Naomi!

## Outstanding Co-op Education Award

Max Esposito '17 received the 2015 Outstanding Co-op Education Award which recognizes the exceptional accomplishments of a senior while on a Co-op experience. For his final Co-op placement Max worked with Major League Baseball's Arizona Diamondbacks. Max is also a participant in our Sports Concentration.



## Helping Seniors with Disabilities Compete as Athletes

On October 18, 2014, four NUPT students Vanessa Peck, Thaisa Nakano, Roma Rana and Jenna Gove along with Drs. Golub-Victor, Hickey and Sharby participated in the FUNFitness Screening for the Senior Sports Games of the Special Olympics of Massachusetts. Dr. Ann Golub-Victor is the Clinic Director of FUNFitness for Special Olympics of MA and was responsible for organizing the screening event and coordinating the sports activities.

The faculty and students were joined by Deirdre Murphy, an NU alumnus who is also Regional Director of FUNFitness. Students remarked it was inspirational to see these exceptional older adults compete in Olympic Games.



## Love Your Melon!

It's a bird! It's a plan! It's superheroes distributing hats to kids fighting cancer! Northeastern Physical Therapy students Katie Powers, Dakota Thorson, Jade Akilah Blyden and Shea Pease (bottom picture) recently donned capes and caps while visiting Tuft's Medical Center as *Love Your Melon's* Northeastern Campus Crew.

The *Love Your Melon Foundation* is a nonprofit organization run by college students on a mission to put a hat on every child battling cancer. It works as a "one-for-one" model, meaning for every hat bought, one hat is donated to a child in a hospital that is going through treatment.

If you are interested in purchasing a hat for a great cause, visit the *Love Your Melon* website and be sure to select Northeastern University Campus Crew at checkout. [www.loveyourmelon.com](http://www.loveyourmelon.com)



### FOR MORE INFORMATION:

Please visit Northeastern University

Love Your Melon Campus Crew on Facebook:

<https://www.facebook.com/neuloveyourmelon?fref=ts>

# White Coat Ceremony

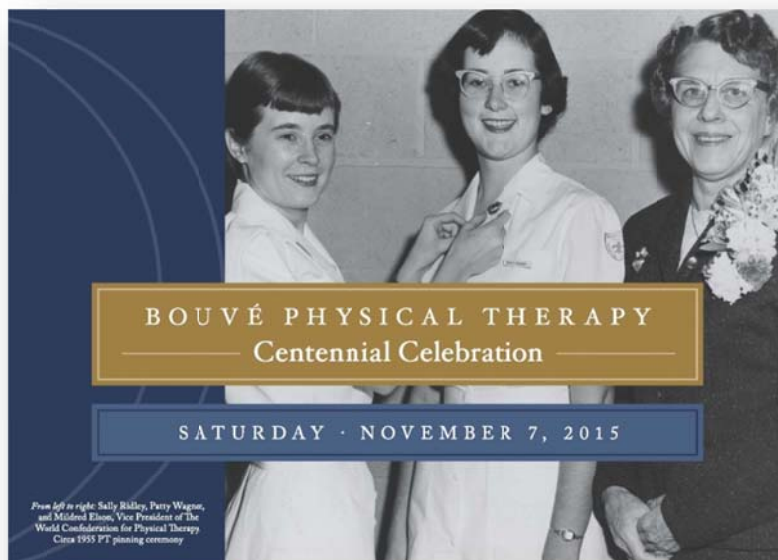
The Department of Physical Therapy, Movement and Rehabilitation Science held our annual White Coat Ceremony on Wednesday, February 27, 2015 in Blackman Auditorium. It was followed by a reception for family and friends in the Curry Student Center.

The ceremony is a symbolic welcome to 95 physical therapy students from the class of 2018 as they enter the first year of the professional component of the program. The white coat is bestowed on each student to wear during practical exams, on Co-op placements and during Clinical Education experiences. It demonstrates a commitment to professionalism, high quality patient care, and respect for others. Following the awarding of the white coats, the students and faculty collectively recited the Oath of the Physical Therapist.

