

CURRICULUM VITAE

Joanna D. Sikkema, DNP, MSN, APRN-BC, FAHA, FPCNA

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PROFESSIONAL EXPERIENCE

December 2021 – Current

Northeastern University, Boston

Position: Clinical Associate Professor, Director of the National On-Line Nurse Practitioner Suite

Development and coordination of the Graduate Nurse Practitioner Suite in the tracks of : Family Nurse Practitioner, Adult-Gerontology Primary Care Nurse Practitioner and Psychiatric-Mental Health Nurse Practitioner clinical specialties. Responsibilities include: course development in an on-line format, coordination of academic process including: Registration, Marketing, Enrollment, Student Services and Curriculum Design and Outcome metrics.

August 2013 – August 2021

University of North Dakota

Position: Clinical Assistant Professor

Distance teaching in the Adult/Family Nurse Practitioner Program with content area focus of Advanced Pathophysiology, Family Care and Role Transition for the Advanced Practice Nurse.

Specialty lecturing, course coordination and DNP Project Advisement in the Doctor of Nursing Practice (DNP) Program in the areas of Leadership, Project Management and Defense and DNP Health Care Policy.

May 2005 – May 2013

University of Miami, School of Nursing and Health Studies

Position: Faculty (Lecturer)

Co-coordination of the Adult/Acute Care Nurse Practitioner Program

- Clinical and classroom teaching of the Masters of Nursing (MSN), FNP and Adult/Acute Care Nurse Practitioner Program with content areas of expertise including the management of the acutely ill adult and elder adult, advanced pharmacology, advanced pathophysiology, advanced clinical diagnostics and primary/preventive care of the adult in the primary care setting.
- DNP lecturing in the areas of Health Care Policy, Leadership and Role Transition

May 2006 – November 2011

Take Care Health / Walgreens

Position: Per diem Nurse Practitioner

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- APRN for Florida Power and Light Company Employee Health and Wellness. Job responsibilities focused on comprehensive evaluation and management of adult patients including: annual physical examinations, well –woman care, acute and chronic disease management and workers compensation.
- Comprehensive health risk appraisal and risk factor modification programming.

May 2006 – November 2006

Baptist Health Systems, Miami Florida – Palmetto Bay Urgent Care Center

Position: Per Diem

- Management of acute minor urgent care/ emergency department patients

September 2000 – August 2005

Cardiovascular Center of South Florida, Miami, Florida

Position: Director Preventive Cardiology and Women's Heart Services - ARNP

- Independent assessment, evaluation and management of patients with complex acute and chronic cardiovascular disease.
- Development of cardiovascular disease risk reduction programming including lipids, hypertension and heart failure patient management.
- Coordination, implementation and directorship of Women’s Heart Programming.

August 2004 – December 2004

American Nurses Association, Washington, D.C

Position: Project Coordinator – “Take Action for Healthy Blood Pressure” National Campaign

- Coordinated a 10-city national program for the American Nurses Association, Washington D.C. which included national RN education and two days of large community based blood pressure screenings in each of the 10 cities.
- Developed all patient education materials, media statements and legal documents for “Take Action for Healthy BP” Program.
- Served as the media spokesperson for TV (Fox, ABC, NBC), radio and print media.
- Developed post tour Web-based CME program.

June 1992 – August 2000

Miami Cardiac and Vascular Institute, Baptist Hospital of Miami, Miami, Florida

Position: Director of Non-Invasive Cardiovascular Services

- Fiscal and human resource management of multiple cardiovascular services including noninvasive diagnostic testing (PVL, ECHO, EKG, Stress Testing), Cardiac Rehabilitation, Heart Failure Center, Research and Outcomes Management and Cardiovascular Disease Prevention Center

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- Development and implementation of quality management programs, policies, procedures and clinical protocols for each clinical service.
- Community and professional presentations locally and nationally.
- Physician collaboration, MD medical committee coordination and nurse executive leadership.

December 1982 – June 1992

Baptist Hospital of Miami, Miami, Florida

Position: Coordinator of Cardiac Rehabilitation and Educational Services / Clinical Nursing Educator

- Program development, clinical supervision and fiscal management of inpatient, outpatient and community Cardio/Pulmonary Education and Rehabilitation Services.
- Clinical consultation on the design and development of the Miami Cardiac and Vascular Institute, a large vascular center for the coordination and centralization of all cardiac and vascular services at Baptist Hospital of Miami.

