

Curriculum Vitae Annemarie C. Sullivan

Personal Information

Citizenship United States
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Education

Graduate: Northeastern University, Boston MA
Major: Clinical Exercise Physiology
Degree: Master of Science, June 1996

Undergraduate: University of Massachusetts at Boston, Boston MA
Major: Human Performance & Fitness
Degree: Bachelor of Science (Magna Cum Laude), June 1993

Regis College, Weston MA
Major: Math & Computer Science
Degree: Bachelor of Arts (Cum Laude), May 1986

Professional Certifications

1996- Health Fitness Instructor, American College of Sports
Medicine

1996- Advanced Cardiac Life Support, American Heart Association

1992- Standard First Aid, American Red Cross

1992- Personal Trainer, American Council on Exercise

1991- Personal Trainer, Aerobics and Fitness Association of America

1990- Group Fitness Instructor Instructor, American Council on
Exercise

1991- Aerobics Instructor, Aerobics and Fitness Association of
America

1986- Basic Life Support, American Heart Association

Professional Experience

- 7/06-Present
Clinical Instructor, Department of Health Science, Northeastern University, Boston
Teach undergraduate health science courses. Supervise, mentor and evaluate graduate clinical internships and practicum. Provide service to College, Department, Undergraduate Health Science Program and Graduate Exercise Science Program as needed.
- 7/01-7/06
Associate Clinical Specialist, Department of Cardiopulmonary and Exercise Science, Northeastern University, Boston
Teach undergraduate cardiopulmonary science courses as well as graduate and undergraduate exercise science courses. Supervise, mentor and evaluate graduate and undergraduate exercise physiology students during their clinical internships. Advise all undergraduate exercise science students.
- 9/95-7/01
Assistant Clinical Specialist, Department of Cardiopulmonary Science, Northeastern University, Boston,
Teach undergraduate cardiopulmonary science courses. Supervise, mentor and evaluate graduate and undergraduate exercise physiology students during their internships. Advise upper class undergraduate exercise physiology students.
- 9/95-6/05
Director Cardiovascular Health & Exercise Center, Northeastern University, Boston,
Coordinate all teaching, testing and research activities of the Cardiovascular Health and Exercise Center and staff. Oversee all cardiovascular exercise testing, exercise activities and health education of all members of the Cardiovascular Exercise Clubs.
- 6/96-6/10
Exercise Physiologist (per diem), Joslin Diabetes Center, Boston
Perform exercise tests and prescribe exercise for clinic patients with diabetes. Supervise daily exercise classes.
- 1/98-5/01
Lecturer, University of Massachusetts Boston,
Lecture in undergraduate exercise science courses for Human Performance and Fitness Department.
- 3/96-7/98
Exercise Test Technician (per diem), Boston Medical Center, Boston
Perform graded exercise tests for both inpatients and outpatients on a daily basis. Perform non-invasive exercise tests on an as needed basis.

Teaching Experience*

Internships and Practicums – Have prepared students for internships and practicum experiences. Taught seminars and provided mentorship for undergraduate students completing internships in exercise science and graduate students completing practicums in physical activity and public health or clinical exercise physiology internships. Supervised and evaluated students and experiences. Developed relationships with supervisors and sites to ensure quality experiences for each student. Winter 1996- present

Basic Skills for the Health Care Professional – an undergraduate course originally developed for undergraduate cardiopulmonary science students and then revised and taught to undergraduate health science students. The course contains both lab and lecture components, I have developed and taught all of the lectures and all of the labs (except BLS) since the course inception. Spring 1997-present

Health Education and Program Planning – A course for both undergraduate and graduate students in the health professions. I have instructed and/or co-instructed several different variations of the content; health education, health promotion and program planning. It has been a required course for both undergrads and grads in several curricula in Bouve College. Winter 1999 - present

Health Science Capstone – Worked with health science undergraduates to complete capstone experiences. This includes developing ideas, recruiting mentors and developing projects with each student. Also responsible for the evaluation of presentations and written projects for each student. Capstone experiences range from health education programs to health science research to community based experiential projects. Spring 2007-present

Exercise Testing, Prescription and Programming – an undergraduate course required for students in the undergraduate exercise science curriculum and exercise physiology minor. Was taught under both the quarter and semester calendars with lecture and lab components which I developed and taught. Fall 1998-Fall 2007 and Spring 2012.

Clinical Skills for the Clinical Exercise Physiologist – a graduate course required for all grad students in the clinical exercise physiology curriculum. Taught some lectures and all lab elements of this course. Spring 2008-Spring 2012.

Introduction to College – A one credit introductory course that helps integrate first year students to the Department, College and University. Have also mentored upper class students as Marjorie Bouve Fellow to assist with the course implementation. Fall 1999-Fall 2011

Administration of Cardiopulmonary Rehabilitation Programs – A course for both graduate clinical exercise physiology students and undergraduate exercise science students to explore the creation of cardiac and pulmonary rehabilitation programs. Spring 97-Spring 2003

Cardiopulmonary Disease - Co-taught this course, was responsible for instruction and evaluation of cardiac diseases. Summer 2000 – Summer 2001

Exercise Physiology 2 - Volunteered to teach this undergraduate course to cover during a colleague's sabbatical in Winter 1998

American Health Care System – Volunteered to teach this undergraduate course to cover during a colleague's sabbatical in Fall 2010

Exercise in Health and Disease - Volunteered to teach this graduate course when a faculty member retired in Fall 2012

*many of these courses have had several different titles, as they were revised for conversion from quarter to semester calendar, and/or with department title changes they are listed with the most current title.

Publications

Hayward, L.M. , Sullivan, A.C. & Libonati, J.R. (2000) Group Exercise Reduces Depression in Obese Women Without Weight Loss, *Perceptual and Motor Skills* 90, 204-208.

Sullivan, A.C., Hayward, L.M. & Libonati, J.R. (1999) Exercise Induced Risk Factor Modification without Weight Loss in Obese Females, *Medicine and Science in Sports and Exercise* 31(5), S239

Sullivan, A.C. & Gillespie, W.J. (1997) Improvements in VO₂Peak and Body Composition is Associated with Alterations in Blood Lipids and Blood Pressure, *Medicine and Science in Sports and Exercise* 29(5), S87.

Research Grants

2001
Source: Northeastern University, Teaching with Technology
Title: A First Year Experience Enhancement Project
Co-authors: C. Letzeiser, M. Connors, M. Desyatnik, M.Gauthier, K. Malloy, J. Masters, J. Musler, J. Sickles, J. VanAmbugh & N. Boisse
Funding: 25,000

1997
Source: Northeastern Alumni Association/Asa S. Knowles
Title: Intergrating basic assessment skills into the classroom.
Co-authors: J. Diani & M.E. Watson
Funding: \$2,720

1997
Source: Northeastern University Provost Grant
Title: Cardiovascular risk factor modification in obese women following a combination holistic weight loss and supervised exercise program.
Co-authors: L.M. Hayward & J.R. Libonati
Funding \$10,000.

Research Presentations

- 1999 “Exercise Induced Risk Factor Modification without Weight Loss in Obese Females.” Presented at the American College of Sports Medicine 46th Annual Meeting.
- 1997 “Improvements in VO₂Peak and Body Composition is Associated with Alterations in Blood Lipids and Blood Pressure.” Presented at American College of Sports Medicine 44th Annual Meeting.
- 1996 “The Relationship of Improvement in VO₂peak, Weight Loss and Percent Body Fat Loss with Reductions in Blood Lipids and Blood Pressures in Exercisers with Elevated Blood Pressures.” Presented at New England Chapter of American College of Sports Medicine Annual Meeting.