The featured speaker for this year's event was Dan Murray PT, MS. Dan is an NU alumnus from the class of 2000. Following graduation he received an MS degree in Kinesiology at California State University, Fullerton, specializing in clinical exercise science. In 2005, Dan returned to Boston and worked in private practice providing care for patients with orthopedic and sports related injuries. He has been the manager of the Orthopedic, Spine and Sports Therapy program at South Shore Hospital since 2012. Our student speaker this year was Garrett Woo.



# Centennial Celebration ♦ November 7, 2015



Please join us in celebrating our rich history in Physical Therapy. We welcome Marilyn Moffat, PT, DPT, PhD, DSc, FAPTA, CSCS as our keynote speaker. Dr. Moffat is a past-president of the American Physical Therapy Association and the current president of the World Confederation for Physical Therapy.

We will be honoring Rita Wong, PT, EdD, FAPTA, an alum of NU, recognized for her expertise and vision for clinical education and Dr. Robert Sikes, as the faculty honoree.

Please join us for this wonderful celebration!

# Alumni News

## Super Bowl Champion Team (cont'd from pg1)



Dr. Elijah Harris, '14 has one of the most enviable jobs in the world of sports medicine! As a member of the New England Patriots athletic training team he works at their state of the art rehabilitation facility located in Gillette Stadium. As a member of the team he traveled to the XLIX Super Bowl and

participated in Boston's Duck Tour Celebration!

During the team's April 23 visit to the White House in celebration of their XLIX Super Bowl championship, President Obama proclaimed "There's "the Patriot Way" -- a group that values teamwork and hard work above all else, which is why these guys are able to shine even if the spotlight is not on them. They have set a standard for excellence that we may not see again for a very long time."

In addition to working with players during their rehabilitation, Eli is also involved in performing pre-season screens such as the Functional Movement Screen (FMS) to determine mobility, strength or neuromuscular deficits. These impairments may be predictors of injury and the information is used to develop programs aimed to prevent injury and enhance performance. He has also been involved in conducting baseline concussion tests such as ImpACT and SCAT 3.

Eli credits Northeastern University with providing him with the tools needed to be successful in sports medicine while introducing the many paths one can travel as a physical therapist. He feels the Sports Concentration and Co-Operative education opportunities, which are unique to Northeastern, have helped him determine his personal goals while gaining invaluable experience in the rehabilitation arena.

Please join us in congratulating our alumni and faculty that have become new Board-Certified Clinical Specialists!

- Michelle L. Bruno, PT, GCS
- Lindsay Thurston Carhart, PT, DPT, NCS
- Kristina Dunlea, PT, DPT, NCS\*
- Caryn Nicole Ferrigno, PT, DPT, NCS
- Heidi Lynn Fullerton, PT, MSPT, NCS
- Timothy Patrick Gray, PT, MSPT, MCS
- Christopher Joyce, PT, DPT, CSCS, SCS
- Alison Joy Katz, PT, DPT, OCS

- Alexandra Rose Laura, PT, DPT, CSCS, SCS
- Andrew Gates Miller, PT, DPT, OCS
- Erin Grace Milton, PT, DPT, NCS
- Elizabeth Molloy, PT, DPT, OCS
- Karen Ann Morrone, PT, DPT, BS, MS, OCS
- Yaroslav Mukha, PT, DPT, OCS
- Elisa Christine Nicolaou, PT, DPT, OCS
- David Nolan, PT, DPT, MS, OCS, SCS, CSCS\*

- Jessica Joan Rossi, PT, DPT, CCS
- Jenna L. Tucker, PT, DPT, CBIS, NCS
- Samantha Welsch, PT, DPT, OCS
- Patience Lyn Westfall, PT, OCS
- Haley Shea Worst, PT, DPT, OCS

\*Designates Northeastern Faculty Member

# Student Awards

## **Polly Cerasoli Award**

Winner: *Kristin Dunn, DPT '15*

Kristin was selected for her strong leadership and dedication to physical therapy. Kristin is an outstanding student educator serving as a Teaching Assistant in Clinical Integration. As an invited guest to the Board of Trustees meeting, Kristin demonstrated remarkable poise and professionalism as she articulated the need for simulation lab funding to President Aoun and the Board. Like Polly, Kristin has an excellent sense of humor and grace.