August 1974 – November 1982

University of Miami School of Nursing, Miami, Florida

Position: Assistant Professor of Nursing

- Clinical and classroom teaching in the Baccalaureate and Masters Programs of Nursing in the areas of research, leadership, advanced physiology, adult and pediatric critical care
- Coordinated NLN self-study report, directed curriculum development, coordinated student advising.

April 1982 – December 1986

Miami Dade Community College, Miami, Florida

Position: Instructor PRO Program (RN – BSN Transition Program) New York University

- Teaching health assessment, nursing research, role transition RN - BSN
- Classroom and clinical skills examination

May 1981 – August 1981: Baptist Hospital of Miami – Coronary Care RN

June 1972 – January 1974: Jackson Memorial Hospital of Miami – Surgical ICU RN

January 1974 – August 1974: Michael Reese Hospital of Chicago – Pediatric ICU RN

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EDUCATION

Doctor of Nursing Practice

Case Western Reserve University Doctorate of Nursing Practice (2012)

Degree: DNP

Advanced Registered Nurse Practitioner

Florida International University, Miami, Florida

Degree: Post Masters ARNP Certification (1995)

Masters of Nursing

University of Miami, Miami, Florida

Degree: MSN (Cum Laude, 1978) with major in Nursing and a minor in Education and Counseling

Baccalaureate Degree

University of Miami, Miami, Florida

Degree: BSN (Cum Laude, 1972)

CERTIFICATION AND LICENSURE

North Dakota Board of Nursing # R39381

Florida State Board of Nursing APRN license # 617762

American Nurses Credentialing Center Adult Nurse Practitioner Certification # 2005006081

American Heart Association ACLS

American Heart Association BCLS

PROFESSIONAL FELLOWSHIP AND HONORARY AWARDS

FAHA: Fellow American Heart Association Council of Cardiovascular Nursing

FPCNA: Fellow Preventive Cardiovascular Nursing Association

ORIGINAL RESEARCH

The Influence of Family History, Age and Gender Upon Actual and Perceived Cardiovascular Disease Risk Among Latino Hispanics. A requirement for DNP completion with Case Western Reserve University.

ORGANIZATIONS, ADVISORY COUNCILS and NATIONAL ADVISORY BOARDS:

- National Policy and Science Advisory Summit on Women’s Cardiovascular Health : Women Heart: The National Coalition for Women with Heart Disease (2015)
- Key Opinion Leaders Workshop on Heart Failure in Women: The National Coalition for Women with Heart Disease (2015)
- National Forum for Heart Disease and Stroke Prevention Outcomes Improvement Initiative (2013-17)
- American Nurses Association: Member of the Congress of Nursing Practice and Economics (2006-2013)
- National Quality Forum (NQF)/ Department of Health and Human Services (HHS)/National Priorities Partnership (NPP) Million Hearts Task Force (2013)
- Preventive Cardiovascular Nursing Association Executive Board (2001 – 2016)
- American College of Cardiology CREDO Task Force: Coalition to Reduce Racial and Ethnic Disparities in Cardiovascular Outcomes (2009-2013)
- ACC/AHA Guidelines Writing Committee on: Stable Ischemic Heart Disease (SIHD) (2008-2012)
- Center for Medicare and Medicaid Services Technical Expert Panel: Inpatient Care Physician Resource Measures (2011)
- AHA/ACC/AMA Physician Consortium on Performance Improvement (PCPI) Task Force for Cardiology (2009-2012)
- American Medical Association Episodic-Based Cost of Care Work Group: Heart Failure and Hypertension (2008-2012)
- American Heart Association Community Board Liaison – Miami-Dade County (2000 - 2005)
- Miami-Dade County Representative for the American Heart Association “ Heart on the Hill” Legislatures Day, Tallahassee, Florida 2004 – 2006)