## **Kerkor “Koko” Kassabian Scholarship**

Winner: *Lauren Tarsi, DPT '15*

This scholarship is awarded to a physical therapy student who excels personally and professionally in leadership, research, advancement of the profession, or performance on clinical experiences. Lauren demonstrated exceptional writing and research skills for her capstone project mentored by Dr. Marie Corkery. Lauren is the first author on an article accepted for publication in *The Rheumatologist*.

## **William “Doc” F. Linskey Award**

Winners: *Kari Tuttrup, DPT '15*  
*Erin Ward, DPT '15*

This award is given to a student who excels personally and professionally in leadership, advancement of the profession, community engagement or performance on clinical experiences. Kari is a natural leader who provided countless hours of service supporting and guiding younger students.

As a Bouvé Fellow, Kari's teaching and mentorship skills blossomed as she supported incoming freshmen.

Erin is an excellent student who has a great personality; she is always able to make people smile. Erin served as a tutor for varsity athletes – a task she embraced with dedication and enthusiasm. She approaches her goals with hard work, dedication and passion.

## **Huntington 100 Award**

Eight physical therapy students were recognized as Huntington 100 award recipients. This prestigious honor recognizes seniors and underclassmen that have excelled in their respective areas—from research and entrepreneurship to experiential learning and athletics.

- Aliana Akhtar, *DPT '16*
- Bianca Calderone, *DPT '17*
- Amy Donohoe, *DPT '16*
- Patrick Gilbert, *DPT '16*
- Ariel Hovland, *DPT '16*
- Luke Lindsay-Brisbin, *DPT '16*
- Marissa Santos, *DPT '16*
- Justine Steinberger, *DPT '17*

## **Wendy Breen Kline Award**

Winner: *Kayla Hazel, DPT '17*

The Wendy Breen Kline award was established in 1997 and is named in honor of the late Wendy Breen Kline, BB '84, PAH '88, past president of the Alumni Association. Wendy was recognized for her outstanding and compassionate leadership.

## STUDENT AWARD WINNERS



## **Huntington 100 Winners**

Huntington 100 winners pictured left to right: Amy Donohoe, Ariel Hovland, Luke Lindsay-Brisbin, Patrick Gilbert, Aliana Akhtar and Marissa Santos. Not pictured: Bianca Calderone and Justine Steinberger.



## **Co-op Education Award Winner**

Student award winners pictured left to right: Kristin Dunn, Kari Tuttrup, Erin Ward and Lauren Tarsey.



## **Wendy Breen Kline Award Winner**

Kayla Hazel, *DPT '17* (left), pictured with her alumni mentor, Natalee Pennicooke '08 (right).

# Faculty Awards

## Department Chair named Catherine Worthingham Fellow



We are extremely proud to announce that Dr. Maura Iversen, our department chair has been elected a Catherine Worthingham Fellow of the American Physical Therapy Association. She will receive this award in June at the NEXT Conference & Exposition and will add the designation FAPTA to her academic credentials. This designation is the highest honor given by the APTA.

Catherine Worthingham was a visionary who demonstrated leadership across all domains of physical therapy including advocacy, education, practice and research. Dr. Iversen's achievements more than exemplify these ideals. She is an internationally recognized scholar in the study of rheumatoid arthritis where she has provided direct interventions, conducted research, created an exemplary body of scholarship, and publicly advocated for funding to support research and service delivery. As a behavioral scientist she has created numerous interventions designed to promote physical activity, exercise participation and medication adherence. Iversen has been on the faculty of numerous physical therapy programs in the Boston area and worldwide, where she has been instrumental in curricular development, teaching and mentoring of students. A leader in professional organizations both within and outside of APTA, Iversen is currently an APTA spokesperson on arthritis and is a representative to the US Bone and Joint Osteoarthritis Initiative. She is past president of the Association of Rheumatology Health Professions, served on the Board Of Directors for the American College of Rheumatology, the Rheumatology Research Foundation, and the Arthritis Foundation of New England.