PUBLICATIONS

- Sikkema, J. Chapter 13: *Using technology to Improve Population-Based Care*. Essential Leadership for Advanced Practice Professionals. D. Korniewicz Editor. DeStech Publications (Approved, to be published December, 2014)
- *2012 ACCF/AHA/ACP/AATS/PCNA/SCAI/STS Guideline for the Diagnosis and Management of Patients With Stable Ischemic Heart Disease*: Stephan Fihn, Julius Gardin, Jonathan Abrams, Kathleen Berra, James Blankenship, Apostolos Dallas, Pamela Douglas, JoAnne Foody, Thomas Gerber, Alan Hinderliter, Spencer King III, Paul Kligfield, Harlan Krumholz, Raymond Kwong, Micheal Lim, Jane Linderbaum, Micheal

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Mack, Mark Munger, Richard Prager, Joseph Sabik, Leslee Shaw, **Joanna Sikkema**, Craig Smith, Sidney Smith, and John Spertus. *Journal of the American College of Cardiology*. Vol. 60. No.24, ISSN 0735-1097

- *2012 ACCF/AHA/ACP/AATS/PCNA/SCAI/STS Guideline for the Diagnosis and Management of Patients With Stable Ischemic Heart Disease*: Stephan Fihn, Julius Gardin, Jonathan Abrams, Kathleen Berra, James Blankenship, Apostolos Dallas, Pamela Douglas, JoAnne Foody, Thomas Gerber, Alan Hinderliter, Spencer King III, Paul Kligfield, Harlan Krumholz, Raymond Kwong, Micheal Lim, Jane Linderbaum, Micheal Mack, Mark Munger, Richard Prager, Joseph Sabik, Leslee Shaw, **Joanna Sikkema**, Craig Smith, Sidney Smith, and John Spertus. *Circulation*: 2012 126:001 – 0168. ISSN: 0009-7322
- *ACCF/AHA/AMA-PCPI 2011 Performance Measures for Adults with Heart Failure: A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Performance Measures and the American Medical Association-Physician Consortium for Performance Improvement*. Writing Committee Members, Robert Bonow, Theodore Ganiats, Craig beam, Kathleen Blake, Donald Casey, Sarah Goodlin, Kathleen Grady, Randal Hundley, Mariell Jessup, Thomas Lynn, Fredrick Masoudi, David Nilasema, Ileana Pina, Paul Rockswold, Lawrence Sadwin, **Joanna Sikkema**, Carrie Sincak, John Spertus, Patrick Torcson, Elizabeth Torres and John Wong. *Circulation*. 2012; 125: 1524-4539. ISSN
- Fletcher, Barbara, Himmelfarb, Cheryl, Lira, Maria, Meninger, Janet, Pradan, Sala and **Sikkema, Joanna**. Global Cardiovascular Disease Prevention: A Call to Action for Nursing. Community–Based and Public Health Prevention Initiatives. *Journal of Cardiovascular Nursing*. Vol. 26, No.45, pp. S35 –S45. May–June 2011.
- Fletcher, Barbara, Dennison, Cheryl, Lira, Maria Teresa, Meininger, Janet, Pradham, Sala, **Sikkema, Joanna**. Global Cardiovascular Disease Prevention: A Call to Action for Nursing- Community –Based and Public Health Prevention Initiatives. *European Journal of Cardiovascular Nursing* 10 Supplement 2: 532-41, 2011 July UI: 21762849
- Sikkema & Trybulski: Cardiac Diagnostic Testing: NonInvasive Assessment of Coronary Artery Disease. Revision and Update in T.M. Buttaro, J. Trybulski, P.P. Bailey & J. Sandberg-Cook (Eds.), *Primary Care: A Collaborative Practice 3rd ed.*, (Chapter 125) St. Louis, MO: Elsevier Mosby. (2006)
- Sikkema & Trybulski: Chest Pain and Coronary Artery Disease. Revision and Update in T.M. Buttaro, J. Trybulski, P.P. Bailey & J. Sandberg-Cook (Eds.), *Primary Care: A Collaborative Practice 3rd ed.*, (Chapter 129) St. Louis, MO: Elsevier Mosby. (2006)
- Sikkema, Joanna, Moving Beyond Lipid Clinics: Expanding Risk Reduction Services. *American College of Cardiology. CardioNet*, February 2005.
- *A Guide to Developing A Successful Cardiovascular Risk Reduction Program*, Chapter 3. (2004) Contributing author. Preventive Cardiovascular Nursing Association