## APTA Awards

### 2015 James A. Gould Excellence in Teaching Orthopedic Physical Therapy Award

*Mary Hickey, PT, DPT, MPH*

### 2015 Jeanne Fisher Distinguished Mentorship Award

*Ann Golub-Victor, PT, DPT, MPH*

### 2015 Richard Kessler Memorial Award

*Ann Golub-Victor, PT, DPT, MPH*

## Departmental Awards

### Faculty Innovation in Teaching Award

This award recognizes Physical Therapy Faculty who demonstrates innovation and enthusiasm in teaching.

Winner: *Robert Sikes, PhD*

### Faculty Excellence in Community Engagement

This award recognizes Physical Therapy Faculty who demonstrates excellence in community engagement.

Winner: *David Nolan, PT, DPT, MS, OCS, SCS, CSCS*

### Part-Time Faculty Award for Excellence in Teaching

To be awarded to part time Physical Therapy Faculty who demonstrate excellence in clinical teaching, dedication, enthusiasm, commitment to student learning and to continuous improvement as a clinical instructor.

Winner: *Pam Donlan, PT, CLT-L*

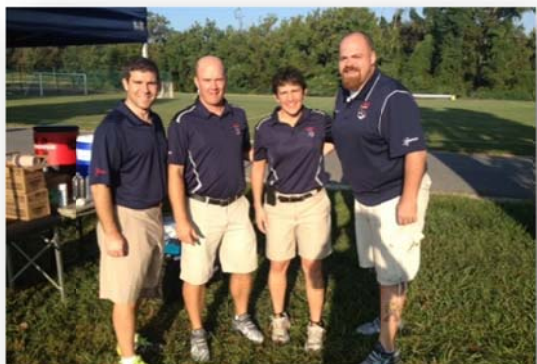
# Faculty News

## Department Welcomes New tDPT Director!



Eric Folmar, PT, DPT, OCS, CKTP is the new Director of the Transitional Doctor of Physical Therapy (tDPT) Program. Eric joined the faculty in January as an Assistant Clinical Professor and will oversee the tDPT program and our new graduate Certificate in Orthopedic Physical Therapy, a fully online program with optional on-site laboratory sessions. With his strong experience and relationships in orthopedic physical therapy, he is positioned to promote and oversee this exciting new offering.

Eric received his Bachelor's degree in Health Sciences and Master of Physical Therapy degrees from Quinnipiac University in 1999 and 2001 respectively. In 2014, he received his Doctor of Physical Therapy Degree from Northeastern University. Eric's areas of clinical expertise include sports medicine (primarily baseball and running), dance medicine, and general orthopedics. Eric has presented several courses nationally on the topics of biomechanics, lower extremity dysfunction, clinic kinesiology and corrective taping. He serves as a consultant to a local baseball training facility, assists with injury prevention and treatment of injured baseball players and is the Director of Rehabilitation Services at Orthopedic Care Specialists, Inc. in Easton and Plymouth, MA.



## Sticks and Stones

Assistant Clinical Professor Adam Thomas, PT, DPT, ATC was recently interviewed by *Physical Therapy in Motion* for an article titled, "Sticks and Stones", written by Keith Loria. Adam has been working with the Boston Cannons Professional Outdoor Lacrosse Team for the past 5 years as well as Team USA Indoor and Outdoor Lacrosse since 2010. The article touched on his experience with lacrosse-based injuries and treatment. APTA members can log in to view the full article at: <http://www.apta.org/PTinMotion/2015/2/>

Pictured left to right: Brett Owens, MD; Brad Mountcastle, ATC; Margot Putukian, MD; **Adam Thomas, PT, DPT, ATC**



## Communication devices 'enable' children with disabilities

Lorna Hayward, PT, EdD was recently featured in the [news@Northeastern](http://news@Northeastern) for interdisciplinary work with three PT students and three students from the College of Engineering. Lorna has a long established project providing services to children with disabilities residing at For His Children Orphanages in Quito and Latacunga, Ecuador. This year her students partnered with undergraduates in the Enabling Engineering student group to design, develop and deliver two low cost communication devices to the residents. The devices were disseminated during the annual student trip, which is the hallmark of her Physical Therapy capstone project.

Pictured left to right: Waleed Meleis, Samantha Bell, Nick Mangone, Ariel Hovland, Zach Wolever, Marina Eaves, and **Lorna Hayward**.