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- *Reducing Cardiovascular Risk in the Insulin Resistant Patient*, Chapter 3 (2004). Contributing author. Preventive Cardiovascular Nursing Association.
- *Peripheral Vascular Disease Management – A Nursing Challenge* (Fall 2003 Edition). Preventive Cardiovascular Nursing Association.
- *A Forms Guide for Cardiovascular Risk Reduction* (2002). Contributing author. Preventive Cardiovascular Nursing Association

WEBINAR PRESENTATIONS

Preventing and Treating VTE: The Role of Novel Anticoagulants. 1hour Web Cast PCNA (2017)

Coca-Cola Company Beverage Institute for Health and Wellness and the Preventive Cardiovascular Nursing Association Webinar: Creating a Heart-Healthy Workplace: The Job begins with Us! 1 hr Web Cast. CME (May 2013)

American Heart Association Emerging Science Webinar: The Role of the Advanced Practice Nurse in Managing the Patient with Stable Ischemic Heart Disease 1 hr Web Cast. American Heart Association, Dallas (February 2013)

Dyslipidemia and It's Complications in the Elderly: Evaluating Current Options to Increase Management. Managed Healthcare Associates, Inc. 1 hr Web Cast CME (2007)

Assessment of Insulin Resistance: 1 hr.Web Cast CME PCNA (2006)

PROFESSIONAL PRESENTATIONS

- *Pharmacological Management of the Cardiac Patient with Complex Co-morbid Disease: PCNA Annual Symposium, Orlando, Florida (April 2016)*
- *Pharmacotherapy for the Management of Heart Failure: PCNA Annual Symposium, Anaheim California (April 2015)*
- *Post Hospital Management of the ACS Patient: National Conference for Nurse Practitioners. Chicago, (April 2014)*
- *Pharmacology for Advanced Practice 2014: PCNA Annual Symposium, Atlanta. Course Coordinator and podium presentation: Pharmacological Management of Hypertension for the Advanced Practice Nurse*
- *Bridging the Gap: Translating the Essentials of Master's Education in Nursing to Clinical Practice. American Association of College of Nursing. Podium presentation for innovative teaching strategies. Kauschinger, E.D. & Sikkema J.D. Orlando, Florida (2013)*

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- *Using Simulation to Evaluate Adult/Acute Care Nurse Practitioner Students Critical Thinking: A Real World Approach*. American Association of Colleges of Nursing (AACN). (2011)
- *The Heart of a Woman: Advances in Heart Disease Management of Women*. Heart Caring National Women's Heart Organization (2011)
- *Making A Statement: The ANA DNP Position Statement: Advancing the Nursing Profession*. Third National Doctors of Nursing Practice Conference: DNP Leadership and Innovation. San Diego, California. (2010)
- *DNP Leadership in Education: DNP Practice Immersion Experiences and the Benefit to MSN Programs and Nursing Education*. Poster. Third National Doctors of Nursing Practice Conference. Trybulski, J., Ambrosia, T., Kauschinger, E. & Sikkema, J. (2010)
- *Advancing Your Career, Selecting an Educational Program in Nursing*. Preventive Cardiovascular Nursing Association Annual Symposium: Chicago, Illinois (2010)
- *Advancing Your Career, Selecting an Educational Program in Nursing*. Preventive Cardiovascular Nursing Association: Minneapolis, Minnesota. (2009)
- *The Role of the Nurse in Preventing Cardiovascular Disease: A Leadership Opportunity* World Health Organization: International Congress of Cardiology, Buenos Aires. Argentina. (2008)
- *Integrating Guidelines into Practice - Hypertension Management* (2007) Miami, Florida
- *Women and Heart Disease Prevention* South Dade Chamber of Commerce Miami, Florida (2006)
- *Reducing Heart Disease Risk in Women* Alpha Delta Kappa Sorority (2006) Miami, Florida
- *Innovations in Cardiology* The Philippine Nurses Association (2006)
- *What's Missing in Cholesterol* ALL New York Academy of Sciences Public Education Campaign (2005)
- *Reducing Cardiovascular Risk: A Nursing Challenge* The Philippine Nurses Association: (2005)
- *The Diabetes Cardiovascular Connection – Complex Case Management* Colorado Cardiovascular and Diabetes Summit: (2005)